



Tierrasanta Village of San Diego **Village Vibes**

“Living for Today: Planning for Tomorrow”

September Electronic Edition 2018

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+.

TVSD promotes social connections and helps our members thrive and remain independent.

We plan many special events, print this newsletter, and create activities for different passions and interests.

Villagers Enjoyed a Fabulous Luau at the Parker Home!



See all the photos and video at:
rigdon.smugmug.com/TVSD-Material/TVSD-Luau-at-Parkers-2018/



Village Business

Monthly General Meeting

September 10 – 3 PM

7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Time Bank

Orientation and Training
By appointment Only,
Call the Office at 569-9119

Website Training

By appointment Only, Call the
Office at 858-569-9119

Balance & Strength Class

Tuesday & Thursday 9 AM
Instructor: Mary Maine

Chair Yoga for Seniors

Monday, Wednesday and Friday
9 AM – VM Clubhouse

Aging & Independent Services

Tai Chi Class

Wednesday and Friday at 10 AM
Open to the entire community.



Cover Photo
USS Midway Flag
on Mast of
Carrier Museum



To my fellow members of
TVSD,

I am deeply thankful for all
the kindness you have
shown Bob and me over the
years. It is more than we
ever could have imagined
when Tierrasanta Village
was getting started in 2007. Both moral and practical
support was freely offered by so many TVSD members.

Thank you, all, so much.
Anne Hoffman



Memorial services were conducted on 14 August 2018 at Ascension Catholic Parish in San Diego with military honors provided by Naval Region Southwest. Inurnment will occur at a date to be determined at Arlington National Cemetery, where he will join daughter Cathy. In lieu of flowers, the family asks that donations be made in Bob's memory to the USNA Foundation for STEM Summer Programs in honor of his engineering degrees.

Condolences may be sent to Mrs. Anne L. Hoffman
4177 Rueda Drive, San Diego, CA 92124.

Captain Robert Bernard Hoffman, USN Retired

Robert B. Hoffman died at Elmcroft Manor in La Mesa on 6 August 2018 with his family at his bedside. He was 87 years old.

Born on 20 May 1931 in St. Helena in Napa County to Harry & Helen (née Hatheway) Hoffman, Bob grew up in San Francisco and attended Lowell High School, graduating in June 1949. He entered the U.S. Naval Academy in July of that year. He was a varsity runner on the cross-country squad, was a statistician for the baseball team, and graduated with the Class of 1953 as a member of the 22nd Company.

His first assignment was to USS IRWIN (DD-794) home ported in Newport, RI. He completed his tour in the billet of Gunnery Officer. Transferring to the West Coast in 1955, he then served on USS COLONIAL (LSD-18) as Operations Officer til 1957. Thereafter he attended the US Naval Postgraduate School in Monterey, CA, majoring in Engineering Electronics with a focus in Acoustics. After graduating with a BSEE in 1959, he commanded USS FAIRVIEW (EPCE-850) home ported in New London, CT.

After 27 months in command, Bob reported to the Pentagon and the Office of the Chief of Naval Operations (OPNAV) where he served as the Head of the Ship Force Level Section til 1964. Following this tour, he served as executive officer of the USS TURNER JOY (DD-951) homeported in Long Beach, CA. While Bob was on the TURNER JOY, the Tonkin Gulf incident occurred which led to Congress resolving to escalate actions in Viet Nam. In 1966, he served as Head of the Sonar Systems Evaluation Section of the Key West Test & Evaluation Detachment, Operational Test & Evaluation Force (TEVDET).

He returned to sea duty in June of 1969 assuming command of the USS ARNOLD J. ISBELL (DD-869), homeported in Long Beach. Upon completion of this destroyer command tour, he served as the Operations & Plans Officer on the Staff of Commanding Cruiser Destroyer Flotilla Three. From 1972 to 1973, Bob attended and was a Distinguished Graduate of the Naval War College at Newport. He then returned to the Pentagon and served as the Manager of Shipbuilding & Conversion (SCN) Appropriation in the Office of the Chief of OPNAV. From June 1976 until March 1978 he commanded USS SAMUEL GOMPERS (AD-37) home ported in San Diego. He then served - til 1980 – on the USS COCHRANE (DDG-21) as commanding officer for Destroyer Squadron 25, home ported in Honolulu, HI. His final assignment was in San Diego as Chief of Staff to VAMD Lee Baggett, Commander Naval Surface Forces Pacific Fleet, from 1980-1982.

Captain Hoffman was awarded the Legion of Merit, three Bronze Star medals, the Combat Action Ribbon, three Navy Commendation medals – one with Combat V – two Navy Unit Commendations, the National Defense Service Medal with 1 star, the Meritorious Unit Commendation, the Navy Occupation Service Medal with European Clasp, the Korean Service Medal, the United Nations Medal, the Navy Distinguished Service Order 2nd Class medal, the Viet Nam Service Medal with 5 stars, and the Campaign Medal with device from the former Republic of Viet Nam.

After his retiring from active duty in July 1982, Bob worked for a decade at General Dynamics in Pomona, CA, in their missile systems division. Bob was an avid golfer much of his adult and was now able to devote more time to the game. The family settled in a home on the 2nd fairway of Via Verde Country Club in San Dimas. They were involved members, and Bob served on the Men's Association Board of Directors from 1989-1992 and as President in 1993.

Upon his ultimate retirement, Bob and his bride returned to San Diego – to a Tierrasanta home they'd owned since being stationed there in 1976 – and he became a Rules Official for the Southern California Golf Association, officiating various tournaments. He was a keen study and aced the U.S. Golf Association test with a perfect score. He served a decade in this role.

Another passion in retirement was travel. In addition to visiting family, he and his wife went on many cruises, including a month-long South Pacific jaunt. He had initially resisted the idea of cruising as an enjoyable activity, likening it to a busman's holiday. Bob then found it to be far more luxurious than any cruise in his naval career. In his final years, when golf was too hard on the old goat's joints, he was a voracious reader, and enjoyed many good films.

Bob also joined his wife in being charter members of Tierrasanta Village of San Diego (TVSD), attending gatherings when he was able. He appreciated the support of TVSD, especially using time dollars for airport rides and providing Anne with a social outlet when he was homebound.

His final bucket list item was achieved 30 September 2017 when - in full dress uniform - he escorted his youngest daughter down the aisle at her wedding at the North Chapel on the former Naval Training Center San Diego. Presiding at the wedding was Captain Adam Curtis, USN, Ret., a deacon at Ascension Catholic Parish in Tierrasanta, who visited often with Bob towards the end, both at home & in his final few months at Elmcroft.

He is survived by his wife of 64 years, the former Anne Elizabeth Lawver of Westwood, New Jersey. Also surviving Bob are 5 of his 6 daughters, LTCOL Cecilia 'Cele' Hoffman Eifert, USAF, Ret. (Ron), Carolyn 'Cari' Hoffman (Bob Steininger), Constance 'Connie' Hoffman Stoyakovich (David), Claire Hoffman (Sean Souney), and Christiane Hoffman Frank (Greg); 8 grandchildren; and 2 great granddaughters.

Bob was preceded in death in 1996 by his 2nd daughter, LCDR Catherine 'Cathy' Hoffman Nienhuis, USN (Glen), as well as his parents, brothers Richard and Thomas; and sister Mary Anne.

Memorial services were conducted on 14 August 2018 at Ascension Catholic Parish in San Diego with military honors provided by Naval Region Southwest. Inurnment will occur at a date to be determined at Arlington National Cemetery, where he will join daughter Cathy. In lieu of flowers, the family asks that donations be made in Bob's memory to the USNA Foundation for STEM Summer Programs in honor of his engineering degrees.

Condolences may be sent to Mrs. Anne L. Hoffman at 4177 Rueda Drive, San Diego, CA 92124.

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Proofing, Event & Calendar

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September Vibes

Wow! I hope everyone has survived the summer heat! Personally, I'm ready to move on! As I hear about the kids heading back to school and summer coming to an end, I can't help but think about all the exciting times we at TVSD have ahead of us.

Of course, September brings a TVSD epic event, the Tenth Anniversary Party on September 27th. As I write this, tickets are nearly gone! Don't worry if you waited too late. We'll miss you, but Mike will have lots of photos and your fellow members will be sharing stories for weeks after!

From October 7th thru 10th, the Village to Village Network will host the Annual National Village Gathering right here in San Diego! It will convene at the Hyatt Regency, Mission Bay and will feature three full days packed with lectures, workshops, exhibits and discussion groups with starting and maintaining a Village the main focus. The hi-lite for TVSD will be the recognition of our own Fran & Greg Zweibel as 2017 Volunteers of the Year!! (You may recall that they were not able to attend the 2017 Gathering.) Several of your Board members will be attending workshops and the Recognition Dinner. We'll have a full report after.

Many of us are up for membership renewal this month and I need to give a quick shout-out to all who have paid their dues. It's difficult to remember those pesky little things, but we appreciate your promptness!

Before I close, I want to welcome Missy back! Talk about leaving a void – she left a serious one and I know that everyone is happy to see her return! Be gentle with her! We don't want her leaving us again!

Welcome home, Missy!

Joyce

Fund Development Committee Needs a Few More Members

Want to get involved with the Village but don't have a lot of time? Why not consider joining the Fund Development Committee to help ensure the success of our Annual Donor Drive? As a committee member, from Nov. 1 to Dec. 30th you'll be asking members what they like best about being in the Village. Their responses will go in the Vibes as a reminder to donate.

Thanks so much to the following who joined the committee:

- Balance Class: Ken Ross and Delise Konigsbach
- Book Club: JoAnne Kuelbs
- Bunco: Bradlyn Mulvey
- TVSD Board: Janice Trantham
- Games: Donna Dobey

If you would like to represent Tai Chi, Chair Yoga, Ma Jongg, Classic Movies, Bridge, Knit and Nosh, Chair Yoga, SNAP, or the Lunch Bunch, join the Fund Development Committee by contacting Janice Trantham at:

jtranth1@san.rr.com

or call 858.278.0016.

DVD Movie Party

Tuesday, September 25 – 6 pm

"Book Club"

Diane Keaton & Jane Fonda

RSVP to Diane Levine 858-292-0610

Knit & Nosh

4th Wednesday – Sept. 26

12:30 pm

We knit/crochet baby blankets, scarves, and hats for breast cancer survivors, and lap blankets for Vets and residential care patients.

Contact: Virginia Inouye
phone: 278-8847

Village Book Club

September 19 – 7 PM

Exit West

by Moshim Hamid

Contact: JoAnne - 858-292-1578

Bridge Games

At the VMC

Want to get in on a bridge game?

Groups are pre-arranged but substitutes are needed from time to time.

Cool Games

Thursdays 12:30-2:30

Come join us for games on Thursday afternoons.

Donna Dobey
858-279-0964

Mah Jongg

Thursdays -- VMC – 10 to Noon

This is an RSVP game...A new group can be formed for beginners.

Contact: Fran Zweibel

Evening Bunko – 9/18

3rd Tuesday of Month

6:00 PM (offsite)

This is an RSVP game limited to 16 players.

Contact: Ginny VanBenthuyssen

Guess! – Balance Class showed off their shoes during a recent class. Some even wore socks!

Village Interest Groups

Billiards

Mondays & Thursdays 10:15 AM

Bob Muldrew - 292-8405

The pool table area is open for play anytime weekdays.
8:30 am – 2:30 pm

Film Classics

Friday – Sept. 14 – 12:30 N - 2:30 PM

"A BEAUTIFUL MIND"

Biographical Drama -- 2001

Russell Crowe – Jennifer Connelly

Ed Harris – Christopher Plummer

A BEAUTIFUL MIND is a 2001 American biographical film based on the life and work of John F. Nash Jr., a brilliant mathematician & a Nobel Laureate in Economics. The film was directed by Ron Howard from a screenplay written by Akiva Goldsman. It was inspired by a bestselling 1998 Pulitzer Prize-nominated book of the same name by Sylvia Nasar.

The story begins in Nash's days as a brilliant graduate student at Princeton University. Later in the film Nash, on the brink of national acclaim, begins to develop paranoid schizophrenia. He endures delusional episodes while painfully watching the loss in his work, and the burden his condition brings upon his wife Alicia (Connelly) and friends.

The film opened in United States cinemas on December 2001. It went on to gross over \$313 million worldwide, and won 4 Academy Awards: Best Picture, Best Director, Best Adapted Screenplay, and Best Supporting Actress. It was also nominated for Best Actor, Best Film Editing, Best Makeup and Best Original Score.

In addition to 4 Academy Awards and four Oscar nominations, the film also won 4 Golden Globe Awards: Best Picture, Best Actor, Best Actress, and Best Director.

The British Academy of Film & TV Awards (BAFTA) awarded the film Best Actor, Best Actress, and nominations for Best Picture and Best Director.

Gloria Stevens: 858-505-4188

Lunch Bunch

September 5 – 11:30

Khan's Cave – CM Blvd.

Romeo Club

September 20 -- 11:30

Andiamo's

SNAP

September 15 -- 5 PM

Miguel's Cantina – Old Town

Carpool at McD – 4:30 PM

Hiking With Bob

Do not register on Website email, phone, or just show up.

1.5 hour/1.5+ mile (Tierrasanta Canyons), Tierrasanta Community Park to Promesa strip to Powerline canyon to North Rueda canyon loop. On **Fri, 07 Sep 2018 (first Friday)**, we gather on the steps to the swimming pool facility at 8:30 AM. (Drive east on Clairemont Mesa Blvd and turn left into our park.)

1.5 hour/1.5+ mile (Mission Trails) Shepherd Pond Ridge loop. On **Fri, 21 Sep 2018 (third Friday)**, we gather at the Catalina entrance to the park at 8:30 AM. (Drive east on Clairemont Mesa Blvd, make a left turn on Villa Vallarta. Go two blocks, and make a right turn onto Collegio Drive - up a hill to a "T". Turn left on to Alejo Street - which curves around to the right. At the third left, turn on Belardo Drive. Go one block, & turn right on to Camino Playa Catalina. The road eventually curves around to the left - a canyon appears off to the right, with no houses on that side. Keep climbing; park on the right - up near where the road ends.)

In general, utility roads are at least 6' wide, and trails are mostly 3' wide. Vegetation in Mission Trails is mostly chaparral - plus some cactus & (canyon bottom) oaks. Tierrasanta Canyons (down bottom) receive more more water from canyon side runoff, and are more lush.

Bob Muldrew: 292-8405

SUN	MON	TUE	WED	THU	FRI	SAT
				SNAP September 15 -- 5 PM Miguel's Cantina – Old Town Carpool at McDonalds 4:30 PM		1
2	3 Labor Day VMC CLOSED FOR LABOR DAY HOLIDAY	4 9:00 AM - Balance Class	5 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:30 AM - Lunch Bunch	6 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	7 8:30 AM - Walks with Bob - 1.5 hr/1.5+ mi Hike Tierrasanta Cyns 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	8
9	10 Rosh Hashanah (1st Day) 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge 3:00 PM - Members Monthly Meeting	11 9:00 AM - Balance Class	12 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	13 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games - BUNCO	14 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies "A BEAUTIFUL MIND" <i>Russell Crowe</i> <i>Jennifer Connelly</i>	15 S N A P
16	17 9:00 AM - Chair Yoga 10:15 AM - Billiards 10:30 AM - COFFEE & CONVERSATION 12:30 PM - Monday Bridge	18 9:00 AM - Balance Class 6:00 PM - BUNCO	19 Yom Kippur 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 7:00 PM - Village Book Club	20 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 11:30 AM - ROMEO - Andiamo Ristorante 12:30 PM - Games	21 8:30 AM - Walks with Bob - 1.5 hr/1.5+ mi Hike Mission Trails 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 1:00 PM - TimeBank Coffee	22 Autum Equi- nox
23	24 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	25 9:00 AM - Balance Class 12:30 PM - Care Committee Meeting 6:00 PM - DVD Movie Party "Book Club"	26 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Knit & Nosh	27 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games 5:00 PM - 10th Anniversary Dinner Butcher Shop	28 9:00 AM - Chair Yoga 10:00 AM - Tai Chi No Classic Movie today	29
30						

“Can You Believe it”



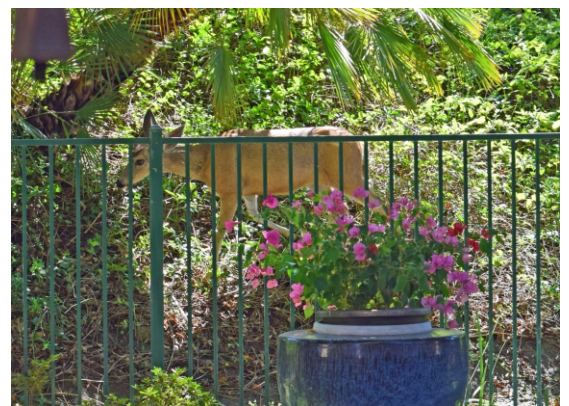
Bev Sheehan hasn't changed a bit!



**More Luau pics
from Parker's home**



**Guess who
came to
Breakfast at
Mike Rigdon's
last month?**



**July 13
Concert
in the
Park**



Tierrasanta Village of San Diego

Village Business Supporters

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858-573-9600
TierrasantaAce.com

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our Village.**

**Be sure to
support them.**

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San Diego
858-204-8204 (cell)

Elam's Hallmark

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Christmas ornaments...with your
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858-268-0810

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pctraining@pacbell.net

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with your membership card
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858-292-5049

Beautician

Brittany Killen-Scruggs
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4240 Kearny Mesa Rd #105
858-616-7377



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Discounted fees for Villagers

Kim Klecan Owner/Realtor,
Tierrasanta resident, 25 yrs experience
619-261-9612

Members Generously Support Our Village

After getting the news that our San Diego Unified School District Foundation grant was not funded to purchase a portable public address system, the following members volunteered to help buy the equipment: Roy Gilmour, Mike Rigdon, Fran and Greg Zweibel, and Janice Trantham. Many thanks to these members for their donations. Thanks also to Greg for doing the research. We can now all hear better at meetings, and not worry about tripping over cords

In preparation for the 10 Year Anniversary, we needed an LED projector which projects images from a computer. Again, members stepped up and donated to purchase the equipment. Thanks so much to Marilyn Bente, Don Stewart, and Gayle Rolan for their contributions. This equipment can be used whenever we have meetings, training, or events where we need to project images from a computer.