



Tierrasanta Village of San Diego **Village Vibes**

“Living for Today: Planning for Tomorrow”

February 2017

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+.
TVSD promotes social connections and helps our members thrive and remain independent.
We plan many special events, print this newsletter, and create activities for different passions and interests.

What a fabulous year for the Tierrasanta Village of San Diego!

by Joyce Muinos

Well, 2017! Wow!

It's time for those new year's resolutions! After lots of soul-searching, dreaming and evaluating, I've narrowed my list of resolutions to four: eat more chocolate, drink better wine, keep my weight up and laugh more! I have had many years setting myself up for failure by trying to “fix” all my defects. This year... I won't let myself down! Ask me at the half way point and, I guarantee that I will be living up to my resolutions!

But, enough about me! Let's talk about our dreams and hopes for our TVSD in 2017. We all have events in which we'd like to participate, improvements we'd like to see, new programs in which we'd be interested, etc. Please! Write them down and share those thoughts with your board! We are all volunteers and we do our best, but, (keep this to yourselves!) we're running out of original ideas!! Help!

There are a few things I'm looking forward to for our Village:

First, I want to make all our new BOD members feel welcomed and appreciated and thank each of them for sharing their time and talent with us. Patty Mudd will become our new Secretary. Marilyn Bente & Jeanette Vlassis will team up to head our Volunteers and Neighborhood Groups and, Ginny Van Benthysen will take over as Membership liaison! I know from experience that serving on committees or boards is a short-cut to forming great friendships and, I can't wait to know each of our “newbies” better! I look forward to adding them to my “good friends” list! Maybe, we'll “do” lunch!

Next, I want to re-start a program that I was introduced to by Susan Deininger some time ago. It was one of the things that I thought was very special about the Village. It was “Dinner for Eight”. As soon as I return to SD, I'm going to start “Dinner for Six”, because some of us have smaller places in which to entertain. Watch for more information on this program.

I also would like to see a few more informal socials. What if I decide on Thursday to go to Gaetano's Friday evening for dinner and I want company? Maybe I have an extra ticket to a play, or, there's a good movie showing and I don't want to go alone. I would like to have an “interest” list of folks who are up for last minute offers. Not everyone will be open to such offers and we don't want to be annoying, but wouldn't it be fun to have unplanned, no-obligation invitations on occasion? We can't put the burden on the admin staff, but, I'm hoping that our IT Team can guide us or give us some ideas. What I'm really looking for is a method for us to be more like family – not just little groups of five or six!

Ok, what are your thoughts? Please, please, share with me or one of your BOD members! Let's make our little Island an even better place to live! If we don't do it...who will?

For information or questions about the organization, please call the TVSD office at 858 569-9119.

New TVSD Board Members

Secretary
Patty Mudd

*Volunteers and
Neighborhood
Groups*

**Marilyn Bente
Jeanette Vlassis**

*Member - At - Large,
Membership*
Ginny Van Benthysen



Village Business

Monthly Meeting

Our next monthly meeting is
scheduled on Monday
February 6 (6 – 7:00 pm)
7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Time Bank

Orientation & Training
Learn how to participate in the
Time Bank and learn the online
program. Bring your
completed paperwork.
Usually 2nd Tuesday
February 7 – 12:30-2:30
RSVP Required to JoAnne Kuelbs
858-292-1578

Website Training

2nd Monday only or on request.
10:30 am or by appointment
RSVP required
Greg Zweibel 858-569-8194

Balance & Strength Class

Tuesdays & Thursday 9 AM
Instructor: Mary Maine

Chair Yoga for Seniors

Monday, Wednesday and Friday
9 AM

Aging & Independent Services Tai Chi Class

Wednesday and Friday at 10 AM
Open to the entire community.

Cover Photo

**US Flag on Park
Service Boat leaving
the Arizona Memorial
at Pearl Harbor**

Romeo Club

Valentine's Day – February 14 – Noon
Andiamo! Ristorante Italiano



In celebration of Valentine's Day
we are combining this event for
ROMEO spouses/partners/significant others
or invited friends only



Special Menu choice of 4 Entrees
Full Price Tax & Tip Incl is \$30 per person

RSVP on Website or call 569-9119
for Missy to sign you up by February 2
We need Numbers ASAP
Bring checks to the Restaurant on February 14

SAVE THE DATE – MONDAY, FEBRUARY 13, 2017

Beacon Hill Village, the founding Village of the Village Movement is celebrating its 15th year of operation and announced at the National Village Gathering that they will be celebrating this exciting milestone in February with Atul Gawande, author of *Being Mortal*, as the keynote speaker. BHV plans not only to celebrate their 15th Anniversary, but to celebrate the 15 years of the Village Movement as well. Villages have been making an impact throughout the world for 15 years and this is truly something to celebrate!

BHV and Village to Village Network are inviting all Villages to participate in this event by hosting watch parties for our Village members. The event will be presented live as a webinar. We encourage you to take advantage of this opportunity to hear Atul Gawande speak about the value of community and opportunities as we grow older and participate in a live event with thousands of Village members across the country.

**The webcast will take place on February 13, 2017 from 2:00 – 3:00
at the Villa Monterey Clubhouse.**

**This event is for Members Only. Registration is required.
We need to know how many members plan to attend to ensure that we
can accommodate everyone.**



Wine & Cheese Social for Prospective Members



What: Tierrasanta Village Happy Hour Informational Social
for Prospective Members

When: Thursday, March 16, 2017 from 4:00-6:00 PM

Where: Villa Monterey Clubhouse - 5275 Rimpark Lane,

Why: Opportunity for prospective members to learn about
the Village. Members may come if they bring
a prospective new member.

RSVP: by **March 13th** to the Village office at 858-569-9119
Monday-Friday 8:30-12:30)

Board of Directors

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Fran Zweibel

Vice President - Fund Development

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Member at Large

Volunteers & Neighborhood Groups

Marilyn Bente & Jeanette Vlassis

Time Bank

Candy Walsh

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Candy Walsh

Susan Deininger LCSW

Operations Manager
Greg Zweibel

Front Desk Coordinator

Missy Rainier

569-9119

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Vibes Staff

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Contact Mike at 858-300-6821
or mikerigdon2000@yahoo.com

Annual Donor Drive A Smash Success! Total: \$21,045

A tremendous thanks to all who donated and helped us exceed our \$20,000 goal! The Board and Fund Development Core Team are delighted with the response to our appeal for contributions. The old-adage "It takes a Village" is so true.

For those who like statistics, here are the results of the Annual Donor Drive:

41 Donations Received
51 Members Donated (Some Members Donated as a Couple)
1 Non-member Donated
47% of Members Donated

The Annual Donor Drive will remain open until January 30, 2017, if you still want to make a contribution.

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them." John F. Kennedy

Special February IT Meeting

Our February IT Meeting will offer our fellow Villagers a chance to meet with us, the IT guys, in an informal casual way. This will be our regular meeting; however, we will encourage all attendees to ask questions and/or make comments or suggestions about general or specific IT problems at any time.

Our meeting will take place on Friday, February 24, 2017 from 1pm to 2:30pm at the VMC. We plan to schedule this time for a few months, and if it works well, we will continue to set aside the 4th Friday of each month at the same time for this open meeting.

So, mark your calendars and be sure to join us for our first "Meet with your IT Team"!

Your IT Guys: Greg Zweibel, Don Stewart, Martin Sandman

Tierrasanta Village Open House February 8th – 1 to-3pm



This event is for residents of Villa Monterey and Tierrasanta Villa to give them an opportunity to visit our Clubhouse and learn about TVSD. Members who live in this area are encouraged to invite their neighbors. Members may come if they invite someone from Villa Monterey or Tierrasanta Villa.

SUN	MON	TUE	WED	THU	FRI	SAT
29	30 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	31 9:00 AM - Balance Class 10:00 AM - Grocery Shopping 12:30 PM - Introduction to Genealogy 6:00 PM - DVD Movie Party	1 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:30 AM - Lunch Bunch Choice of Mandarin	2 9:00 AM - Balance Class 9:00 AM - Village Walkers 10:00 AM - Mah-Jongg 10:15 AM - Billiards 12:30 PM - Games	3 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies "Shall We Dance?" Gere / Sarandon / Lopez	4
5	6 9:00 AM - Chair Yoga 10:15 AM - Billiards 10:30 AM - Website Training 12:30 PM - Monday Bridge 6:00 PM - MEMBERS MONTHLY MEETING	7 9:00 AM - Balance Class 10:00 AM - Grocery Shopping 12:30 PM - Time Bank Orientation & Training	8 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 1:00 PM - Village Open House For Villa Monterey and Tierrasanta Villa Residents	9 9:00 AM - Balance Class 9:00 AM - Village Walkers 10:00 AM - Mah-Jongg 10:15 AM - Billiards 12:30 PM - Games	10 9:00 AM - Chair Yoga 9:00 AM - TVSD - "1 hr/1 mi. (introductory.)" 10:00 AM - Tai Chi	11
12	13 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge 2:00 - 3:00 pm National Village Webinar at the clubhouse	14 Valentine's Day 9:00 AM - Balance Class 10:00 AM - Grocery Shopping Noon - ROMEO Men's Club Andiamo! Restaurant with Invited Guests	15 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 7:00 PM - Tierrasanta Village Book Club "The Devil in the White City" by Eric Larson	16 9:00 AM - Balance Class 9:00 AM - Village Walkers 10:00 AM - Mah-Jongg 10:15 AM - Billiards 12:30 PM - Games	17 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 - Classic Movies "The China Syndrome" Lemmon / Jane Fonda Michael Douglas	18 S N A P
19	20 President's Day Holiday 9:00 AM - Chair Yoga 10:00 AM - Writer's Mtg . (Off Site) 10:15 AM - Billiards 12:30 PM - Monday Bridge	21 9:00 AM - Balance Class 10:00 AM - Grocery Shopping 10-11:30 PM - Knit & Nosh 12:30 PM - Care Committee Meeting	22 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	23 9:00 AM - Balance Class 9:00 AM - Village Walkers 10:00 AM - Mah-Jongg 10:15 AM - Billiards 12:30 PM - Games	24 9:00 AM - Chair Yoga 9:00 AM - TVSD - "2 hr/2+ mi. (T. Cyns)" 10:00 AM - Tai Chi 1:00 PM - Meet With Your IT Team & Open Meeting	25
26	27 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	28 9:00 AM - Balance Class 10:00 - Grocery Shopping 10:30 - Membership Team Mtg. 12:30 - Care Committee Mtg. 6:00 PM - DVD Movie Party "Florence Foster Jenkins"	Mar 1	Mar 2 6:30 PM - Tierrasanta Talks - 1000 Places To See In America & Canada Before You Die	<div> SNAP February 18- 11:30 Choice of Mandarin Contact: Gloria Stevens </div>	



TVSD
was represented by
20 Villagers who
gave valuable input
to the Forums

San Diego County Agency for Aging – January 25, 2017 – Listening Session.
This Event held at the Tierrasanta Rec Center was well attended by some 60 attendees to discuss 6 areas of concern to our community of Seniors.

TVSD Board of Directors

The Board of Directors would like to remind members that the monthly BOD meeting dates are published each month on the calendar and visitors are always welcomed. Since the BOD membership has increased and meetings are in individual homes, there must be a few guidelines:

- 1) Please make a reservation by emailing or telling Fran or Linda that you would like to attend a meeting. Space is often limited!
- 2) If you have a specific item to address, ask that it be added to the Agenda when reservation is made.
- 3) Other than the official Agenda, guests are present for observation only. They do not participate in discussion or voting.
- 4) On occasion, it may be necessary to have a “closed session” and all guests will be dismissed before it begins.

The BOD appreciates interested visitors and welcomes comments, constructive criticism, suggestions, etc. Share your thoughts with any BOD member after the meeting and it will be shared with all! Who knows, after witnessing a meeting, one may feel inspired to sign up for a position!

Discontinuing Activity Logs

If completing Monthly Activity Logs was not your favorite thing to do, we have good news. You can stop filling out those forms.

The TVSD Board appreciates the time and effort you put into completing and returning the forms during the last few months. We also thank the IT Team for helping promote the Activity Logs by making the form available on the website.

Each month, the number of members completing the form went down. Without having most members complete the Activity Log, the data is no longer useful.

If you are interested in tracking the number of hours you are volunteering for the Village per month, you may want to track those hours for your own personal use. However, the Activity Logs are now no longer needed by the Village and monthly totals no longer need to be entered online.

DVD Movie Party

Tuesday, February 28, 6 pm

"Florence Foster Jenkins"

Meryl Streep / Hugh Grant

RSVP to Diane 858-292-0610

Space is limited to 10 members

Knit & Nosh

4th Wednesday - Feb 21 – 10 AM

We knit/crochet baby blankets, scarves, and hats for breast cancer survivors, and lap blankets for Vets and residential care patients.

Contact: Virginia Inouye

Bridge Games

At the VMC

Want to get in on a bridge game?

Groups are pre-arranged but substitutes are needed from time to time. Call the Village Office to get on the list for new groups.

Village Book Club

Wednesday February 15– 7 PM

"The Devil in the White City"

by Eric Larson

Contact: JoAnne Kuelbs

858-292-1578

The tale of the man who brought the 1893 World's Fair to Chicago and the serial killer who used it to lure his victims.

Cool Games

Thursdays 12:30-2:30

Rummikub, Scrabble, Checkers, Canasta, Dominos...Your choice.....

Contact the Village Office

858-569-9119

Friends of the Tierrasanta Library – Used Book Sale

Friday, Feb 3 from 11:30 a.m. to 5:00 p.m.

Saturday, Feb 4 from 9:30 a.m. to 3:00 p.m.

Monday, Feb 6 from 9:30 a.m. to 5:00 p.m.

Village Interest Groups

Billiards

Mondays & Thursdays 10:15 AM

Bob Muldrew - 858-292-8405

The pool table area is open for play anytime weekdays.

8:30 am – 2:30 pm

Film Classics

12:30 pm at the Clubhouse

Friday – February 3 – 12:30 - 3PM

"Shall We Dance?"

2004 – Sexy Comedy

Richard Gere / Susan Sarandon

Jennifer Lopez

John Clark (Gere) is having a passionless mid-life crisis & secretly signs up for ballroom dancing lessons to spice up his life, but doesn't tell his wife, family or friends. He'll have to do some fancy footwork to keep his exciting new passion a secret from them, especially his wife (Sarandon).

Friday – February 17 – 12:30 - 3PM

"The China Syndrome"

1979 Suspense / Thriller

4 Oscar Nominations

Jack Lemmon / Jane Fonda

Michael Douglas

When investigative TV reporter (Fonda) & her cameraman (Douglas) witness a human-error accident at a Los Angeles nuclear power plant, (a meltdown that could have wiped out southern California) they become embroiled in a political conspiracy that won't let them or Plant Supervisor (Lemmon) air the story to the public under death threats.

Gloria Stevens: 858-505-4188

Armchair Traveler

No Program this month

Mike is unavailable

Lunch Bunch

February 1 – 11:30

Choice of Mandarin

Marilyn Bente: 569-5919

Romeo Club

February 14 - Noon to 2 PM

See details on Page 2

at Andiamo! Ristorante Italiano

SNAP

(Singles Network of Active People)

All Village singles are welcome.

Saturday – February 18–12 Noon

Choice of Mandarin

Gloria Stevens: 858-505-4188

Mah Jongg

Thursdays -- VMC – 10 AM to noon

This is an RSVP game...A new group can be formed for beginners.

Contact: Fran Zweibel 858-569-8194

Village Hiking

One hour/one mile (introductory), North Shepherd Canyon to the edge of Mission Trails Regional Park (MTRP) - & back: On **Fri, 10 Feb 2017 (second Friday) at 9 AM**, we gather on Villarrica Way. (From the US post office shopping center drive east on Portobello Drive to the second intersection - Villarrica Way, turn right & go 25 yards or so, stop/park.) We'll be hiking on a 3 foot wide trail in a canyon and & then on a private 6 foot wide dirt trail behind Belsera. There's some minor up & down, but the route is essentially level.

Two hour/two + mile, Viacha Ridge saddle overlook - & back: On **Fri, 24 Feb 2017 (fourth Friday) at 9 AM**, we gather at the south end of La Cuenta Drive. (Drive past the Tierrasanta library & fire station to the very end, stop/park.) We'll be hiking down into South Rueda Canyon and eventually up to the overlook (with a great view of the golf course); Clubhouse Peak is nearby. We'll travel back via the lower Rueda Canyon loop. The trail is mostly 3 feet wide with some 6 foot wide utility road. There's a lot of down & up.

Bob Muldrew: 858-292-8405



John Lee Kerr 1934 - 2016 A Wonderful Villager passes

John Lee Kerr September 27, 1934 - December 29, 2016 San Diego John Lee Kerr died peacefully at home with his loving wife, Jean Kerr, by his side on December 29, 2016 in San Diego, CA at the age of 82. In addition to his wife, he is survived by sons, Gary [Nancy], of Burlington, WA; Robert [Pamela], of El Cajon; Steve [Lelani], of Warren, OH; and John, Jr. [Pamela], of Santa Rosa, CA; and their children; his stepson, Paul Welliver of Denver, CO; and his sisters, Jean [Robert] Ley, of Tuscon, AZ; and Bonnie [Dan] Gagnon, of El Cajon. He was preceded in death by his parents, Stanton and Shirley Kerr. John was born on September 27, 1934 in Detroit, MI. He was in the first graduating class of Helix High School, earned an associate's degree from San Diego Junior College and bachelor and master's degrees in educational administration from San Diego State University. He served in the U.S. Army from 1954-57 and was stationed in Germany. John's passions were airplanes, astronomy, metalworking, travel, inventions, his family and many friends. He taught industrial arts/aviation technology in several San Diego schools and served as vice principal at Mann, Roosevelt, and Lewis junior high schools. Alongside his students, he built the Clairemont High School Observatory. He constructed several homebuilt airplanes for both school projects and for personal use. A lifelong San Diegan, John had an extensive network of friends, including many from elementary school and fellow aviators at Gillespie Field. He will be greatly missed by all. Interment will be at Miramar National Cemetery. Contributions in memory of John may be sent to San Diego Kaiser Hospice, 10992 San Diego Mission Rd., SD 92105 or to Tierrasanta Village of San Diego, 10601 Tierrasanta Blvd. G-405, SD 92124.



The Village Romeo Club will never forget our guided tour with John Kerr showing us his hangar, projects, and other museum class displays at Gillespie Field.Copy & Paste to Menu Bar to view all pictures:

<http://rigdon.smugmug.com/TVSD-Material/TVSD-Romeo-Group/>

Candy Walsh
Marilyn Bente
Patty Mudd
Fran Zweibel
Mike Rigdon
Joyce Munios
(absent)



Jeanette Vlassis
Linda Rees
Janice Trantham
Ginny
VanBenthuyssen

TVSD Board of Directors 2017

Writers Meeting - Monday, February 20 - 10:00 am - Noon)

This is a community of writers.
The community reads your work and then edits
and gives you feedback. No experience necessary.
Come and check it out.

Register on line, or call Cheri LaLone
at 858-292-8290 or email to
cherilalone@att.net to let her know
you are planning to attend.

This event will take place at Cheri's home.
Call for directions.

Thinking About Returning To Work?

We recently received information from Marcia Wall, the Employment Specialist, at Jewish Family Services. She is responsible for assisting people in finding jobs by leading employment workshops. A new workshop, "You're Hired: A Mature Worker's Guide to Job Searching" is scheduled to be held from **9am to noon on March 1st**. The class is for people over age 40 and will cover many topics including how to combat age discrimination in the hiring process. The purpose of the class is to help make the job search process more effective for the participants. The cost is \$50.00, however financial assistance is available. If interested in receiving more information, call Ms. Wall at (858) 637-3254 or Cindy Ochoa at (858) 637-3344.

Tierrasanta Village of San Diego

Tierrasanta Talks: 1000 Places Adventure with internationally

Best selling author and go-to travel guide, Patricia Schultz

Thursday, March 2, 2017 at 6:15pm at the Seventh-day Adventist Church.

11260 Clairemont Mesa Blvd, San Diego, CA 92124

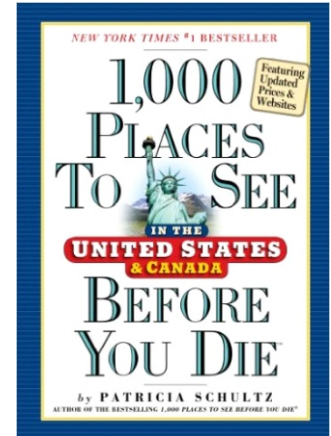
By Susan McBeth

Tierrasanta based *Adventures by the Book*, in support of Tierrasanta Village of San Diego (TVSD), is pleased to continue its exciting program, "Tierrasanta Talks," featuring revolutionary travel writer and #1 *New York Times* & internationally bestselling author, Patricia Schultz, on Thursday, March 2, 2017 at 6:15pm at the Seventh-day Adventist Church.

The public is invited to join us for an exclusive San Diego event to meet the mastermind behind the game-changing, #1 *New York Times* bestseller, *1000 Place to See Before You Die*. Patricia Schultz will speak to us on how she has been inspired to see the world and share it with her readers. She will give guests all the tips & tricks she has learned for finding the best experience wherever she travels. With a special emphasis on the USA & Canada, through a vivid visual presentation Patricia will also reveal images of the many new additions to the revised edition of her book that you will immediately want to add to your bucket list!

Similar in concept to the enormously popular TED Talks, "Tierrasanta Talks" is open to the public and features speakers of renown, interest, or inspiration. The launch event in February 2015, featuring Pulitzer Prize winner Steve Breen, drew out a crowd of about 100 people, who were mesmerized by Steve's talent and stories. Speakers have also included Georgeanne Irvine from the San Diego Zoo and KPBS Midday Edition host Maureen Cavanaugh.

Admission is \$10 per person, and is a fundraising opportunity for TVSD. Registration is available online at www.adventuresbythebook.com or by calling (619) 300-2532. You may also register at, or by calling, the TVSD office at (858) 569-9119 (**paying at the office is by check only**). Tickets may be purchased at the door, while seats are available.



Remember that your support of this program is integral to its success as an ongoing series in our community, so encourage your friends, family, and neighbors to join us!

About the Speaker: Patricia Schultz is the author of the #1 *New York Times* bestsellers *1000 Places to See Before You Die* and *1000 Places to See in the United States and Canada Before You Die*. A veteran travel journalist with 25 years of experience, she has written for guides such as Frommer's and Berlitz and periodicals including *The Wall Street Journal* and *Travel Weekly*. She also executive-produced a Travel Channel television show based on *1000 Places to See Before You Die*.