



Tierrasanta Village of San Diego

Village Vibes

"Living for Today: Planning for Tomorrow"

January 2019

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+.

TVSD promotes social connections and helps our members thrive and remain independent.

We plan many special events, print this newsletter, and create activities for different passions and interests.

Holiday Parade of Lights 2018



2018 Theme was Tropical Island Christmas.
Villagers enjoyed great food at Tom Ham's Lighthouse
Restaurant while the boats sail by.



To see all photos: <https://rigdon.smugmug.com/TVSD-Material/TVSD-Parade-of-Lights-2018/>

TVSD, 10601 Tierrasanta Blvd. #G-405, San Diego, CA 92124....Phone 858-569-9119...Email...tierrasantavlg@gmail.com
We meet at the Villa Monterey Clubhouse, 5275 Rimpark Lane....On the Web: TierrasantaVillage.org

Village Business

Monthly General Meeting

January 7 – 3 PM
7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Time Bank

Orientation and Training
By appointment only,
Office at 858-569-9119

Website Training

By appointment only, Call the
Office at 858-569-9119

Balance & Strength Class

Tuesday 9 AM

Instructor: Lesley Norris

Thursday 9 AM

Instructor: Robert Tillung

Chair Yoga for Seniors

Monday, Wednesday and Friday
9 AM – VM Clubhouse

Aging & Independent Services

Tai Chi Class

Wednesday and Friday at 10 AM
Open to the entire community.

TVSD Annual Holiday Party 2018



TVSD celebrated their annual Holiday Party on December 3rd at the Seventh Day Adventist Church. This festive occasion was attended by eighty-six villagers and guests. As the partygoers arrived and mingled, they were treated to the acoustic guitar music of Tom Lunneberg. This was followed by a delicious catered dinner of turkey and ham with all the trimmings. Afterwards, Tom entertained us with some of his own compositions. We heard messages from our President, Joyce Muinos, and Fund Raiser, Janice Trantham, followed by a wonderful message from Marc Narkus-Kramer on how he and his wife, Grazia, found the Village and became members.



<https://rigdon.smugmug.com/TVSD-Material/TVSD-Holiday-Gala-2018/>

Members-Only Tour of the Carlsbad Gem Museum!

Established in 1931, the Gemstone Institute of America (GIA) is the world's foremost authority on diamonds, colored stones, and pearls. A public benefit, nonprofit institute, GIA is the leading source of knowledge, standards, and education in gems and jewelry.

The Museum on the GIA campus displays gems and stones from all over the world. This TVSD walking tour will be guided by GIA docents and is expected to take approx 1.5 hrs. Join the fun, but sorry, no free samples.

EVENT: Carlsbad Gem Museum Tour
DATE/TIME: 8 Jan 2019, 8:30 am
COST: Free to Members
RSVP Req By: 4 Jan 2019
SIGN UP ON-LINE: Contact Marliyn Millikan if questions.

Special Requirements: Members needing walker or wheelchair assistance must notify Marilyn Millikan in advance. Admission requires Passport or CA Drivers License day of event.

Lunch to follow in Carlsbad.

DRIVERS NEEDED!



Board of Directors

President

Joyce Muinos

"Past President"

Linda Rees

Vice President - Administration

Fran Zweibel

Vice President

Fund Development

Janice Trantham

Treasurer

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Secretary

Marilyn Bente

Membership

Ginny VanBenthuyesen

Neighborhood Groups

Jeanette Vlassis

Time Bank

Candy Walsh

Co-Founders

Candy Walsh

Susan Deininger LCSW

Operations Manager

Greg Zweibel

Front Desk Coordinator

Missy Rainier – 569-9119

VIBES Staff

Editor.....Mike Rigdon

Proofing, Event & Calendar

Gayle Rolan / Gloria Stevens

TVSD is a 501c3 organization
Federal Tax ID # 26-2975168

We Proved Them Wrong

Many years ago, TVSD had large donors and grants which kept the Village quite comfortable financially. When those donors and grants went away, some thought the Village might not be able to survive. Well, thanks to the hard work of dozens of volunteers, the Annual Donor Drive, small yearly grants, and fundraisers, we proved them wrong.

How can TVSD express our appreciation to all the members who so generously supported our 2018 Annual Donor Drive? We exceeded our \$14,000 goal and go into 2019 with relaxed smiles on our faces, knowing we can pay the bills, keep our membership fees affordable, and continue to offer all the wonderful programs we love.

Many thanks to the following Annual Donor Drive Ambassadors who helped make the 2018 Annual Donor Drive a resounding success: Ken Ross, JoAnne Kuelbs, Delise Konigsbach, Jean Kerr, Virginia Inouye, Laurie Brown, Nancy Fahien, Marilyn Bente, Bradlyn Mulvey, Janice Trantham, Donna Dobey, Ginny Van Benthuyesen, Jeanette Vlassis, Eva Turner, Fran and Greg Zweibel, and Gayle Rolan.

When asked what impact the Village has made in a member's life, one Villager responded: "I lived in Tierrasanta 25 years before joining the Village. I never met people who lived in the area. Now, I run into Villagers all the time. I no longer feel that I just live here. I belong here and have become part of the community."

News from the Membership Team

The Membership Team enjoyed a holiday lunch together on Thursday, December 13th at the Admiral Baker Restaurant. We had a great meal and a few laughs as we exchanged "white elephant" gifts. (See picture on Page 8 of this issue).

We currently have 10 members on our team: Bev Sheehan, Sue Christian, Linda Rees, Ginny VanBenthuyesen, Jeanette Vlassis, Karen Macdonald, Judy Sandman, Ginny Berlin, JoAnn Shartel and Missy Rainer. We welcome new members and new ideas, so if you'd like to come to a meeting, let anyone of us know. We meet once a month, usually the first Thursday of the month, and would love to see anyone who is interested.

Our Newest Member, *Joan Dwinell* is a retired federal government employee who has lived in Tierrasanta since 1976. She loves sailing and traveling and is still a member of the San Diego Yacht Club and Zlac Rowing Club. She followed the Village news for several years and believed in our mission but told herself "she would join when she got old." Haha!! She finally decided it was time to join on her 70th birthday. She saw the announcement about our Anniversary Open House and decided to come and then, after attending three activities, became a member. She is looking forward to meeting new friends and becoming more involved with the Village.

Remember prospective members can attend three activities before joining, so feel free to bring along a Tierrasanta friend to our General meeting or an activity. If you'd like someone from the Membership Team to meet with a friend or a group of friends, please let us know.

Congratulations to TVSD on it's 10th Anniversary

STATE CAPITOL
P.O. BOX 942849
SACRAMENTO, CA 94249-0077
(916) 319-2077
FAX (916) 319-2177

DISTRICT OFFICE
12396 WORLD TRADE DRIVE, SUITE 118
SAN DIEGO, CA 92128
(858) 675-0077
FAX (858) 675-0688

E-MAIL
Assemblymember.Maienschein@assembly.ca.gov

Assembly California Legislature



BRIAN MAIENSCHIEIN
ASSEMBLYMEMBER, SEVENTY-SEVENTH DISTRICT

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COMMUNICATIONS AND CONVEYANCE
HUMAN SERVICES
JUDICIARY

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LOCAL PUBLIC SAFETY AND
EMERGENCY PREPAREDNESS
SCIENCE, TECHNOLOGY, ENGINEERING
AND MATH EDUCATION
YOUTH AND CALIFORNIA'S FUTURE

October 26, 2018

**Joyce Muinos, Board President
c/o Tierrasanta Village of San Diego
10601 Tierrasanta Blvd #G-405
San Diego, CA 92124**

Dear Joyce:
Congratulations on the 10th anniversary of the Tierrasanta Village of San Diego.
Thank you for a decade of steadfast service to the seniors in our community.

It is a pleasure to represent you in the State Assembly and please do not hesitate to contact me if I may be of any assistance in the future.
Congratulations and best wishes.

Best Regards,

Brian Maienschein
Assemblymember 7th District



Blasts from the Past About 10 years ago!



SUN	MON	TUE	WED	THU	FRI	SAT
	December 31 New Year's Eve <div> SNAP Gaetanos Italian January 19 – 5:30 PM </div>	1 New Year's Day	2 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:30 AM - Lunch Bunch Cancelled	3 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	4 8:30 AM - Hikes with Bob - 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	5
6	7 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge 3:00 PM - Members Monthly Meeting	8 8:30 AM - Gemology Institute Social Event Carlsbad 9:00 AM - Balance Class	9 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	10 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	11 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies <u>"To Kill a Mockingbird"</u> <i>Gregory Peck</i>	12
13	14 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	15 9:00 AM - Balance Class	16 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 7:00 PM - Village Book Club <u>"Eleanor Oliphant</u> <u>Is Completely Fine"</u>	17 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 11:30 AM - ROMEO Lunch at Mike's 12:30 PM - Games	18 8:30 AM - Hikes with Bob - 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	19 S N A P
20	21 Martin Luther King Jr. Birthday – Holiday 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	22 9:00 AM - Balance Class 12:30 PM - Care Committee Meeting	23 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Knit & Nosh	24 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games 1:00 PM - Board Meeting	25 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies <u>"Ladies in Lavender"</u> <i>Judi Dench</i> <i>Maggie Smith</i>	26
27	28 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	29 9:00 AM - Balance Class 6:00 PM - DVD Movie Party - <u>"New In Town"</u> <i>Ren'ee Zellweger</i> <i>Harry Connick, Jr.</i>	30 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	31 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	Feb 1 8:30 AM - Hikes with Bob - 9:00 AM - Chair Yoga	

DVD Movie Party

Tuesday, January 29, 6 pm

"New In Town"

See Page 7 for details

Ren'ee Zellweger / Harry Connick

RSVP: Diane Levine 858-292-0610

Knit & Nosh

Wednesday, Jan. 23

12:30 PM until 2:30 PM at VMC

Virginia Inouye – 858-278-8847

Village Book Club

3rd Wednesday – January 16

"Eleanor Oliphant

Is Completely Fine"

Gail Honeyman

Contact: JoAnne - 858-292-1578

Bridge Games

Offsite

Want to get in on a bridge game?

Groups are pre-arranged but substitutes are needed.

Jean Kerr – 858-268-4448

Cool Games

Thursdays 12:30-2:30

Come join us for games on

Thursday afternoons.

Donna Dobey – 858-279-0964

Mah Jongg

Thursdays -- VMC 10 to Noon

This is an RSVP game.

A new group can be formed for beginners.

Contact: Fran Zweibel

Evening Bunko – 1/15

3rd Tuesday of Month

6:00 PM (offsite)

This is an RSVP game limited to 16 players.

Ginny VanBenthuyzen
858-268-8348

Billiards

Mondays & Thursdays 10:15 AM

Bob Muldrew - 292-8405

Village Interest Groups

Film Classics

Friday -- January 11 – 12:30 – 2:30 PM

"TO KILL A MOCKINGBIRD" – Drama – 1962

Gregory Peck* -- Robert Duvall – Mary Badham**

*Oscar – Best Actor; **Oscar Nomination:

Best Supporting Actress

Gregory Peck earned an Academy Award in 1962 for his portrayal of Atticus Finch, a small-town lawyer in the deep South, who decides to buck public opinion by defending a black man accused of raping a young white girl. This was a time of dissension between the prevailing southern racism vs. the burgeoning Civil Rights movement. It was adapted from author Harper Lee's Pulitzer-Prize classic novel, published in 1958.

The film was a box office hit, quickly grossing more than \$20 million, from a \$2 million budget. It also won 3 Oscars: Best Actor; Best Art Direction & Set Decoration; & Best Screenplay. It received 5 additional Oscar "nominations," including Best Supporting Actress for Mary Badham, the 9-year-old who played Atticus' precocious young daughter named "Scout."

Friday -- January 25 – 12:30 – 2:30 PM

"LADIES IN LAVENDER" – Drama – 2004

Judi Dench** – Maggie Smith* – Daniel Bruhl

*Best European Actress Nominations

(European Film Awards)

**British Actress of the Year Nomination

(London Film Critics Circle)

The year is 1936 in the picturesque coastal town of Cornwall, Britain. The Widdington sisters – Ursula (Dench) and Janet (Smith) were widowed when their husbands died in World War I. So they retired to live together in a charming English cottage by the sea, part of a very closely knit fishing village community in beautiful Cornwall. One day while strolling along a path near their home, they see a young man's body (Bruhl), washed up on the beach below their house. They quickly call for medical help to see if he's alive. He is alive and is taken to the sisters' home to identify and hopefully recover. He speaks no English, only German and several other languages. Janet can communicate using her limited German. They nurse him back to health and become quite fond of his company and bright mind. The vague story of who he is, where he was going, and what interrupted his voyage became an entrancing mystery that disrupted yet intrigued the peaceful lives of the sisters as well as their friendly community. A stunning discovery awaited them!

Gloria Stevens: 505-4188

Lunch Bunch

Dark in January

Romeo Club

January 17 – Noon

Mike's "Hamburger House"

11533 Corte Playa Las Brisas

SNAP

January 19 – 5:30 PM

Gaetanos

Hiking With Bob

Do not register on Website email, phone. Just show up.

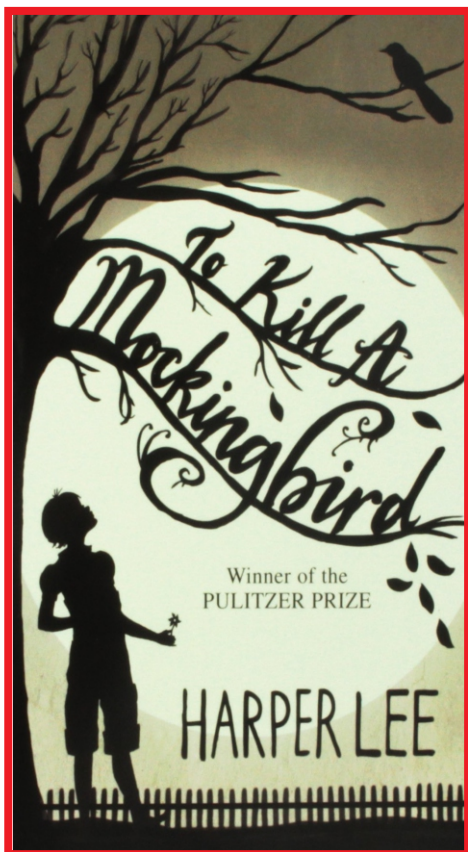
Two Tierrasanta Canyons hikes were cancelled due to rain/mud just-before their dates in November & December. One is rescheduled in January, and one will probably be rescheduled later. Before the big North Fortuna Mountain climb on **Fri, 15 Feb 2019 (third Friday), we have our second conditioning event on Fri, 18 Jan 2019 (third Friday)** where we'll hike to the north base of the mountain, next to the route 52 summit (on way toward Santee).

Two hour/two+ mile (Tierrasanta Canyons), Northwest Loop: On Fri, 04 Jan 2019 (first Friday); we gather at 8:30 AM. (Meet near the ATM at the north end of Vons shopping center, next to Santo Road.) This route pieces together various park, open space, & private walkways to give an interesting view of this lightly visited section of our community. Long pants & a walking stick are recommended. (Some spare sticks are available to use.)

Two hour/two+ mile (Mission Trails), Catalina entrance (via Shepherd Ridge trail) to north base of North Fortuna Mountain (& back): On Fri, 18 Jan 2019 (third Friday); we gather at 8:30 AM. (Go east on Clairemont Mesa Blvd; make a left turn on Villa Vallarta. Go two blocks, and make a right turn on to Collegio Drive - up the hill to a "T". Turn left on to Alejo Street - which curves around to the right. At the third left, turn left on to Belardo Drive. Go one block, & turn right on to Camino Playa Catalina. The road eventually curves around to the left, a canyon appears off to the right. - with no houses on that side. Keep climbing; park on the right near where the road ends.)

One hour/one+ mile (Introductory), North Rueda (out & back) Loop: On Fri, 01 Feb 2019 (first Friday), we gather at 8:30 AM (at Tierrasanta Blvd & Rueda Drive).

Bob Muldrew: 292-8405



CLASSIC MOVIES

“To Kill a Mockingbird” Gregory Peck

January 11, 2018
12:30 – 2:30 PM
VM Clubhouse

“Ladies in Lavender” Judi Dench Maggie Smith

January 25, 2018
12:30 – 2:30 PM
VM Clubhouse

See Page 6 for Reviews



DVD MOVIE PARTY Tuesday, January 29 – 6 pm

“New in Town”

Ren`ee Zellweger & Harry Connick, Jr.

Ren`ee Zellweger stars as Lucy Hill, a high-powered Miami executive, who moves to a remote Minnesota town to restructure a company's manufacturing plant. She tries to brave cold weather, and a cool reception from plant workers, including a difficult Union boss – Harry Connick, Jr. A heartwarming comedy that proves that the warmest people are often found in the coldest places.

RSVP: Diane Levine - 858-292-0610 Space is limited to 10 members



Jim & Jeannette Vlassis' home was 1 of 4 homes on Tour by Tierrasanta Junior Women's Club

Tierrasanta Village of San Diego Village Business Supporters

Choice of Mandarin

10% off your bill; dine in only;
with your membership card
10645-F Tierrasanta Blvd
858-268-0979

Tierrasanta Mexican Restaurant

10% off your bill; dine in only with
your membership card 5950 Santo
Road Suite E-F 858-277-3412

Gaetano's Italian Restaurant Monday-Thursday

10% off your bill dine in only
with your membership card
10615-H Tierrasanta Blvd
858-565-1665

Sub-Marina #2

\$1 off any sandwich
with your membership
card 10645-Z
Tierrasanta Blvd
858-560-5420

Island Style Café

10% off your bill; dine in only
with your membership card
5959-K Santo Road
858-541-7002

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10% Senior Discount Offered

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10% off all products and services
except UPS shipping and USPS
With your membership card
10601-G Tierrasanta Blvd.
858-292-8633

Long Island Mike's Pizza

20% off with membership card
Cannot use with other coupons
5250 Murphy Canyon Road
858-569-7499
longislandmikespizza.com

Tierrasanta Ace Hardware

Mike and Susan Scruggs, Owners
5% off with your membership card.
10615-A Tierrasanta Blvd.
858-573-9600
TierrasantaAce.com

**These
Local Businesses
support
our Village.**

**Be sure to
support them.**

Elam's Hallmark

"Your Neighborhood Gift Store"
10% off any purchase except
Christmas ornaments...with your
membership card and Gold
Crown Rewards card
10621 Tierrasanta Blvd.
858-268-0810

Computer Services Computer Consulting

and Set-up
\$5 off the hourly rate
Art Larkin
858-277-4131
pctraining@pacbell.net

Klassic Dry Cleaners

and Formal Wear
5% off dry cleaning
with your membership card
5950-J Santo Road
858-292-5049

Beautician

Brittany Killen-Scruggs
15% off for Villagers
4240 Kearny Mesa Rd #105
858-616-7377



Property Management-1 month FREE

+Reduced Rate - Buying or Selling?

Discounted fees for Villagers

Kim Klecan Owner/Realtor,
Tierrasanta resident, 25 yrs experience
619-261-9612

Magic Mel Hair Creations Van T. Truong Aesthetician

10% off with membership card
10601 Tierrasanta Blvd. - Suite J
San Diego
858-204-8204 (cell)



TVSD Membership Committee
luncheon at Admiral Baker Field
Restaurant in December

Sunrise at Dick
& Linda Rees
home above
Admiral Baker
Field

