



Tierrasanta Village of San Diego

Village Vibes

“Living for Today: Planning for Tomorrow”

November 2018

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+. TVSD promotes social connections and helps our members thrive and remain independent. We plan many special events, print this newsletter, and create activities for different passions and interests.

Villagers Celebrate Halloween



Halloween Potluck.
Devilishly Bewitching.



Hope you will join
us next year!

To see all photos: <https://rigdon.smugmug.com/TVSD-Material/TVSD-Halloween-Potluck/>

TVSD, 10601 Tierrasanta Blvd. #G-405, San Diego, CA 92124....Phone 858-569-9119...Email...tierrasantavlg@gmail.com
We meet at the Villa Monterey Clubhouse, 5275 Rimpark Lane....On the Web: TierrasantaVillage.org

Village Business

Monthly General Meeting

November 5 – 3 PM
7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Time Bank

Orientation and Training
By appointment Only,
Call the Office at 569-9119

Website Training

By appointment Only, Call the
Office at 858-569-9119

Balance & Strength Class

Tuesday 9 AM
Instructor: Lesley Norris
Thursday 9 AM
Instructor: Robert Tillung

Chair Yoga for Seniors

Monday, Wednesday and Friday
9 AM – VM Clubhouse

Aging & Independent Services Tai Chi Class

Wednesday and Friday at 10 AM
Open to the entire community.



Visit the Lions, Tigers, & Bears Sanctuary with the Social Committee

There will be a guided tour of the sanctuary to learn about the rescued animals, their rescue stories, and general facts about each species.

We also will visit their domestic animals and talk about the differences and similarities between treating exotic animals and domestic animals. The sanctuary has a cart that can carry up to 5 people for those who need it. Everyone must sign a waiver before entering the sanctuary.

Date: Friday, November 16, 2018

Where: 24402 Martin Way, Alpine, CA 91901

We will meet at 9 AM at McDonald's to carpool

Tour: 10AM to Noon Cost: \$37

Lunch to follow at Janet's Montana Café in Alpine at members' expense. It is advisable to wear layered clothing to allow for varying weather and to wear comfortable shoes. You may wish to bring water.

Register online or call the TVSD office. **Payment must be made by Friday, November 9th.** You may bring check made out to Jocelyn Brierton to the Clubhouse or give it to Jocelyn directly. **Please be aware that registration is not complete without payment.**

San Diego Bay Parade of Lights 2018

Join other Villagers for the 47th Annual San Diego Bay Parade of Lights. This year the theme for the boat decorations is Tropical Island Christmas. We will gather for drinks, dinner, and viewing at Tom Ham's Lighthouse.

Date: December 16, 2018
Time: 4:30 P.M. (Be at restaurant at this time)
Place: Tom Ham's Lighthouse Restaurant
2150 Harbor Island Drive, San Diego, CA 92101



Register online starting on November 12. Space is limited to 28 members and significant others. Attendees are responsible for the cost of their own meals and drinks. It is advisable to set up your own carpools.

If you have questions, please contact Jocelyn Brierton.

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Missy Rainier – 569-9119

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Editor.....**Mike Rigdon**
Proofing, Event & Calendar
Missy Rainier – Gayle Rolan

TVSD is a 501c3 organization
Federal Tax ID # 26-2975168

2018 Annual Donor Drive Kicks Off

Fall is a time when we start looking forward to the holidays, giving thanks, being with family and friends at Thanksgiving, and holiday gift giving. We hope you will give a little extra to the Village when planning your gift giving this year.

On November 1st we kicked off our Annual Donor Drive. It is shorter this year, only eight weeks, and ends on December 31st. This year, our goal is \$14,000. Funds received during the Annual Donor Drive will be used to help cover expenses which are expected to increase in 2019. Your generous donation helps pay for the Holiday Dinner, St. Patricks Day and Halloween events.

We hope you will consider donating to our Annual Donor Drive. When considering a donation, think about why the Village is important to you. If the Village was not here, what would you miss the most?

Donating is easy and 100% tax deductible. On the TVSD website www.tierrasantavillage.org click Support Us. Click: Making Donations, click: Donations-Year End. Your donation can be anonymous, if that works for you. If it is easier for you, stop by the VMC and drop off your check.

The TVSD Board and Fund Development Committee appreciate your support.

Recognition to TVSD 2017 Annual Donor Drive Contributors

TVSD raised \$12,750 during our 2017 Annual Donor Drive. We appreciate and recognize all who donated to last year's campaign. Contributions were used to fill the gap between our income from membership, and the expenses required to keep our Village running.

A total of 53 members donated, representing 49% of our membership. Thanks and appreciation to the following members, who agreed to be recognized, and were among the 2017 Annual Donor Drive contributors:

Anne Hoffman

Janice Trantham and Mick Tartaglia

Trish Newbill

Linda Rees

Marilyn Bente

Gayle Rolan

Candy and PK Walsh

Joyce Muinos

Fran Pierce

Ellen Scott

Alan and Marianne Meth

Patricia Mudd

Ann Lasdon

Kathy Farrington

Claire Blum

Donna Dobey

Barbara Allison

Nancy Fahien

Barbara and John Lester

Eva Turner

Sue Christian

Laurie Brown

Carol and Pete Burgert

Delise Konigsbach

Fran and Greg Zweibel

Barb Kanneman

Jeanette Vlassis

Kenneth and Susan Ross

Jean Kerr

Diane Modrzejewski

Jim and Virginia Inouye

Jim and Beny Parker

Bob and Karen Muldrew

Allan and Jane Rappoport

Bev and Mike Sheehan

JoAnne Kuelbs

Mike Rigdon

Missy Rainier

Letter from a TVSD Founder – Susan Deininger

Dear Tierrasanta Friends,

It was wonderful to see you all some ten years after we met, to consider the changes that have occurred in and for all of us and to appreciate your strength and resilience as you support one another.

Thank you for inviting me to the celebration. It was beautifully done and Trish, I didn't imagine back in 2009, when I asked you if you would keep a history of Tierrasanta Village, just what a loving and careful job you would do. Thank you!

Love to you all and much grace. If you come to Texas, drop by Kerrville to say 'hello' and share a meal. Be gentle with one another, appreciate your differences and share freely-it does return tenfold!

BALANCE CLASS

We are happy to announce that we have found an Instructor to teach our Thursday Balance class - beginning Thursday, November 1 !!

Please join us in welcoming Robert Tillung, who is a Personal Trainer & Instructor and currently teaches or has taught at several communities throughout the San Diego area.

Let us know if you have any questions. We hope you enjoy working with **Robert!**

Janice Trantham

Care Committee Member - to Member Forum

Survey says???? Many of our members indicated an interest on a recent Care Committee survey for an opportunity to explore the joys and tribulations of aging. A Member-to Member forum is scheduled for Tuesday, **November 20th at 12:30 at the clubhouse.** Please come to explore questions such as: The best part of being this age.....I hate it when.....The funniest thing happened to me.....I am most concerned about.....(And many more!)

It's OK to come a bit grouchy. We will all leave laughing!

Remember, reaching this stage of maturity is a privilege denied to many!

Hope to see you there.

**2018 Holiday Season
will be here soon
Be ready for another
Social Event Holiday
Party – December 3**

**Cover Photo
US Flag
Flies High Above
the USS Midway**



Tierrasanta Village of San Diego

November 2018

SUN	MON	TUE	WED	THU	FRI	SAT
			<div> SNAP (Singles Network of <u>A</u>ctive <u>P</u>eople) Saturday – November 17 – 5 PM McDonalds Carpool at 5 PM Admiral Baker Golf Course Café </div>	1 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	2 8:30 AM - Walks with Bob - 1.5 hr/1.5+ mi Hike 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	3
4	5 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge 3:00 PM - Members Monthly Meeting -	6 ELECTION DAY CLUBHOUSE CLOSED FOR ELECTION DAY	7 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:30 AM - Lunch Bunch Admiral Baker Golf Course Café	8 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	9 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies – “Anna Karenina” Kira Knightly – Jude Law	10
11 V e t e r a n s	12 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	13 9:00 AM - Balance Class 1:00 PM - Core Team Captains Meeting	14 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	15 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 11:30 AM - ROMEO - Dark This Month 12:30 PM - Games	16 8:30 AM - Walks with Bob - 1.5 hr/1.5+ mi Hike 9:00 AM - Chair Yoga 9:00 AM - Lions, Tigers & Bears in Alpine, CA 10:00 AM - Tai Chi	17 S N A P
18	19 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	20 9:00 AM - Balance Class 6:00 PM - BUNKO	21 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 7:00 PM - Village Book Club “The Fig Orchard Layla Fiske	22 Thanksgiving Day CLUBHOUSE CLOSED	23 9:00 AM - Chair Yoga 10:00 AM - Tai Chi No Classic Movie This Date	24
25	26 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	27 9:00 AM - Balance Class 12:30 PM - Care Com.Mtg. 6:00 PM - DVD Movie Party “Crazy Rick Asians” Constance Wu / Henry Golding	28 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Knit & Nosh	29 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	30 8:30 AM - Walks with Bob Tierrasanta Cyns 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	DEC 1

Village Interest Groups

DVD Movie Party

Tuesday, November 27 – 6 pm

“Crazy Rick Asians”

Constance Wu / Henry Golding

RSVP to Diane Levine 858-292-0610

Knit & Nosh

4th Wednesday – Nov. 28

12:30 pm

We knit/crochet baby blankets, scarves, and hats for breast cancer survivors, and lap blankets for Vets and residential care patients.

Contact: Virginia Inouye
phone: 278-8847

Village Book Club

3rd Wednesday Nov. 21 – 7 PM

The Fig Orchard

Layla Fiske

No Book for December

Contact: JoAnne - 858-292-1578

Bridge Games

Offsite

Want to get in on a bridge game?

Groups are pre-arranged but substitutes are needed from time to time.

Cool Games

Thursdays 12:30-2:30

Come join us for games on Thursday afternoons.

Donna Dobey
858-279-0964

Mah Jongg

Thursdays -- VMC – 10 to Noon

This is an RSVP game...A new group can be formed for beginners.

Contact: Fran Zweibel

Evening Bunko – 11/20

3rd Tuesday of Month

6:00 PM (offsite)

This is an RSVP game limited to 16 players.

Contact: Ginny VanBenthuyssen



Film Classics

“ANNA KARENINA”

Friday – November 9 – 12:30 N - 2:30 PM

Historical Drama - 2012

Kiera Knightly - Jude Law

An epic love story, ANNA KARENINA is based on the world famous, 800-page novel, from 1878 by Leo Tolstoy. Countess Anna is the beautiful, aristocratic wife of Imperial Russia's most esteemed, wealthy government official (Jude Law) – 20 years her senior.

Anna seems to have it all. But during a train journey to Moscow, she encounters a dashing cavalry soldier – Count Alexei Vronsky -- & there is a spark of instant mutual attraction. She is swept up in a passionate, destructive affair that will shock her society & nation, as well as the lives of everyone around her.

With gossip rife within their elite circle, Anna's husband discovers their indiscretions, setting off a fateful chain of events.

Before meeting Anna, Vronsky was engaged to Kitty, an 18-year old girl who is remotely related to Anna's family. He breaks up with Kitty & is eager to marry Anna, if she will agree to leave her husband, Count Karenin. But Anna is vulnerable to the pressures of Russian social norms, the moral laws of the Russian Orthodox Church, her own insecurities, & losing her 9-year old son.

Following her heart (ignoring Society's expectations) Anna & Vronsky go to Italy, where they can be happier together. But they have trouble making friends & assimilating. Back in Russia, she is shunned, becoming further isolated, anxious, & paranoid about Vronsky's imagined infidelity, fearing loss of control.

The story contains a second parallel plot: Konstantin Levin (a character Tolstoy based upon his own philosophy & life values) is a wealthy landowner who had pursued Kitty before she became engaged to Vronsky, & still loves her. He (like Tolstoy) rejects glitzy city life & those same social circles, preferring his rural life & farm, but struggles with his love for Kitty, who had initially rejected him for Vronsky.

The story explores a diverse range of topics throughout, such as the feudal system that existed in Russia at the time – policies, not only in the Russian government, but at the level of individual characters & families, religion, morality, gender & social class.

The events in the film take place in St. Petersburg in 1873 against the backdrop of rapid transformations, as a result of the liberal reforms initiated by Emperor Alexander II of Russia. Principal among these are: the Emancipation Reform of 1861, followed by judicial reform, including a jury system, military reforms, introduction of elected local governments, the fast development of railroads, banks, industry, telegraph, the rise of new business elites, & the decline of old landed aristocracy, a freer press, the awakening of public opinion, etc. These contemporary developments are hotly debated by the characters in the novel & film.

ANNA KARENINA is commonly thought to explore the themes of hypocrisy, jealousy, faith, fidelity, family, marriage, society, progress, carnal desire, passion and the agrarian connection to land in contrast to the lifestyles of the city.

One of the story's key messages is:

“No one may build their happiness on another's pain.”

Gloria Stevens: 858-505-4188

Billiards

Mondays & Thursdays 10:15 AM

Bob Muldrew - 292-8405

The pool table area is open for play anytime weekdays.

8:30 am – 2:30 pm

Lunch Bunch

November 7 – 11:30

Admiral Baker Golf Course Café

Carpool at McDonalds

Romeo Club

Dark in November and December

SNAP

November 17 -- 5:30 PM

Kabobgee Grill

Carpool at McDonalds – 5:00 PM

Hiking With Bob

Do not register on Website email, phone, or just show up.

We're shifting to the November-May (seven month) “winter” schedule this month. The longer hikes are now two hours. Additionally, all day hikes (long & introductory) start at 8:30 AM.

One hour/one+ mile (Introductory - in Mission Trails), Quarry Loop: On Fri, 16 Nov 2018 (third Friday) at 8:30 AM, we gather at the “L” shaped intersection of Calle de Vida & Colina Dorado. (Drive east on Clairemont Mesa Blvd. to the last right turn - Rueda Drive; go south three blocks to Calle de Vida, turn left; drive to Colina Dorado & stop/park.) Along the way, we gradually climb a 100 foot hill; then go down hill or level, most of the way back. We get a great view of an active quarry that's down near Mission Gorge Road.

Two hour/two+ mile (Tierrasanta Canyons), Northwest Loop: On Fri, 30 Nov 2018 (fifth Friday), we gather at 8:30 AM. (Meet near the ATM at the north end of the Vons shopping center, next to Santo Road.) This Route pieces together various park, open space, & private walkways to give an interesting view of this lightly visited section of our community. Long pants & a walking stick are recommended. (Some spare sticks are available to use.)

In general, utility roads are at least 6' wide, and trails are mostly 3' wide. Vegetation in Mission Trails is mostly chaparral - plus some cactus & (canyon bottom) oaks. Tierrasanta Canyons (down bottom) receive more more water from canyon-side runoff, and are more lush.

Bob Muldrew: 292-8405



Fran & Greg Zweibel

Longtime Tierrasanta Residents Recognized as “2017 National Volunteers of the Year”

Fran and Greg Zweibel, longtime Tierrasanta residents, were honored at the National Village-to-Village Conference as “National Volunteers of the Year.” Their Award was presented at a reception on the opening day of the Conference on October 7, at the Hyatt Hotel, Mission Bay.

Both Fran and Greg are charter members of TVSD, Tierrasanta Village of San Diego, one of 240 villages nationwide. During the 10 years of this organization, they have donated countless hours and their many talents volunteering to help create the Village and to sustain it. Fran has served on the Board of Directors as Secretary, and currently is Vice-President. She is the Administrative Liaison and Core Team Leader in charge of Administrative Affairs. Greg serves on the IT Team and is the Operations Manager, tending to the physical day-to-day responsibilities of keeping the Village running smoothly. And they do all of this on a volunteer basis! TVSD is proud of these two outstanding members and salutes their national recognition!



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CLASSIC MOVIE

“ANNA KARENINA”

**November 9, 2018
12:30 – 2:30 PM
VM Clubhouse**

See Page 6 for Review

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“CRAZY RICH ASIANS”

November 27, 2018 – 6:00 PM

5429 Oakleaf Point

This is a contemporary romantic comedy, based on a global bestseller. It follows native New Yorker Rachel Chu (Constance Wu), to Singapore to meet her boyfriend, Nick Young's (Henry Golding) family. While there, she discovers his secret which brings havoc and shock into her life.

RSVP to Diane Levine – 858-292-0610

Tierrasanta Village of San Diego Village Business Supporters

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10645-F Tierrasanta Blvd
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858-573-9600
TierrasantaAce.com

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10% off with membership card
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San Diego
858-204-8204 (cell)

Elam's Hallmark

"Your Neighborhood Gift Store"
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Christmas ornaments...with your
membership card and Gold
Crown Rewards card
10621 Tierrasanta Blvd.
858-268-0810

Computer Services Computer Consulting

and Set-up
\$5 off the hourly rate
Art Larkin
858-277-4131
pctraining@pacbell.net

Klassic Dry Cleaners

and Formal Wear
5% off dry cleaning
with your membership card
5950-J Santo Road
858-292-5049

Beautician

Brittany Killen-Scruggs
15% off for Villagers
4240 Kearny Mesa Rd #105
858-616-7377



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Discounted fees for Villagers

Kim Klecan Owner/Realtor,
Tierrasanta resident, 25 yrs experience
619-261-9612



**RUEDA
Neighborhood
Group Social
10/11/2018**

