



Tierrasanta Village of San Diego

Village Vibes

“Living for Today: Planning for Tomorrow”

December 2017

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+.

TVSD promotes social connections and helps our members thrive and remain independent.

We plan many special events, print this newsletter, and create activities for different passions and interests.

Aloha Villagers by Joyce Muinos

Well, I warned you! The season has begun!

I hope that everyone enjoyed a pleasant, relaxing, yummy Thanksgiving. Now, it's off and running until things settle after the New Year. For me, I'll be in Tampa until the first of February, so, I'll be a little late getting back to my normal SD life. Of course, I arranged my trip so that we could attend the Holiday Party on December 4th! It's my favorite and, I hope to see all of you there! The Committee works very hard on this event, and it's the perfect conclusion to our TVSD year!

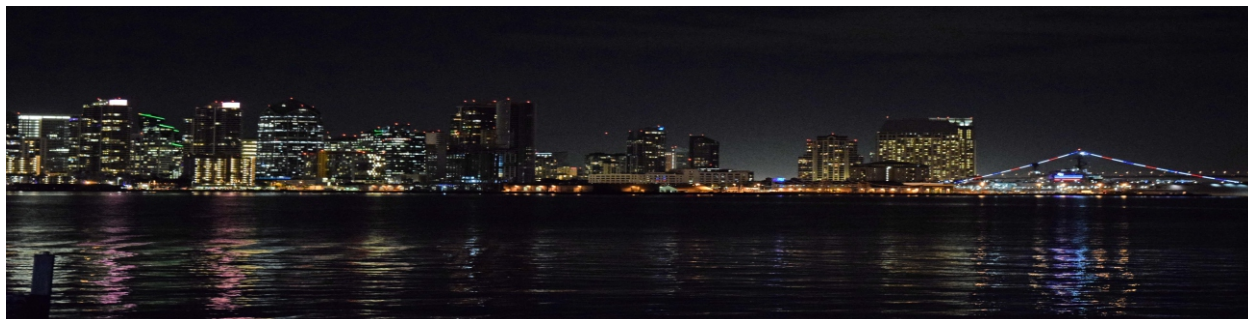
As I told you in last month's article, the Board will be very busy over the next month or two making plans for TVSD's year 2018! This is the time when we review the past year, set goals, plan budgets, establish a basic calendar and, in general, set the tone for the coming year. I suggested last month that members should take this opportunity to voice their opinions and make sure their wishes are considered. So far...nada! It's not possible to be everything to everybody, but, we can certainly strive to keep most members happy! Right now, while you're reminded, send an email to the BOD or any individual director. If you don't have any “new” ideas, let us know what works. What do you like? What don't you like? Are we the best BOD, ever? You don't see any room for improvement? Great! Tell us! If something really bothers you, tell us that, also. The only thing that I ask is that you put your suggestions and comments in writing! Don't expect us to remember a casual comment made on your way out the door!

A sincere thanks, in advance, to all who share their ideas! See you on December 4th!

TVSD Holiday Party

7th Day Adventist Church

December 4, 2017 – 6 to 8 pm



Village Business

December Meeting

Holiday Party

Monday December 4

6 - 8 pm

7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Time Bank

Orientation and Training December 12 – 12:30-2:30 PM

Calling All Time Bankers
Register online or call the
Office at 569-9119

Website Training

2nd Monday only or on request.

10:30 am or by appointment

RSVP required

Register online or call the
Office at 569-9119

Balance & Strength Class

Tuesday & Thursday 9 AM

Instructor: Mary Maine

Chair Yoga for Seniors

Monday, Wednesday and Friday
9 AM

Aging & Independent Services

Tai Chi Class

Wednesday and Friday at 10 AM

Open to the entire community.

Friends of the Tierrasanta Library Used Book Sale

Friday, Dec 1 - 11:30 to 5:00
Saturday, Dec 2 - 9:30 to 3:00
Monday, Dec 4 - 9:30 to 5:00

Cover Photo

Veterans Day 2017
Mt. Soledad Memorial Wall
full picture story at:

[rigdon.smugmug.com/Military/
Veterans-Day-Ceremony-2017/](http://rigdon.smugmug.com/Military/Veterans-Day-Ceremony-2017/)

Annual Donor Drive -- The Village Enriches Our Lives

When asked, "What do you value about your membership in the Village?", one member shared this, "I am surrounded by nice people, we have common interests, and we live close to each other. When I returned this summer, from a very fulfilling family reunion in Germany, I was a bit sad to part from them. I was very much comforted to come back to the Village. I felt it was like a home coming! The Village experience definitely enriches my life."

December kicks off our Annual Donor Drive with a goal of \$18,000. Funds are used to cover the gap between our income from membership fees and operating expenses. For example: \$100 pays for the Fellowship Hall rental for one event. \$200 pays for our post box rental for one year.

In December, you'll receive a letter in the mail from the Village, about the Annual Donor Drive. When considering a donation, please think about how the Village enriches your life.

Donating is easy and 100% tax deductible. On the front page of the website is a quick link to "Making Donations". Scroll down and click "Donations-Year End". Your donation can be made in memory of someone and can be anonymous, if that works best for you. Or stop by the Clubhouse and give your check, in an envelope, to Missy.

Board members are grateful that you are part of our wonderful Village and hope you will consider donating to our Annual Donor Drive. We appreciate your contribution toward helping us reach our \$18,000 goal.

"Clem" Clemons

9/6/1921 to 10/25/2017



Clem was born in Silver Point, Tennessee. He was raised with 8 siblings. He enlisted in the Navy in 1942, serving on 4 ships in WW II, and 3 ships during a recall to Korea.

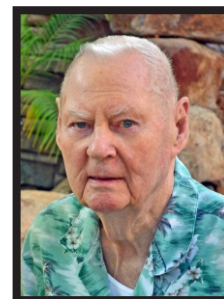
He was a Radioman 1st Class.

He taught Mathematics in South

Carolina, Virginia, and San Diego, CA where he retired in 1984. He has been an avid traveler all his

life. He also volunteered as a Curator aboard the USS Midway Aircraft Carrier Museum in San Diego. "Clem" has been a member of the TVSD (Tierrasanta Village of San Diego) for 9 years.

His passion in retirement was attending many former ship reunions across the country. A gathering in celebration of his life will be aboard the USS Midway at a date in March.



Alumnus members Jean Mabie & Diane Roland
joined Mike Rigdon & his sister, Jeanne for a Luau

Board of Directors

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Vice President - Fund Development

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TVSD is a 501c3 organization
Federal Tax ID # 26-2975168

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Editor.....Mike Rigdon

Proofing, Event & Calendar

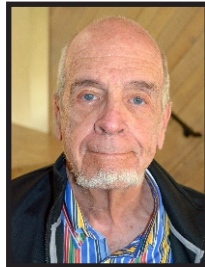
Barbara Kanneman

Gayle Rolan

Marilyn Bente

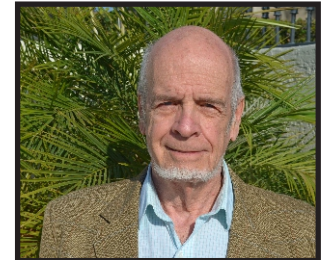
Mindfulness Meditation Workshops

Want to learn how to calm your mind,
relax when stressed, and learn to meditate?
Sign up for Meditation Workshops at the clubhouse:
• January 9, 16, 23, and 30 – 1:00 – 2:00 PM



John Batchelder
4/11/1939 - 10/20/2017

John slipped away from this world in his sleep on October 20, 2017. He was a beloved husband, father and Tierrasanta Village member. He was born in Washington, DC on April 11, 1939 to Henry and Clare Batchelder.



He was only 10 when his father died and age 18 when he lost his mother. He graduated from George Washington University and went to work for Southern Railways as an Economist. He soon realized business was not his passion. He then enrolled in Catholic University's School of Social Work and obtained his MSW in Clinical Social Work. He flourished working in human services and focused on becoming a therapist working in Psychiatry. He worked at St. Elizabeth's Hospital and mental health clinics in Northern Virginia.

He was a handsome bachelor age 35 when he met Marti at a St. Patrick's Day Party (luck of the Irish!). They married in DC in 1975; Abby was born in 1976 and Nate was born after they moved to Colorado in 1981. John was a Serious professional but he had the unique ability to “be a kid again” at the drop of a hat. Being the Dad of little kids was probably his favorite life role!

He landed a job with Kaiser San Diego in 1990 and the family came here. He fell in love with San Diego, kayaking on the bay, playing basketball with Nathan, helping Abby with high school papers, etc. He was very satisfied working for Kaiser and the first rate colleagues on his team at the Otay Clinic.

He retired in 2006 and became passionately involved in our Village from its beginning. He extended this to being on the Board of San Diego Aging and Independent Services where he helped obtain services for our village. He was on Tierrasanta Community Council for the past 2 years as Rep for Area 4. His “addiction” was tennis about 4 times a week with lots of delight in the fun with all his tennis buddies.

Marti says, “Our John was blessed to die peacefully. He had everything he had dreamed and hoped for: loving wife beside him; a daughter and son who had exceeded his hopes and expectations, two sweet baby grandsons, a fulfilling career, a beloved community of friends, and a whole lot of fun along the way. You blessed us for all these years, Johnny B. Now we bless you as you go to eternity.”

CARE COMMITTEE PRESENTS A MEMBER-TO-MEMBER FORUM RE: MEDICAL ALERT DEVICES

Many members have requested information about medical alert devices. Rather than inviting vendors who have a profit motive, we are asking members to share their experiences (or bring others who may have purchased these devices).

When: Wednesday, December 13 / 12:30 – 2:30 PM

Where: Villa Monterey Clubhouse (858) 569-9119

Contact: Jean Kerr

SUN	MON	TUE	WED	THU	FRI	SAT
		<div> SNAP Saturday Dec. 23 12:30 - 3 PM Mike Rigdon's House for Special Chow & Friends </div>	<div> Tom Hams Lighthouse Parade Of Lights Dinner Event December 17 4:15 - 8 PM </div>		1 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies "Going in Style" Michael Caine - Morgan Freeman Alan Arkin - Ann Margaret	2
3	4 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge - Off Site 6:00 PM - Holiday Party at 7th Day Adventist Church	5 9:00 AM - Balance Class	6 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:30 AM - Lunch Bunch	7 9:00 AM - Balance Class 10:00 AM - Mah-Jongg 10:15 AM - Billiards 12:30 PM - Games	8 9:00 AM - "2 hour/2+ mi (T. Canyons) Hike" 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	9
10	11 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge - 3:00 PM - Rubio's Fundraiser For TVSD 10th Anniversary Celebration	12 9:00 AM - Balance Class 12:30 PM - Time Bank Orientation & Training	13 Hanukkah (1st Day) 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Care Committee: Member-To-Member Forum RE: Medical Alert Devices	14 9:00 AM - Balance Class 10:00 AM - Mah-Jongg 10:15 AM - Billiards 12:30 PM - Games	15 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies "American Beauty" Kevin Spacey - Annette Benning Chris Cooper - Mena Suvari	16
17 See Box Above	18 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge - Off Site	19 9:00 AM - Balance Class 12:30 PM - Care Committee Meeting	20 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 7:00 PM - Tierrasanta Village Book Club - CANCELLED	21 Winter Solstice 9:00 AM - Balance Class 10:00 AM - Mah-Jongg 10:15 AM - Billiards 12:30 PM - Games	22 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	23 S N A P
24 /// 31 New Years Eve	25 Christmas Day VMC Closed 8:30 AM - Clubhouse Closed Today and New Years Day	26 Kwanzaa (1st Day) 9:00 AM - Balance Class 6:00 PM - DVD Movie Party - Off Site	27 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Knit & Nosh	28 9:00 AM - Balance Class 10:00 AM - Mah-Jongg 10:15 AM - Billiards 12:30 PM - Games	29 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	30

Tierrasanta Village of San Diego

Village Business Supporters

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your membership card
5950 Santo Road Suite E-F

Gaetano's Italian Restaurant Monday-Thursday

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with your membership card
10615-H Tierrasanta Blvd
858-565-1665

Sub-Marina #2

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your membership card
10645-Z Tierrasanta Blvd
858-560-5420

Island Style Café

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858-541-7002

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858-560-6931



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858-616-7377



Property Management-1 month FREE
+Reduced Rate - Buying or Selling?

Discounted fees for Villagers

Kim Klecan Owner/Realtor,
Tierrasanta resident, 25 yrs experience
619-261-9612

Primo Market

proudly opens a new
Deli / Meat Market
& Hot Lunch Area
It's Great & Inexpensive!

DVD Movie Party

Dark in December

Knit & Nosh

4th Wednesday – Dec. 27
12:30 pm

We knit/crochet baby blankets, scarves, and hats for breast cancer survivors, and lap blankets for Vets and residential care patients.

Contact: Virginia Inouye
phone: 278-8847

Bridge Games

At the VMC

Want to get in on a bridge game?

Groups are pre-arranged but substitutes are needed from time to time. Call the Village Office to get on the list for new groups.

Village Book Club

The Book Club will not meet in December

Contact: JoAnne Kuelbs
858-292-1578

Cool Games

Thursdays 12:30-2:30

Come join us for games on Thurs. afternoons. Bring a non-messy snack and a beverage of your choice and maybe a new game you'd like to try or an old favorite. We do have some at the VMC. We are a lively bunch and willing to try new games.

Donna Dobey
857-279-0964

Lunch Bunch

Dec 6 – 11:30

94th Aero Squadron
11:30 am Carpool at 11:15
from McDonalds

Marilyn Bente: 569-5919

Village Interest Groups

Billiards

Mondays & Thursdays 10:15 AM

Bob Muldrew - 292-8405

The pool table area is open for play anytime weekdays.

8:30 am – 2:30 pm

Film Classics

12:30 pm at the Clubhouse

Friday – Dec. 1 – 12:30 - 2:30 PM

“Going in Style”

2017 Comedy / Romance / Drama

Michael Caine - Morgan Freeman

Alan Arkin - Ann Margaret

Three lifelong senior friends who've worked together many years in a steel factory, & are near retirement, suddenly lose their promised pensions when their plant merges with a large competitor. All previous pensions are discontinued by the new company. Desperate to pay their bills, the 3 buddies risk all by embarking on a daring bid to rob the bank that holds their money now. “One of the best comedies of the year.”

Friday – Dec. 15 – 12:30 - 2:30 PM

“American Beauty”

1999 Drama

5 Oscars: Best Actor (Spacey); Best Picture, Screenplay, Director, Cinematography.

Kevin Spacey - Annette Benning
Chris Cooper - Mena Suvari

Honored with 5 Academy Awards & named by over 65 critics as a dark, intelligent, & truthful portrayal of dysfunction in suburbia. Lester (Spacey) & Carolyn (Benning) Burnham are a supposed ordinary couple whose unraveling marriage sparks a storm of change in their seemingly perfect elite neighborhood. A satire on suburban society of today.

Gloria Stevens: 858-505-4188

Mah Jongg

Thursdays -- VMC – 10 AM to noon

This is an RSVP game...A new group can be formed for beginners.

Contact: Fran Zweibel 569-8194

Romeo Club

All Male Members Lunch Group

Will not meet in December

SNAP

(Singles Network of Active People)

All Village singles are welcome.

Saturday – Dec. 23 – 1 PM

BBQ at Mike Rigdon's home

Call Mike Rigdon for directions and information

Village Hiking

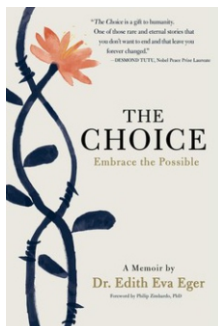
The second Friday in December 2017

"Power-line Canyon (down)-Rueda (up)-Promesa Plateau (level) Loop" day hike has been moved out to the second Friday in December, see below. It was decided to not to get involved in the Thanksgiving weekend hectic activity. (This also applies to the late December Holiday activity.) Next year, we may do this differently.

Two hour / two + mile (Tierrasanta Trails), Power-line Canyon (down)-Rueda (up)-Promesa Plateau (level) Loop. Fri, 08 Dec 2017 (second Friday) at 9 AM, we gather on Calle de Vida (under the power-lines). (Drive east on Clairemont Mesa Blvd. to the last right turn - Rueda Drive. Go south three blocks to Calle de Vida, turn left; drive a short distance to near the power-lines, stop/park.) This loop gives a good overview to some of the canyons we have in Tierrasanta. The view goes all the way to San Diego State University. The route is mainly utility roads, but there is some cross country. Bringing a hiking stick - we have some loaners, is definitely a good idea, as is long pants - to protect the legs.

Bob Muldrew: 292-8405

2017 Halloween Potluck



Dr. Edith Eger -- *The Choice: Embrace the Possible*

This event was an inspirational talk for all attending. Seldom will one witness a life as told by a 90 year old who inspires healing and forgiveness quite like Dr. Eger.

Following her presentation and book signing, 20 Villagers joined Mike Rigdon for a Birthday "Toast & Roast" at Choice of Mandarin. It was a very memorable day for him, with so many close Village friends.



Andiamos' Thanksgiving Dinner with Villagers



Blast from the Past: Tour of USS Iowa in 2015 – San Pedro, CA



Villagers at Lunch after Monet Art Exhibit at the Timken Gallery

Happy Holidays from Tierrasanta Village of San Diego

