



Candy Walsh
Co-Founder

Tierrasanta Village of San Diego Village Vibes

"Living for Today: Planning for Tomorrow"

December 2015



Barbara Kanneman
Calendar Lady

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+.

TVSD promotes social connections and helps our members thrive and remain independent.

We plan many special events, print this newsletter, and create activities for different passions and interests.

Board of Directors News by Joyce Muinos

My vacation was lovely, thank you! There's nothing like the Mazatlán sun to refresh, relax and prepare you for the busy season ahead! Of course, the pina coladas help! The BOD managed to make lots of progress in my absence—I know, how do they do it?

We now have all the Core Teams defined and leaders/chairs for each. The BOD has appointed board members to act as Board Liaison to each Team and we have a "Board Liaison Charter" in place. Now, working with the individual Team leaders, we will attempt to solidify Team Charters. At the end, we should have a nice, clean description of how we keep this boat afloat! Although several board members have extended December travel plans in place, it is our hope that we will be prepared to roll out the new Re-organizational Plan at our monthly meeting January 4th. Stay tuned for details.

We all know that we can't replace "Magic Mike" Sheehan, but, to fill the ED vacancy, the BOD has a plan! Greg Zweibel has agreed to act as the TVSD Interim Operations Manager. He will be assisted by Kira, TVSD's Operations Coordinator.

Greg's job will not be to solve each and every issue that arises, but to act as a point of contact, giving everyone a single "one stop shopping" place for TVSD business. As always, any concerns, questions, etc. can be called in to Kira from 8:30 – 12:30pm at the office number and Greg will be available via cell at 619 316-2400 between 12:30pm and 4:30pm. For any non-urgent matters our members can send him an email at tierrasantavlg@gmail.com. The BOD is very grateful to Greg for taking on this big job. I sure hope we don't wear him out in the first week!

Please, this is your organization! Let the BOD know if you have any ideas or suggestions for improvement. We are a work in progress! Just so you know...we also welcome compliments and pats on the back!!

See you at the Holiday Party!

TVSD HOLIDAY DINNER

Dining, Music, Village Friends!

7th Day Adventist Church
December 7, 2015 - 6 to 8 pm

Celebrate the season with the sounds of holiday cheer with pianist David Chamberlain and the Village singers

\$5 MEMBER FEE; \$10 NONMEMBERS & GUESTS

Sign up for salads, vegetables or dessert
RSVP by December 1 with your check
(bring to clubhouse)

Register online at www.tierrasantavillage.org
or call the Village Office between the hours of
8:30 and 12:30 Monday through Friday

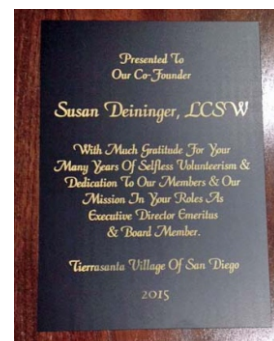
Mike Rigdon will be taking photos for anyone who needs a picture for the online membership profile pages

An unwrapped gift would be appreciated for Toys for Tots



November BOD Meeting

Susan Deininger received a special plaque for her service to the TVSD over the years of Volunteerism, as Executive Director Emeritas & Board Member, and Co-Founder of our Village.



Executive Director

Mike Sheehan

Board of Directors

President

Linda Rees

Vice President

Kathy Guilfoyle

Treasurer

Mike Rigdon

Secretary

Fran Zweibel

Community Liaison

Fundraising

Joyce Muinos

Co-Founders

Susan Deininger

Candy Walsh

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organization
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Vibes Staff

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Circulation.....**Mike Rigdon**

As you can see, the Vibes
could use help / input
Contact Mike at 858-300-6821
or E-mail
mikerigdon2000@yahoo.com



Nov. Tierrasanta Talks

A very large group enjoyed Caitlin O'Connell describe her years with Elephants. She is a great photographer an expert on animals of the African plains. Caitlin signed books she wrote and photographed about Elephants.



Jim Inouye's Bomber Crew in 1950s

TVSD Veterans Day Potluck

November 11, 2015
Evelyn Benner and Gloria Stevens hosted a great spread honoring all veterans, but special for our own members who gave us a brief history of their time in service. Our Senior Vet was "Clem" Clemons, then Jim Inouye, Bob Muldrew and Mike Rigdon.



From the Director

Well, this is my last missive as the Executive Director of TVSD. It has been a very packed year of fun and work. Phew! How time flies when you are having fun. The Board has made huge strides in getting the Village from where we were in the first part of this year to now. This year the Board has introduced open Board meetings, Joyce Muinos is doing a monthly column and the core teams will be reporting directly to a Board member for monthly updates at Board meetings. Remember, we are all volunteers, and as such, have lives that are full of family and friends in addition to the Village. I can conservatively estimate that each Board member spends at least 20 hours a week on Board related “stuff”. It is an enormous time commitment and it is done for the love of our Village. So give them a pat on the back next time you see them.

Our new social activities directors Evelyn, Gloria and Jocelyn, have, in a short period of time, put together many new and exciting programs. These have all culminated in our catered December 7th Holiday and sustainability Drive. The Village is poised to have more activities and events in 2016! If you see someone at the clubhouse you don't know, go up and introduce yourself and make a new friend. Remember, a stranger is a friend you haven't met yet!

Let's all pull together this next year to continue to make the Village the prime example that it already is. If you missed our November general meeting you missed “TVSD Jeopardy” and a very good speaker. Liam Dunfey, spoke to us about his company, Seniors & Scholars. He had just come back from Boston and met with the Beacon Hill Village Board. As you might recall they are “the” original Village. They are very aware of the success of Tierrasanta Village of San Diego!

We should be pleased as punch to be part of such a fine organization. Let's not have any Groucho Marx impersonators saying “I wouldn't want to be a member of a club that would have me as a member”. See you around in 2016!

Cheers to all Villagers!
Mike Sheehan
Executive Director



Time Bank Tidbits

A very special benefit available to Village members who have opened up a Time Bank account is the ability to exchange services with each other. Are you interested in any of the following offers? Log in to the Time Bank and see who's offering...

Digital Camera and Photography Assistance

How to use a digital camera and take better photos. I can also help with Photoshop Elements for editing photos

Let Me Be Your Personal Shopper

I love to shop: gifts, clothing, furniture or I can do some comparison shopping for you. Do you have a special event, let me help you find the right gift?

Touch up and/or Enhance Old Photos

I can fix up old photos so they can be reprinted.

Knit & Crochet Lessons

I can teach you how to knit and crochet.

Learn Chinese Cooking

If you would like to learn Chinese cooking, my time is flexible. Just give me a call to check my availability.

Loan of Disabled Equipment

I can provide various types of equipment for disabled individuals, i.e. toilet seat, walkers, etc. Call me to check to see if I might have what you need.

Rides to TVSD General Meeting

Call me if you need a ride to the TVSD General Meeting that's held once a month.

Airport Transportation

Large Car, good room for luggage. Available in evenings also.

Typing/Bookkeeping

Will assist member with various typing needs and/or labeling or bookkeeping. Also organization of home items, i.e., cookbooks, family photos, etc.

Learn Chinese Painting

I can teach Chinese brush painting on rice paper. I am a member of Southwestern Art Association at Spanish Village, Balboa Park. I have a painting exhibit there. I also teach water color painting. Please call to check my availability.

Proofreading

As a former English teacher, I can proofread and help to correct spelling, sentence structure and grammar.

Subject: Scams from Anne Hoffman

Give this wide distribution.
This scam is actually very clever.
Just when you thought you'd heard it all.
Be very careful out there!
Beware of people bearing gifts.
The following is a recounting of the incident from the victim:

Wednesday a week ago, I had a phone call from someone saying that he was from some outfit called: "Express Couriers," (The name could be any courier company) He asked if I was going to be home because there was a package for me that required a signature.

The caller said that the delivery would arrive at my home in roughly an hour. Sure enough, about an hour later, a uniformed delivery man turned up with a beautiful basket of flowers and a bottle of wine. I was very surprised since there was no special occasion or holiday, and I certainly didn't expect anything like it. Intrigued, I inquire as to who the sender was.

The courier replied, "I don't know, I'm only delivering the package." Apparently, a card was being sent separately... (the card has never arrived!) There was also a consignment note with the gift. He then went on to explain that because the gift contained alcohol, there was a \$3.50 "delivery / verification charge," providing proof that he had actually delivered the package to an adult (of legal drinking age), and not just left it on the doorstep where it could be stolen or taken by anyone, especially a minor.

This sounded logical and I offered to pay him cash. He then said that the delivery company required payment to be by credit or debit card only, so that everything is properly accounted for, and this would help in keeping a legal record of the transaction. He added, couriers don't carry cash to avoid loss or likely targets for robbery.

My husband, who by this time was standing beside me, pulled out his credit card, and 'John,' the "delivery man," asked him to swipe the card on a small mobile card machine with a small screen and keypad. Frank, my husband, was asked to enter his PIN number and a receipt was printed out. He was given a copy of the transaction. The guy said everything was in order, and wished us good day.

To our horrible surprise, between Thursday and the following Monday, \$4,000 had been charged/withdrawn from our credit/debit account at various ATM machines.

Apparently the "mobile credit card machine," which the deliveryman carried now had all the info necessary to create a "dummy" card with all our card details including the PIN number.

Upon finding out about the illegal transactions on our card, we immediately notified the bank which issued us a new card, and our credit / debit account was closed.

We also personally went to the Police, where it was confirmed that it is definitely a scam because several households had been similarly hit.

WARNING: Be wary of accepting any "surprise gift or package," which you neither expected nor personally ordered, especially if it involves any kind of payment as a condition of receiving the gift or package. Also, never accept anything if you do not personally know about or there is no proper identification of who the sender is.

Above all, the only time you should give out any personal credit / debit card information is when you yourself initiated the purchase or transaction!

PLEASE Pass this on, it may just prevent someone else from being swindled.



Avoiding Internet Scams

Villa Monterey Clubhouse

Tuesday, December 8, 2015—12:00-2:00

Martin Sandman of TVSD will give a presentation and feature several videos on how to avoid Internet Scams, especially scams that target the elderly. The material is borrowed from the Principles of Information Systems course that Martin teaches at Miramar College.

A light snack will be served.

Please RSVP online

or by calling the Village Office.



**The TVSD Village Clubhouse
will be CLOSED
December 24 and
Christmas Day, December 25.
Also closed December 31 and
New Years Day, January 1**



Village Interest Groups

DVD Movie Party

Once a month at the home of
Diane Levine

No Movie for December

RSVP to Diane at 858-292-0610

Space is limited to 10 members

Knit and Nosh

normally the 4th Wednesday

Note Change due to Thanksgiving

Wednesday, December 16 – 1 pm

We knit/crochet baby blankets,
scarves, and hats for breast cancer
survivors, and lap blankets for Vets
and residential care patients.

Contact is Elaine Moser

Bridge Games

At the VMC

Want to get in on a bridge game?

Groups are pre-arranged but
substitutes are needed from time
to time. Call the Village or contact
Emma Chevie to

get on the list for new groups

Village Book Club

No Meeting in December

Wednesday January 15 – 7 pm

"All the King's Men"

Contact is Laurel Pfab

858-560-7826

Everyone is welcome

Cool Games

Thursdays 12 noon

Rummikub, Scrabble, Checkers,
Canasta, Dominos...Your choice.....

Contact is Emma Chevie

Village Walkers

Thursdays — 9 am

Start at the VMC

Call the Village for information

Armchair Travelers

May resume in 2016

Billiards

Mondays and Thursdays 10:15 am

Contact is Bob Muldrew

858-292-8405

The pool table area is open for
play anytime weekdays
8:30 am – 2:30 pm

Film Classics

First and 3rd Fridays

1 pm at the Clubhouse

December 4 – 1 PM

Lust for Life

Kirk Douglas and Anthony Quinn
Douglas gives a fierce portrayal of
an obsessed Artist Van Gogh, torn
between the inspiration of his
genius and the dark desperation of
his tormented mind - driving away
family and friends, including artist
Paul Gauguin. A film for art and
art history lovers.

December 18 – 1 PM

One Special Day

Julie Andrews and James Garner
(each dealing with tragedies) get
marooned on a stormy winter
night in a desolate area. They
stumble upon a remote cabin in
the woods. Despite their many
differences, they're undeniably
drawn to one another. "As one
door closes, another one opens."

Contact is Gloria Stevens

858-505-4188

SNAP

(Singles Network of Active People)

All Village singles are welcome.

Saturday, December 19

at Debbie Richardsons' home

Please RSVP to Fran Pierce

858-279-8290

Romeo Club

Men's Lunch

No Meeting in December

Thursday, January 21 - 12:30

Hamburgers at Mike Rigdon's

11533 Corte Playa Las Brisas

Contact Mike 858-300-6821

The Lunch Bunch

First Wednesday of the month

No Meeting December

January 6 – 11:30 – Gaetanos

Feb. 3 – 11:30 – Choice of Mandarin

Contacts are Marilyn Bente
and Trish Newbill

Mah Jongg

Thursdays -- VMC – 10 am to noon

This is an RSVP game...A new group
can be formed for beginners.

Contact is Fran Zweibel

858-569-8194

Village Hiking

Second and fourth Fridays

Starting in December due to expected
less need to start earlier (due to
summer heat), all hikes will
start later - at 9 AM.

One hour/one mile group normally
meets on the second Friday at 9 AM.
Promesa open space strip: on Fri, 11 Dec
2015, we'll gather at the western end of
Promesa Drive. (Drive east on
Clairemont Mesa Blvd past the
community park to Promesa Court
(opposite the Lutheran Church), turn
right. Go one block, turn right on to
Promesa Drive. Park down the (west) end
of the cul-de-sac. We'll walk on fairly
level terrain to Rueda, & back.

Two hour/two + mile mile group (this
one month only) meets on the third
Friday (at 9 AM). North Rueda
(western) loop: on Fri, 18 Dec 2015 (a
week before Christmas) we gather on
Rueda Drive, near Tierrasanta Blvd.
(Drive east on Tierrasanta Blvd past the
library, down the hill. Turn left on Rueda,
stop & park.) We'll go into No. Rueda
canyon, & loop around back to the cars.
(Long pants are recommended.)

Contact is Bob Muldrew

858-292-8405

Village Business

Holiday Party

Monday, December 7 – 6 to 8 pm
7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Board of Directors Meeting

No Meeting in December

Next: January 21 – 1 PM

At the home of the Zweibel's
10417 El Comal

Agenda items must be submitted
a week before the meeting.

Meetings are open to all Village
members. 858-569-8194

RSVP as space is limited

Time Bank

The new Time Bank software is here.
It is easier to use. You will like it and
your existing password will work.

Please join us

No Meeting in December

Tuesday January 12 – 12:30-2:30

RSVP required to

JoAnne Kuelbs 858-292-1578

Website Training

Second and fourth Mondays 10:30
am or by appointment

RSVP required

Greg Zweibel 858-569-8194

New Balance Class

Tuesdays 9 AM

First Class Free - then \$5
New Instructor: Mary Maine

Chair Yoga for Seniors

Monday, Wednesday and Friday
at 9 am

AIS Tai Chi Class

Wednesday and Friday at 10 am

This class is open

to the entire community

Do not contact the Village office.

IT Core Team News

Our Website is a great way
to keep our members
informed on happenings in
the Village. If you have an
event that you would like
'advertised' on our website,
the IT Core Team is ready to
help! Please submit a
"condensed" blurb for the
home page, complete with
details (if needed) for follow
up, and any brochures or
flyers that may be related.

Email your presentation
material to the IT Core Team
at tvsd92124@gmail.com.

Friends of the Tierrasanta Library

Many Villagers come
to the Used Book Sale

Friday, Dec. 4

11:30 a.m. to 5:00 p.m.

Saturday, Dec. 5

9:30 a.m. to 2:45 p.m.

Monday, Dec. 7

9:30 a.m. to 5:00 p.m.

Ellen Scott

New pocket pool school

for beginners will be put-on
starting Thu, 07 Jan 2016 at
10:15 AM and the three
following Thursday mornings -
to include all of January. If
you have some experience but
want to brush up on the basics,
it's OK to attend too. This
sport will improve your
mind/logic and
balance/mechanical skills.
Graduates a year ago included
Arleen Hitchcock
& Martin Sandman.

TheResource File by John Batchelder

The San Diego County Aging and
Services (AIS) deals with reports of
abuse and neglect of citizens over the
age of 65. Last year the agency handled
over nine thousand cases. A third of
these cases involved cases of self-
neglect in which individuals, often
because of cognitive decline, were
unable to care for themselves. Many of
their cases are turned over to the
County's Public Authority which is also
administered by the AIS. Among these
groups are many seniors who have been
alienated from their families. The
remaining two thirds involved physical,
mental and financial exploitation of
seniors. Sadly the primary abusers are
often family members. Paid care givers
also rank high among those exploiting
and mistreating seniors. Unfortunately,
many seniors are easy victims of
financial exploitation. The senior's
cognitive decline and their access to
retirement saving funds can make them
seem like ATMs. Fortunately, California
law requires that banking organizations
report suspicious behavior to AIS. The
agency is also responsible for "policing"
conditions in nursing facilities. (An
issue which I'll describe in a later
column).

The job of an adult protective service
worker can be rather dangerous.
Abusers can and do make threats on
ADPS workers. The sector of the
building that houses this group is locked
down and entered only by permission.
Staff contact information is strictly
confidential.

Certain professionals are mandated
by law to report any suspected abuse.
These include health care providers, law
enforcement and social workers. The
operative word here is "suspected".
Anyone concerned about a situation
need not have proof of an abuse. Reports
are strictly confidential. The agency
determines if action needs to be taken
and what action is necessary. Usually
the presence of an APDS investigation is
enough to resolve the situation but the
office of the District Attorney can be
called upon. The agency needs citizen
help. And anyone with a suspicion is
urged to call 1-800-510-2020.



Halloween Potluck 2015



San Salvador 1542

San Salvador	The Voyage	The People	The Legacy
Flagship of an expedition under the command of Juan Rodríguez Cabrillo, was a 200-ton galleon built on the Pacific coast of Guatemala in the late 1530s. She is now brought to life as an historically accurate replica vessel.	San Salvador set sail on a voyage for California in June 1542, intending to explore the North Pacific and eventually reach Asia.	Over 170 Spaniards, Portuguese, and other Europeans, together with indigenous helpers from New Spain and Central America, as well as West Africans, set out on the expedition. They met and established friendly relations with the Native American communities of coastal California.	San Salvador and her epic journey resulted in the first visit by a European-organized expedition to the port of San Diego, and a first encounter with the original peoples of this region. She symbolizes our seafaring past and our origin as a community of many ethnicities and cultures.



The Mission of the San Salvador

The Mission of the San Salvador replica is to embody our community origin story through presenting the life and times of Juan Rodríguez Cabrillo, the historic voyage of the San Salvador, our place in the Age of Discovery and in the beginnings of the modern world, and first contact between Europeans and Native peoples of the west coast of North America.

The Maritime Museum displays many of the most historic tall ships including this icon of our past. To visit more go to:
<https://rigdon.smugmug.com/Other/Maritime-Museum-of-San-Diego/>



Proceeds from event donated to the YMCA Armed Services

SAN TERRA
properties

Presents

Christmas In Tierrasanta

"IT'S A WONDERFUL LIFE"

December 5th, 2015

4:00pm - 8:00pm

**Located at the Chase Bank
Town Center Shopping Center**

- Food • Games • Prizes • Live Music
- Free Admission

Special thanks to following event sponsors:

WJB

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WJ Bradley

Tierrasanta Foundation

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TIERRASANTA FOUNDATION
For the Citizens and the Community of Tierrasanta

For more information and Sponsorship
Opportunities

Contact Kim Klecan
619.261.9612

Visit our website at:

www.ChristmasInTierrasanta.com