



Tierrasanta Village of San Diego

Village Vibes

“Living for Today: Planning for Tomorrow”

December 2018

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+.

TVSD promotes social connections and helps our members thrive and remain independent.

We plan many special events, print this newsletter, and create activities for different passions and interests.

Villagers Visit “Lions, Tigers & Bears Sanctuary – Alpine, California



To see all photos: <https://rigdon.smugmug.com/TVSD-Material/Lions-Tigers-Bears-Sanctuary-Alpine-2018/>

TVSD, 10601 Tierrasanta Blvd. #G-405, San Diego, CA 92124....Phone 858-569-9119...Email...tierrasantavlg@gmail.com
We meet at the Villa Monterey Clubhouse, 5275 Rimpark Lane....On the Web: TierrasantaVillage.org

Village Business

No Monthly Meeting Annual Holiday Party

December 3 – 5:30 – 8 PM
7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Time Bank

Orientation and Training
By appointment Only,
Call the Office at 569-9119

Website Training

By appointment Only, Call the
Office at 858-569-9119

Balance & Strength Class

Tuesday 9 AM

Instructor: Lesley Norris

Thursday 9 AM

Instructor: Robert Tillung

Chair Yoga for Seniors

Monday, Wednesday and Friday
9 AM – VM Clubhouse

Aging & Independent Services

Tai Chi Class

Wednesday and Friday at 10 AM
Open to the entire community.



Holiday Dinner Party

December 3, 2018

5:30 P.M. until 8 P.M.

7th Day Adventist Church

Celebrate the season with the Village's annual holiday dinner party. A catered dinner of turkey and ham plus all the trimmings will be served. We will be treated to the acoustical guitar music of Tom Lunneberg.

*The cost is \$10 for members and \$20 for non-member guests. Register online or call the JV&D office. **Registration must be made by November 23rd.** Bring your check to the office made out to JV&D by that date.*

There is a phrase that charity begins at home. This year we are asking you to support our JV&D Annual Donor Drive for the sustainability of our Village.



Mah Jongg

Thursdays -- VMC -- 10 to Noon

Billiards is popular on
Monday & Thursday



Board of Directors

President

Joyce Muinos

"Past President"

Linda Rees

Vice President - Administration

Fran Zweibel

Vice President

Fund Development

Janice Trantham

Treasurer

Mike Rigdon

Secretary

Marilyn Bente

Membership

Ginny VanBenthuyssen

Neighborhood Groups

Jeanette Vlassis

Time Bank

Candy Walsh

Co-Founders

Candy Walsh

Susan Deininger LCSW

Operations Manager

Greg Zweibel

Front Desk Coordinator

Missy Rainier – 569-9119

Vibes Staff

Editor.....**Mike Rigdon**

Proofing, Event & Calendar

Rhoda Keegan – Gayle Rolan

TVSD is a 501c3 organization
Federal Tax ID # 26-2975168



San Diego Bay Parade of Lights 2018

Villagers will gather for the 47th Annual San Diego Bay Parade of Lights. This year the theme for the boat decorations is Tropical Island Christmas. We will gather for drinks, dinner, and viewing at Tom Hams Lighthouse.

Date: December 16, 2018

Time: 4:30 P.M. – Rendezvous at Restaurant)

Place: Tom Hams Lighthouse, 2150 Harbor Island Drive



Wine & Cheese Celebration of TVSD's 10th Anniversary:

Open House for members with prospective members invited as guests, and special guests such as presidents of Tierrasanta Womens Club, Tierrasanta Foundation, and Kiwanis and representatives from other San Diego County Villages.



What Will It Take to Step Up?

by Janice Trantham

On a recent trip to Lions Tigers and Bears, Village members moved away from harm's way while a pride of lions was being transferred to their recently cleaned habitat.

The group was waiting near the gift shop, when a rogue rooster attacked several Village members, pecking with intent to harm! As the group moved away from the rooster, contemplating what to do, a brave man with a cane stepped up. Art Mulvey pointed his cane at the rooster and thwarted off the attack. One step forward, then two, cane thrust forward, the rooster had met his match and backed down.

You too can step up and make a difference during our annual donor drive. Like Art with his cane, at a time when you are needed, you can step up and help us reach our \$14,000 goal. \$400 pays for bookkeeping services for one year. A \$360 donation covers payroll taxes for a year.

Many thanks to all who have generously donated. Donating is easy and 100% tax deductible. Go to www.tierrasantavillage.org and click Support Us. Click: making Donations, click: Donations Year End. If it is easier for you, stop by the VMC and drop off your check.

The TVSD Board and Fund Development Committee appreciate your support.

Tidbits From the Time Bank

This busy holiday season might include a need for help in doing your shopping for special presents! Look under the Home: miscellaneous category, you will see a listing for a personal shopper. For your party you might be pleased to avail yourself of a large coffee urn, extra table and chairs, or even a car seat for a visiting grandchild; they are available for loan under miscellaneous category.

A very useful addition to your offers exists in the timebank program is to add a photo of your offering such as cooked dish, or other item that you are willing to provide"

If you have an offer please do not hesitate it to add it to your profile. If it is only a one time offer, your fellow time bankers will be grateful to know.



It was a typical Beautiful day on
San Diego Bay
We enjoyed lunch at the Fantail Cafe



Cover Photo
US Flag
California Flag
San Diego City Flag

Blast from the Past
Villagers visit the
USS Midway

SUN	MON	TUE	WED	THU	FRI	SAT
		<div> <div>Holiday Party</div> <div>December 3 – 5:30 PM</div> <div>7th Day Adventist Church</div> <div>Main Hall</div> </div>		<div> <div>Tom Hams Lighthouse</div> <div>Parade Of Lights</div> <div>Dinner Event</div> <div>December 16</div> <div>4:15 - 8 PM</div> </div>		1
2	<div> <div>3</div> <div>Hanukkah (1st Day)</div> <div>9:00 AM - Chair Yoga</div> <div>10:15 AM - Billiards</div> <div>12:30 PM - Monday Bridge</div> <div>6 - 8 PM – Holiday Party</div> <div>at 7th Day Adventist</div> </div>	<div> <div>4</div> <div>9:00 AM - Balance Class</div> </div>	<div> <div>5</div> <div>9:00 AM - Chair Yoga</div> <div>10:00 AM - Tai Chi</div> <div>11:30 AM - LUNCH BUNCH</div> <div>Choice of Mandarin</div> </div>	<div> <div>6</div> <div>9:00 AM - Balance Class</div> <div>10:00 AM - Mah Jongg</div> <div>10:15 AM - Billiards</div> <div>12:30 PM - Games</div> </div>	<div> <div>7</div> <div>8:30 AM - Hikes with Bob -</div> <div>9:00 AM - Chair Yoga</div> <div>10:00 AM - Tai Chi</div> </div>	8
9	<div> <div>10</div> <div>9:00 AM - Chair Yoga</div> <div>10:15 AM - Billiards</div> <div>10:30 AM - COFFEE & CONVERSATION</div> <div>12:30 PM - Monday Bridge</div> </div>	<div> <div>11</div> <div>9:00 AM - Balance Class</div> </div>	<div> <div>12</div> <div>9:00 AM - Chair Yoga</div> <div>10:00 AM - Tai Chi</div> </div>	<div> <div>13</div> <div>9:00 AM - Balance Class</div> <div>10:00 AM - Mah Jongg</div> <div>10:15 AM - Billiards</div> <div>12:30 PM - Games</div> </div>	<div> <div>14</div> <div>9:00 AM - Chair Yoga</div> <div>10:00 AM - Tai Chi</div> <div>12:30 PM - Classic Movies</div> <div>“Hercule Poirot’s Christmas”</div> <div>An Agatha Christie Mystery</div> <div>David Suchet & Philip Jackson</div> </div>	15
16	<div> <div>17</div> <div>9:00 AM - Chair Yoga</div> <div>10:15 AM - Billiards</div> <div>12:30 PM - Monday Bridge</div> </div>	<div> <div>18</div> <div>9:00 AM - Balance Class</div> <div>6:00 PM - BUNKO</div> </div>	<div> <div>19</div> <div>9:00 AM - Chair Yoga</div> <div>10:00 AM - Tai Chi</div> </div>	<div> <div>20</div> <div>9:00 AM - Balance Class</div> <div>10:00 AM - Mah Jongg</div> <div>10:15 AM - Billiards</div> <div>12:30 PM - Games</div> </div>	<div> <div>21</div> <div>Winter Solstice</div> <div>8:30 AM - Hikes with Bob -</div> <div>9:00 AM - Chair Yoga</div> <div>10:00 AM - Tai Chi</div> </div>	22
23	<div> <div>24</div> <div>Christmas Eve</div> <div>CLUBHOUSE CLOSED</div> </div>	<div> <div>25</div> <div>Christmas Day</div> <div>CLUBHOUSE CLOSED</div> </div>	<div> <div>26</div> <div>Kwanzaa (1st Day)</div> <div>CLUBHOUSE CLOSED</div> </div>	<div> <div>27</div> <div>CLUBHOUSE CLOSED</div> </div>	<div> <div>28</div> <div>CLUBHOUSE CLOSED</div> </div>	29
30	<div> <div>31</div> <div>New Years Eve</div> <div>CLUBHOUSE CLOSED</div> </div>	<div> <div>1</div> <div>New Years Day</div> <div>CLUBHOUSE CLOSED</div> </div>				

DVD Movie Party

Dark in December

RSVP: Diane Levine 858-292-0610

Knit & Nosh

Dark in December

Contact: Virginia Inouye
phone: 278-8847

Village Book Club

Dark in December

3rd Wednesday – January 16

**“Eleanor Oliphant
is completely fine”**

Gail Honeyman

Contact: JoAnne - 858-292-1578

Bridge Games

Offsite

Want to get in on a bridge game?
Groups are pre-arranged but
substitutes are needed
from time to time.

Cool Games

Thursdays 12:30-2:30

Come join us for games on
Thursday afternoons.
Donna Dobey
858-279-0964

Mah Jongg

Thursdays -- VMC – 10 to Noon

This is an RSVP game...
A new group can be formed
for beginners.
Contact: Fran Zweibel

Evening Bunko – 12/18

3rd Tuesday of Month 6:00 PM (offsite)

This is an RSVP game
limited to 16 players.
Contact: Ginny VanBenthuyzen

Village Interest Groups

Film Classics

“Hercule Poirot’s Christmas”

Friday - December 14 - 12:30 N - 2:30 PM

**An Agatha Christie Mystery
David Suchet & Philip Jackson**

British mystery author, Agatha Christie, always included in all of her murder novels, a famous comedic Belgian detective – Hercule Poirot (DAVID SUCHET). This eccentric, dapper sleuth always seemed to ferret out the perpetrator in the most serpentine cases, with the sharpest of minds and the driest of wits. Set in the Art Deco elegance of 1930's England, each case is a treat for the eyes and the intellect.

This year Poirot was planning some time off, and a quiet Christmas in London. But a wealthy old man (Simeon Lee) calls him, asking for his help because his life is in danger. Lee is a bitter man who believes his large family is attempting to kill him for their inheritance. Poirot opts for a working holiday at Lee's lavish country estate, but when Lee is found murdered, it looks as though he was right.

Poirot ends up with a murder to solve, family politics to unravel, and shocking revelations from Lee's past to sort out. For extra assistance, Poirot contacts his old associate, the LONDON CHIEF INSPECTOR. The INSPECTOR agrees to assist, and is “...grateful to be rescued from Christmas with the in-laws.”

**** Only 1 movie in December ****

Gloria Stevens: 858-505-4188

Billiards

Mondays & Thursdays 10:15 AM

Bob Muldrew - 292-8405

The pool table area is open for
play anytime weekdays.
8:30 am – 2:30 pm

Lunch Bunch

Dark in December

Romeo Club

Dark in December

SNAP

Dark in December

Hiking With Bob

***Do not register on Website
email, phone, or just show up.***

Big news: In February it is likely that we'll climb the tallest (1,250+ feet) point in Tierra-santa; the peak is just south of the route 52 summit (- on the way to Santee). It is named North Fortuna Mountain. There'll be two preliminary (prior) hikes to get everyone in prime condition to attempt the climb. The first one is this month on Fri, 21 Dec (third Friday). The other is on **Fri, 18 Jan (third Friday)**. The big climb itself will take place on **Fri, 15 Feb (third Friday)**. Only a two inch rain storm (just before the main event) will delay things (a month).

Two hour/two+ mile (Tierrasanta Canyons), Tambor Connector-North Rueda Canyon (rim) Loop: **On Fri, 07 Dec 2018 (first Friday)**, we gather at 8:30 AM. Drive east on Tierrasanta Blvd past the library, down the hill to the last left turn, Colina Dorada Drive. Turn and go to Pendiente Court, turn left & go to the end of the cul de sac. Stop/park.)

Two hour/two+ mile (Mission Trails), Playa Cancun (uphill from Belsera area) to north base of North Fortuna Mountain, & back: **On Fri, 21 Dec 2018 (third Friday)**, we gather at 8:30 AM. (From the US post office shopping center, drive east on Portobello Drive to Playa Cancun, turn left. After a while, there are no more houses on the left - that's open space. Stop/park opposite 5132 Playa Cancun by a fence/gate.)

In general, utility roads are at least 6' wide, and trails are mostly 3' wide. Vegetation in Mission Trails is mostly chaparral - plus some cactus & (canyon bottom) oaks. Tierrasanta Canyons (down bottom) receive more water from canyon-side runoff, and are very lush.

Bob Muldrew: 292-8405

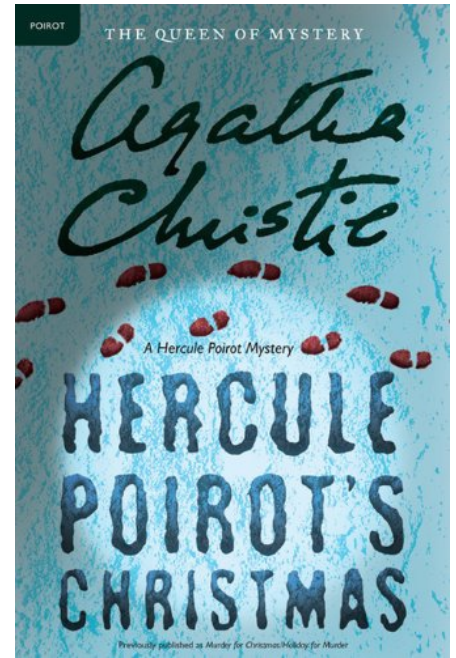




CLASSIC MOVIE
“HERCULE POIROT’S CHRISTMAS”

December 14, 2018
12:30 – 2:30 PM
VM Clubhouse

See Page 6 for Review



Mike Rigdon gets into it!



Marilyn Bente & Barbara Lester



Tierrasanta Norte Neighborhood Party! with Don & Gayle

Tierrasanta Village of San Diego Village Business Supporters

Choice of Mandarin

10% off your bill; dine in only;
with your membership card
10645-F Tierrasanta Blvd
858-268-0979

Tierrasanta Mexican Restaurant

10% off your bill; dine in only with
your membership card 5950 Santo
Road Suite E-F 858-277-3412

Gaetano's Italian Restaurant Monday-Thursday

10% off your bill dine in only
with your membership card
10615-H Tierrasanta Blvd
858-565-1665

Sub-Marina #2

\$1 off any sandwich
with your membership
card 10645-Z
Tierrasanta Blvd
858-560-5420

Island Style Café

10% off your bill; dine in only
with your membership card
5959-K Santo Road
858-541-7002

Dr. Paul V. Koepke, D.D.S.

FAMILY AND COSMETIC DENTISTRY



4926 La Cuenta Drive
Suite 100
San Diego, CA 92124
(858) 279-7680

www.drpaulsiles.com

10% Senior Discount Offered

Tierrasanta UPS Store

10% off all products and services
except UPS shipping and USPS
With your membership card
10601-G Tierrasanta Blvd.
858-292-8633

Long Island Mike's Pizza

20% off with membership card
Cannot use with other coupons
5250 Murphy Canyon Road
858-569-7499
longislandmikespizza.com

Tierrasanta Ace Hardware

Mike and Susan Scruggs, Owners
5% off with your membership card.
10615-A Tierrasanta Blvd.
858-573-9600
TierrasantaAce.com

**These
Local Businesses
support
our Village.**

**Be sure to
support them.**

Elam's Hallmark

"Your Neighborhood Gift Store"
10% off any purchase except
Christmas ornaments...with your
membership card and Gold
Crown Rewards card
10621 Tierrasanta Blvd.
858-268-0810

Computer Services Computer Consulting

and Set-up
\$5 off the hourly rate
Art Larkin
858-277-4131
pctraining@pacbell.net

Klassic Dry Cleaners

and Formal Wear
5% off dry cleaning
with your membership card
5950-J Santo Road
858-292-5049

Beautician

Brittany Killen-Scruggs
15% off for Villagers
4240 Kearny Mesa Rd #105
858-616-7377



Property Management-1 month FREE

+Reduced Rate - Buying or Selling?

Discounted fees for Villagers

Kim Klecan Owner/Realtor,
Tierrasanta resident, 25 yrs experience
619-261-9612

Magic Mel Hair Creations Van T. Truong Aesthetician

10% off with membership card
10601 Tierrasanta Blvd. - Suite J
San Diego
858-204-8204 (cell)



Robert Tillung

