

Tierrasanta Village of San Diego Village Vibes

"Living for Today: Planning for Tomorrow" April Vibes 2018

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+. TVSD promotes social connections and helps our members thrive and remain independent. We plan many special events, print this newsletter, and create activities for different passions and interests.

Happy Spring, Villagers – Joyce Muinos

Robin Williams said: Spring is nature's way of saying, "Let's Party"! I think he was onto something, because we're feeling invigorated and revitalized after our winter rest! Lucky for TVSD members, there are plenty of opportunities to get us out of the house, away from the TV and out with our friends! You can start with the Annual Meeting on April 2nd where you'll hear "where we are and where we're going" from each of our Core Team Board Liaisons. If that's not enough, I heard that there will be snacks and a short social time. I hope you registered!

You can sign up for the Rose Society's Annual Show on the 14th, Bingo on the 19th, Bunco on the 20th and some will be travelling to the Huntington on the 30th. If that's not enough, you can join in on some of the exercise classes, games, movies or just meet your TVSD friends for lunch. We are blessed to have so many options!

As I mentioned at the General Meeting,

the Board identified the need for a Publicity/Advertising person or team. We have no problem sharing our news and events internally, but we're being selfish keeping all the good times to ourselves. We need to reach out to the Tierrasanta Community and let them know who we are and what we're doing. The job should not be too demanding. We'd like regular articles and photos in the Tierra Times, maybe an occasional poster advertising an event in the storefronts, "Nextdoor" notices and, perhaps we could use social media. You don't have to be a Pulitzer or a Hearst, just someone who can put pen on paper and get the word out! We always have lots of photos, thanks to our Mr. Mike, and we're blessed with experts on punctuation, spelling and grammar who will help with the proof reading. Please, if you would like to give it a try, let Missy or one of the Board members know. We'll get you set up with a few guidelines and ideas and...you're our new correspondent!



St. Patrick's Day luncheon is a Village Favorite every year.

TVSD, 10601 Tierrasanta Blvd. #G-405, San Diego, CA 92124....Phone 858-569-9119...EMail...tierrasantavlg@gmail.com We meet at the Villa Monterey Clubhouse, 5275 Rimpark Lane....On the Web: TierrasantaVillage.org



"Members Only Annual Meeting"

Monday April 2 3 - 5 pm 7th Day Adventist Church 11260 Clairemont Mesa Blvd.

Time Bank

Orientation and Training By appointment Only, Call the Office at 569-9119

Website Training

By appointment Only, Call the Office at 569-9119

Balance & Strength Class Tuesday & Thursday 9 AM Instructor: Mary Maine

Chair Yoga for Seniors Monday, Wednesday and Friday 9 AM – VM Clubhouse

Aging & Independent Services Tai Chi Class

Wednesday and Friday at 10 AM Open to the entire community.

> Cover Photo US Flag flies high over Fort Sumpter in Charleston Harbor South Carolina

Friends of the Tierrasanta Library Used Book Sale Friday, April 6 11:30 to 5:00 Saturday, April 7 9:30 to 3:00 Monday, April 9 11:00 to 5:00





Coffee & Tea Social March 19, 2018







TVSD March 2018 General Meeting at 7th Day Adventist Church Classroom



Gaetanos Restaurant after Monthly Meeting where 20 Villagers met for early dinner

Board of Directors

President **Joyce Muinos** "Past President" Linda Rees Vice President -Administration Fran Zweibel Vice President - Fund **Development Janice Trantham** Treasurer Mike Rigdon Secretary **Marilyn Bente** Members at Large Membership **Ginny VanBenthuysen Neighborhood Groups Jeanette Vlassis**

Time Bank Candy Walsh *Co-Founders* Candy Walsh Susan Deininger LCSW

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Operations Manager Greg Zweibel

Front Desk Coordinator Missy Rainier – 569-9119

TVSD is a 501c3 organization Federal Tax ID # 26-2975168

Vibes Staff

Editor.....Mike Rigdon

Proofing, Event & Calendar

Missy Rainier – Gayle Rolan

TIMEBANK NEWS

Have you been putting off getting organized: labeling photos in the boxes stored neatly away, making an inventory of possessions, and on and on. Computer skills make this a practical way to generate documents. Need help? Just look under "Offers by Category" and you will see Business Services. Timebank member are offering help. There are many other categories available. Please do not forget to add your own offers too!

BINGO Night Out

Last time Timebank sponsored a Bingo night people left the evening saying, "That was fun!!" So it is happening again. Thursday, April 19 at the Villa Portofino Clubhouse. All villagers and their guests are invited. The entree fee is 1 Time Credit per person. It will be from 6:30-8:30 pm. Snacks and water will be provided but you may bring your own drinks alcoholic included. Please register online or by calling 858 569 9119.

What the Village Means to me.

by Mike Rigdon.

After High School in Fort Worth, Texas, volunteering became 2nd nature for me when I joined the US Navy. After that tour I returned to college and then taught Industrial Arts for 30 years in various San Diego City Schools.

During the past 20 years of retirement, my volunteering involved hosting reunions of many former ships around the country. Also, my path led to being a Volunteer Curator on the USS Midway aircraft carrier museum, for 14 years.

A good friend, Jean Mabie, took me to a TVSD meeting at the library 9 years ago. I was hooked with the great concept and accepted many positions within the group over the years. As our mission statement in each Village Vibes Newsletter states, TVSD promotes social connections and helps our members thrive and remain independent. We help our members remain in their homes as we age. Nowhere else could I have met so many wonderful Tierrasantans and shared their lives.

The Village has been a true blessing.

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April 2018

SAT	2	14 C C H C C H SEE SEE SEE	21 SEE BOX SEE	28	5 SEE BOX at Left
FRI	6 9:00 AM - "2 hour/2+ mi (T. Canyons) Hike" 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 1:00 PM - Time Bank Coffee	13 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies "APRIL FOOLS" Romantic Comedy – 1969 Jack Lemmon Catherine Deneuve	20 9:00 AM - "1.5 hr/1.5+ mi. (Mission Trails) hike" 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:00 PM - 10th Anniversary FUNDRAISER – BUNKO	27 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies: "ATONEMENT" Romance / WW II Drama Kiera Knightly - James McAvoy	May 5 Cinco de Mayo 2:00 PM - Rose Garden Party / Informational Social for Prospective Members
THU	5 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	12 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	 9:00 AM - Balance Class 0:00 AM - Mah Jongg 10:15 AM - Billiards 11:30 AM - ROMEO Men's Club - Bud's Louisiana Cafe 12:30 PM - Games 6:30 PM - Bingo Night 	26 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	April 14 12:00 PM - Rose Society's Annual Show / Lunch Liberty Station
WED	4 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:30 AM - Lunch Bunch	11 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	18 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 7:00 PM - Tierrasanta Village Book Club	25 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Knit & Nosh	SNAP April 21 – 5 PM Carpool from McDonalds Troy's Greek
TUE	3 9:00 AM - Balance Class	10 9:00 AM - Balance Class	17 9:00 AM - Balance Class 6:00 PM - BUNKO	24 9:00 AM - Balance Class 11:30 AM - Care Committee Meeting 12:30 PM - Member to Member Forum - The Best Move I Ever Made	May 1
MON	2 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge - Off Site 3:00 - 5 PM - Members Annual Meeting 7th Day Church – Main Hall	9 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge Off Site	16 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge Off Site 3:00 PM - Rueda Area Neighborhood Group Social	23 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge Off Site 1:00 PM - Core Team Captains Meeting	30 8:30 AM - Huntington Library and Botanical Gardens 12:30 PM - Monday Bridge - Off Site
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DVD Movie Party

April 24 at 6 pm The Post Meryl Streep & Tom Hanks Do not register on Website RSVP:Diane Levine 858-292-0610

Knit & Nosh

4th Wednesday – April 25 12:30 pm We knit/crochet baby blankets, scarves, and hats for breast cancer survivors, and lap blankets for Vets and residential care patients. Contact: Virginia Inouye phone: 278-8847

Village Book Club

"The Rosie Project" by Graeme Simsion April 18 – 7 PM Contact: JoAnne Kuelbs 858-292-1578

Bridge Games

At the VMC Want to get in on a bridge game? Groups are pre-arranged but substitutes are needed from time to time.

Cool Games

Thursdays 12:30-2:30 Come join us for games on Thurs. afternoons. Donna Dobey 858-279-0964

Mah Jongg

Thursdays -- VMC – 10 to Noon This is an RSVP game...A new group can be formed for beginners. Contact: Fran Zweibel

Evening Bunko – 4/17

3rd Tuesday of Month 6:00 PM (offsite) This is an RSVP game limited to 16 players. A daytime bunko group may start soon. Interested? Contact: Ginny VanBenthuysen



Billiards

Mondays & Thursdays 10:15 AM Bob Muldrew - 292-8405 The pool table area is open for play anytime weekdays. 8:30 am – 2:30 pm

Film Classics "APRIL FOOLS"

Friday – April 13 – 12:30 to 2:30 Romantic Comedy – 1969 Jack Lemmon – Catherine Deneuve Peter Lawford - Charles Boyer The conservative life of a newly promoted Wall Street stockbroker (Lemmon) becomes engulfed in romance when he starts a new job in New York. His new boss throws a trendy party for New York's corporate elite, at which Lemmon meets & falls for a beautiful French woman (Deneuve) not knowing she's his new boss' wife. Both have unhappy marriages & are swept up in a mad plan to run off to Paris! An urban adventure with a sense of humor. [FABULOUS THEME SONGS by MARVIN HAMLISCH, **BURT BACHARACH & DIONNE** WARWICK.]

"ATONEMENT"

Friday – April 27 – 12:30 to 2:30 Romance / WW II Drama – 2007 {7 OSCAR Nominations including BEST PICTURE}

Kiera Knightly – James McAvoy – Saoirse Ronan – Vanessa Redgrave A highly charged romantic epic set in the upscale countryside of war torn England during WW II. A story of jealousy & passion. When jealous young sister (Ronan) witnesses a private moment between big sister Cecilia (Knightly) & a servant (McAvoy) she creates a vicious lie that changes the course of two persons' lives, & that of a wealthy family's history.

Gloria Stevens: 858-505-4188

Lunch Bunch

April 4 – 11:30 Black Angus – Friars Road Marilyn Bente: 569-5919

Romeo Club

April 19 – 11:30 Bud's Louisiana Grill Carpool from McDonalds

SNAP

(<u>S</u>ingles <u>N</u>etwork of <u>A</u>ctive <u>P</u>eople) All Village singles are welcome. Saturday – April 21 – 5:30 PM **Troy's Greek on Friars Road** RSVP to Nancy at 560-7431 or Rhoda at 278-3632

Village Hiking

2 hour/2+ mile (Tierrasanta Canyons), Shepherd Canyon Loop (counter clockwise - community pond to Vallarta Drive). On Fri, 06 Apr 2018 (first Friday), we gather at 9 AM. (Go on Santo Road past the Von's shopping center, turn right on Antiqua Road. At the next right turn, go east on Playa Veracruz to just-past the Playa Encino intersection to where there's a gate on the right. Stop/park.) The route has mostly 6 foot wide utility roads, plus some 3 foot wide paths. You're mostly In canyons (East Shepherd, then by connecting trails over to North Shepherd); there should be water down in the stream beds making the area lush.

1.5 hour/1.5+ mile (Mission Trails), Tierrasanta Mini-peak (on west slope of Fortuna Mountain ridgeline, below the saddle), & back. On **Fri, 20 Apr 2018 (third Friday)**, we gather at 9 AM at the east end of Clairemont Mesa Blvd. We'll be going off the mesa down into Suycott Wash, first time. We may not climb the mini-peak, just get close to it. You should bring hiking sticks, or I can loan you on. The route has mostly 6 foot wide utility roads, plus some 3 foot wide paths. This is chaparral country, with beautiful views.

Bob Muldrew: 292-8405



All Villagers and their guests are invited for a fun evening

Entry Fee is 1 Time Credit per person (All Villagers get 3 Time Credits when they join AND renew their Village membership). Bingo Cards will cost \$.25 each. All monies collected go into a Cash Prize Pool.

Individual Bingo Winners receive a drawing ticket for an opportunity to split the Cash Prize Pool

Date: Thursday, April 19, 2018

Time: 6:30-8:30 p.m.

Location: Villa Portofino Clubhouse (consider carpooling) 10690 Escobar Drive

Must RSVP: We need to set up the space and provide snacks, so please let us know you're coming by Tuesday, April 17th. Register online or call the Village at (858-569-9119).



The San Diego Rose Society's 91st Annual Rose Show

Saturday, April 14, 2018 Meet for lunch at Liberty Station at noon Solare Restaurant 2820 Roosevelt Rd.-- Liberty Station Rose Show: 2:00 to 3:00 pm

McMillin Event Center 2875 Dewey Road, San Diego, CA 92106 Rose Show tours are available upon request...we would love to show you around and answer any rose questions.







Please Join Us

- *What:* Rose Garden Party / Informational Social
- When: Saturday, May 5 (Cinco de Mayo) from 2:00-4:00 PM
- Where: Barbara & John Lester's home
- *Why:* Learn about Tierrasanta Village, visit with friends, and see all the beautiful roses in the Lester's yard.
- **RSVP:** Call the Village Office (take out "Fran"), M-F 9:00 to Noon, or contact Ginny Van (gvanbenthuysen@gmail.com).

SAVE THE DATE

TVSD – 10[™] YEAR ANNIVERSARY – SEPTEMBER 27, 2018

The Butcher Shop Restaurant – Kearny Villa Road – Windsor Room

MORE INFO CONTACT: TRISH NEWBILL OR MARILYN BENTE

VOLUNTEERS ARE WELCOME TO JOIN THE ANNIVERSARY TEAM EMAIL: TVSD10@GMAIL.COM

Huntington Library and Gardens





Come and enjoy a trip to San Marino to visit the wonderful collection of the Huntington Library and its beautiful botanical gardens. The Social Committee has arranged an allday excursion in a private van to take us to this special spot.

Date: Monday, April 30, 2018

Time: 8:30 AM to 5:30 PM The van will pick us up at McDonalds at 8:30 sharp! Cost: \$99 Make check payable to Jocelyn Brierton

The fee covers the cost of the van with a driver who will provide water and granola bars, the entrance charge, and a docent led one hour tour. After the tour, you will have numerous places within the gardens to buy lunch and then explore all there is to see.

Register online or call the TVSD office. Payment must be made by Friday, March 23. You may bring check to the clubhouse or give check to Jocelyn directly. Please be aware that registration is not complete without payment. This is a unique opportunity but, if not enough people sign up, the trip will be cancelled.

For more information about the Huntington Library and Gardens, check out their website www.huntington.org