



Tierrasanta Village of San Diego **Village Vibes**

“Living for Today: Planning for Tomorrow”

October 2019

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+.

TVSD promotes social connections and helps our members thrive and remain independent.

We plan many special events, print this newsletter, and create activities for different passions and interests.

September Social Event – Rhinestone Grannies



Rhinestone Grannies Pics: <https://rigdon.smugmug.com/TVSD-Material/Rhinestone-Grannies/n-MQ9p8G/i-QZgZVCN/A>

TVSD, 10601 Tierrasanta Blvd. #G-405, San Diego, CA 92124....Phone 858-569-9119...EMail...tierrasantavlg@gmail.com
We meet at the Villa Monterey Clubhouse, 5275 Rimpark Lane....On the Web: TierrasantaVillage.org

Village Business

Monthly General Meeting

October 7 – 3 PM
7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Time Bank

Orientation and Training
By appointment only,
Office at 858-569-9119

Website Training

By appointment only.
Call the Office at 858-569-9119

Balance & Strength Class

Tuesday and Thursday 9 AM
Instructor: Lesley Norris

Chair Yoga for Seniors

Monday, Wednesday and Friday
9 AM – VM Clubhouse

Aging & Independent Services

Tai Chi Class

Wednesday and Friday at 10 AM
Open to the entire community.

Cover Photo
Seagull over
Tierrasanta



Pizza Night Fundraiser

To Benefit:
Tierrasanta Village

Present this flyer when ordering & Round Table will donate 20% of your total purchase to Tierrasanta Village.

October 7, 2019
4:00 PM - 8:00 PM

Valid at this location only:
San Diego 10415 Tierrasanta Blvd. (858) 277-3111

We love to support our community!

Aches & Pains Forum

October 29th 12:30 PM until 2:00 PM

This is an opportunity for members to share their experiences with health and wellness issues. Have you ever wished you had a friend with whom you could share your experience with knee/hip replacement, arthritis, sleeping problems, or any other "senior" health issue? The Care Committee believes that there is a wealth of knowledge amongst our villagers which would be of benefit to our members. So bring your aches and pains, experiences and suggestions as we continue to help each other navigate health care today.

President's Message

Many thanks to all who supported the Marie Calendar fundraiser. What a fun time, having breakfast or lunch with Villagers, and raising money for our holiday dinner!

Just an update on the continuing work by Core Team Leaders. We have completed mapping organizational charts, responsibilities, and new job descriptions. After seeing how much work it takes to keep our Village running, we know that to sustain ourselves, we must carve up the work and share the load. Check out the Help Wanted section of the website to see how a few hours of your time each month can make a difference.

All the best for an awesome October. Hope you get to relax and enjoy our beautiful fall weather. Looking forward to some scary, fun filled times around Halloween!

Janice Trantham

Board of Directors

President

Janice Trantham

Past President

Joyce Muinos

Vice President

Administration

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Secretary

Marilyn Bente

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Linda Rees / Mike Rigdon

Time Bank

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Greg Zweibel

Front Desk Coordinator

**Cassandra Hanrahan
858-569-9119**

VIBES Staff

Editor / Photographer

Mike Rigdon

Proofing, Events & Calendar

Gayle Rolan / Gloria Stevens

TVSD is a 501c3 organization
Federal Tax ID # 26-2975168

Annual Donor Drive Kicks Off November 1, 2019

The Annual Donor Drive is a chance for all of us to pay it forward to ensure our Village thrives for many more years. This year's drive is November 1 to December 31st. Our goal is \$15,000, and with the help of all our members we'll easily go over the top, like we did last year.

Funds raised will be used to cover the gap between our income from membership fees and our operating expenses. We also use Annual Donor Drive donations to pay for programs like our Balance Class.

In November, you'll receive a letter in the mail from the Village about the Annual Donor Drive. We hope you will consider a gift to TVSD as your way of saying thanks for all the fun, activities, and friendships the Village brings to your life.

Someone You Should Know by Carol Lee

JoAnne Kuelbs was born in Omaha, Nebraska. She had a sister who was ten years older than JoAnne, and a brother who was six years older. Her mother died of tuberculosis when JoAnne was just twelve years old. Three years later, her father remarried a woman whose son had been killed in WWII. JoAnne says she was a very nice stepmother.

JoAnne went to Creighton University in Omaha. After Nurses Training she attended Creighton University to attain her BSN degree. JoAnne met a young man from Minnesota who was also attending Creighton. He had been in the army during WWII and went to college when he returned. He graduated from Creighton's dental school the same year that JoAnne graduated. (As a matter of fact, they have a grandson who will graduate from Creighton's dentistry program next year.)

Tom Kuelbs practiced in southern Minnesota for three years, and then they moved to Anoka, MN. JoAnne and Tom raised six children—two boys and four girls. JoAnne says they were all very good kids. She had told them she was always concerned about drugs, and her kids told her that they knew who they could get them from, but they never were interested. In their growing-up years, the family enjoyed skiing trips to Colorado and visits to family in San Diego. JoAnne and Tom had thirteen grandchildren—seven boys and six girls—three of whom are married.

Tom and JoAnne enjoyed traveling to such places as the Caribbean and Europe. Prior to their first trip to Europe, JoAnne learned that a cousin had lived in Germany for five years. While there she had found burial information on the family and shared her information with JoAnne. It was amazing for Tom and JoAnne to go to the cemetery and find the graves of great grandparents.

In 1989, the couple moved to San Diego, where two of their daughters were living. They bought a house in the Rolando area and lived there for three years. They decided that they wanted a place for their retirement that was in a good community and had a main-floor master bedroom. JoAnne had worked in real estate for four years and contacted a title rep to help her locate a place. It has been their home for over twenty years.

A few years after moving here, JoAnne heard about Tierrasanta Village. They went to a yard gathering that Fran and Greg Zweibel hosted so that they could learn more about it and also meet some of the members. They were impressed, and they joined so that they could meet more people in the area. JoAnne was a very early member of the TVSD Time Bank, and still is to this day. She also enjoys the exercise and social activities of The Village. JoAnne is impressed with the leadership of TVSD and hopes that the group will continue to be as successful as it has been during her many years as a member.

Tom Kuelbs died in 2016 and left a huge void in JoAnne's life. They had been married more than sixty years.

When asked for her 'words to live by' JoAnne said:

"God help me!"

JoAnne Kuelbs



SUN	MON	TUE	WED	THU	FRI	SAT
30	30	1	2	3	4	5
	Rosh Hashanah (1st Day) 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	9:00 AM - Balance Class 2:00 PM - Healthier Living With Chronic Pain/Conditions	9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:30 AM - Lunch Bunch Aladdin Mediterranean	9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	8:30 AM - Hikes with Bob 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	
6	7	8	9	10	11	12
	9:00 AM - Chair Yoga 10:15 AM - Billiards 3:00 PM - Members Monthly Meeting 4:00 PM - Round Table Pizza Fundraiser	9:00 AM - Balance Class 2:00 PM - Healthier Living With Chronic Pain/Conditions	Yom Kippur 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards	9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies "October Sky" Jake Gyllenhaal – Laura Dern	
13	14	15	16	17	18	19
	Columbus Day 9:00 AM - Chair Yoga 10:15 AM - Billiards	9:00 AM - Balance Class 2:00 PM - Healthier Living With Chronic Pain/Conditions 6:00 PM - BUNKO	9:00 AM - Chair Yoga 10:00 AM - Tai Chi 1:00 PM - Core Team Meeting/Workshop 7:00 PM - Village Book Club "The Library Book" Susan Orlean	9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 11:30 AM - ROMEO Greek Palace	8:30 AM - Hikes with Bob 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	S E E S N A P E B E L O W
20	21	22	23	24	25	26
	9:00 AM - Chair Yoga 10:15 AM - Billiards	9:00 AM - Balance Class 12:30 PM - Care Committee Meeting 2:00 PM - Healthier Living w/ Chronic Pain 6:00 PM - DVD Movie Party "Yesterday"	9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:15 AM - Knit & Nosh	9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 1:00 PM - Board Meeting	9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies "Phantom of the Opera" Gerard Butler – Emmy Rossum	
27	28	29	30	31	<div>SNAP Marie Callender's October 19 5 PM – McDonalds Carpool 5 PM – McDonalds</div>	

Engage with thousands of adults age 50+

**NEW LOCATION!
SAN DIEGO CONVENTION CENTER**

Sponsor or Exhibit
at the annual...



**successful
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Saturday
November 2, 2019
9 A.M. - 4 P.M.
FREE Admission

**Health & Wellness | Financial Planning
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**Booth space is limited! Contact John Fields at
john.fields@sduniontribune.com
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The San Diego Union-Tribune

DVD Movie Party

Tuesday, October 29, 6 pm

Yesterday

Himesh Patel - Lily James

See Page 7 for Details

RSVP: Diane Levine 858-292-0610

Knit & Nosh

4th Wednesday – October 23

11:15 AM at VMC

Virginia Inouye – 858-278-8847

Village Book Club

3rd Wednesday

October 16 – 7:00 PM

"The Library Book"

Susan Orlean

Contact: JoAnne - 858-292-1578

Bridge Games

Offsite

Want to get in on a bridge game?

Groups are pre-arranged but substitutes are needed.

Jean Kerr – 858-268-4448

Mah Jongg

Thursdays -- VMC 10 to Noon

This is an RSVP game.

A new group can be formed for beginners.

Contact: Fran Zweibel

Evening Bunko – 10/15

3rd Tuesday of Month

6:00 PM (offsite)

This is an RSVP game limited to 16 players.

Ginny VanBenthuyzen
858-268-8348

Billiards

Mondays & Thursdays

10:15 AM

Bob Muldrew - 292-8405

SNAP – 10/19

**Marie Callender's
6950 Alvarado Rd**

5:00 PM – McDonalds
Carpool

Nancy Fahien - 560-7431

Village Interest Groups

Film Classics

Friday – October 11 – 12:30 to 2:30 PM

"OCTOBER SKY"

Biographical Drama — 1999

*Jake Gyllenhaal – Laura Dern
Chris Cooper*

This is a true story of young Homer Hickam Jr. (Jake Gyllenhaal), a coal miner's son who grew up in Coaltown, West Virginia. Seventeen-year-old Homer was always interested in the study of "outer space" and rocketry. He disdained the expected job of becoming a coal miner – the only job in town -- and the unquestioned expectation of his coal miner father.

In October 1957 when Homer and the world witnessed the Russians' new satellite ("Sputnik") streak overhead across the world, his hopes, dreams, determination, and destiny triumph. With the help of his teacher (Laura Dern) and 3 buddies, Homer sets out to build his own rocket. How Homer overcomes seemingly impossible obstacles of poor education, a disapproving father (Chris Cooper), and a series of misfires that threaten to flatten his dreams and the town. His vision is the launching pad for one of the most timeless, inspirational stories ever brought to the screen.

* * * *

Friday – October 25 – 12:30 to 2:30 PM

"The Phantom of the Opera"

Musical Drama – 2004

*Gerard Butler – Emmy Rossum
Miranda Richardson – Minnie Driver*

In 1910 French author Gaston Leroux wrote a book about a frightening "ghost" who lived in the catacombs beneath the grandiose Opera Populaire of 1870's Paris. A solitary and disfigured musical genius and composer, the Phantom (Gerard Butler) lurked and terrorized all who entered there. When he falls in love with young soprano Christine (Emmy Rossum) he devotes himself to nurturing her emotionally, training and grooming her voice, and making demands of management to put her in leading roles instead of the chorus – until she falls in love with "Raoul" a former childhood friend.

Longing for the young soprano, the Phantom can no longer hide his love, and his true monstrosity will soon simmer to the surface. The Phantom may emerge from the shadows past the point of no return.

Leroux's book was published in 1910. The story has been told in countless versions worldwide in the form of plays, operas, ballets, musicals and motion pictures. The U.S. musical version with its music score by Andrew Lloyd Webber, and lyricists Charles Hart and Richard Stilgoe, ("The Phantom of the Opera" & "Music of the Night") is the longest running musical in U.S. Broadway history.

Gloria Stevens: 505-4188

Lunch Bunch I

Wednesday – October 2 – 11:30

Aladdin Mediterranean

5420 Clairemont Mesa Blvd

Lunch Bunch II

Tuesday – October 16 – 12:30

TBD

Romeo Club

October 17 – 11:30 AM

Greek Palace

8878 Clairemont Mesa Blvd

Hiking With Bob

Introductory one hour/one mile hikes are scheduled every year in November, February, & May. People trying to break into the day hike program have an easy entry on these events. Also, those who are disabled can often manage these activities. The idea is not to push hard; but to get outdoors, see the beauty around us, and do light exercise.

Two hour/two mile (Mission Trails), (near) Tunnel Loop: On **Fri, 04 Oct 2019 (first Friday)**, we gather at 8:30 AM at Catalina entrance. (Go east on Clairemont Mesa Blvd; make a left turn on Villa Vallarta. Go two blocks, and make a right turn on to Collegio Drive - up the hill to a "T". Turn left on to Alejo Street - which curves around to the right. At the third left, turn left on to Belardo Drive. Go one block, & turn right on to Camino Playa Catalina. The road eventually curves around to the left, a canyon appears off to the right. - with no houses on that side. Keep climbing; park on the right near where the road ends.) We'll get close to where the tunnel goes under CA route 52 which many have heard about, but few have actually seen. Bringing a hiking stick (or two) is recommended. Wearing long pants is desirable.

Two hour/two mile (Tierrasanta Canyons), Northwestern Canyons Loop: On **Fri, 18 Oct 2019 (third Friday)**, we gather in the Vons shopping center near the outside ATM, near Santo Road. We visit canyons north of Serra high school & west of Santo Road. This route pieces together various park, open space, & private walkways to give an interesting view of this lightly visited section of our community. Long pants & a walking stick are recommended. (Some spare sticks are available to use.)

You can email or phone if you have any questions or comments. Do not register on website. Email or phone (, or just show up).

Bob Muldrew: 292-8405

bobmuldrew@yahoo.com



CLASSIC MOVIES

“October Sky”

Jake Gyllenhaal – Laura Dern
Biographical Drama
1999

October 11, 2019

12:30 to 2:30 PM

“The Phantom of the Opera”

Gerard Butler – Emmy Rossum
Musical Drama
2004

October 25, 2019

12:30 to 2:30 PM

See Page 6 for Details



DVD Movie Party – Tuesday, October 29 – 6 PM

“YESTERDAY”

Himesh Patel / Lilly James



Jack Malik (Himesh Patel) is a struggling singer-songwriter in an English seaside town whose dreams of fame are rapidly fading. His manager and childhood friend, **Ellie Appleton (Lilly James)**, encourages him not to give up on his dreams. After **Jack** is hit by a bus during a global blackout, he sings the **Beatles'** song, “Yesterday” for his friends, and discovers that they have never heard of the Beatles. After realizing the world no longer remembers the band, nor Coca Cola or cigarettes, Jack begins performing **Beatles'** songs, passing them off as his own.

Pop star Ed Sheeran hears **Jack** singing on a local TV show and invites him to open on a world tour. **Jack's** star rises quickly. He and a friend get chased through the streets by rabid fans, and his music becomes a worldwide sensation. But he and **Ellie** begin to break away. Jack has some important moral decisions to make.

RSVP: Diane Levine - 858-292-0610 – Space limited to 10 members

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Halloween Potluck

**IT'S TIME FOR GHOSTS AND GOBLINS AGAIN!
TVSD'S ANNUAL HALLOWEEN POTLUCK IS UPON US!**

DATE: THURSDAY OCTOBER 31, 2019

TIME: 12 NOON TO 2:00 PM

PLACE: TVSD CLUBHOUSE

**WEAR A COSTUME IF YOU WANT A CHANCE
TO WIN A DOOR PRIZE.**





RING AROUND THE MOON

Delightful Romantic Adventure

Identical twins Hugo & Fredrick each meet their match in this intriguing, uproarious & surprisingly wise look at Love and Money. Christopher Fry's brilliant adaptation of Jean Anouilh's classic *Invitation to the Castle*.

A Production of the Lamb's Players Theatre
San Diego's Boutique Theatre Company

Date: November 9, 2019

1142 ORANGE AVE
CORONADO, CA 92118

Tierrasanta Kiwanis Guest Price: \$60.00
Performance: 4:00 pm



For tickets please contact a Kiwanis Club member. Checks may be made out to the Kiwanis Foundation of Tierrasanta.

Kiwanis Club of Tierrasanta
PO Box 420094
San Diego, CA 92142-0094
www.tierrasanta.kiwanisone.org



Play ticket cost averages \$34 to the theater plus \$26 to the Kiwanis Foundation of Tierrasanta