



Tierrasanta Village of San Diego

Village Vibes

"Living for Today: Planning for Tomorrow"

April 2020

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+. TVSD promotes social connections and helps our members thrive and remain independent. We plan many special events and create activities for different passions and interests.

Coffee & Conversation at the Clubhouse



Coffee & Conversation

Coffee and Conversation is hosted by your TVSD Board of Directors and offered on a quarterly basis as an opportunity for members to come together informally on a Monday morning just to visit, to share ideas and conversation, and to enjoy a cup of coffee or tea and pastries provided by board members.

President's Message

During this time of "social distancing", out of concern for COVID-19 spread, it is a difficult balance between ensuring are members are safe, while still offering the events and activities so important to our emotional well-being.

We are asking our members to use your best judgement when choosing whether to stay home, if you are not feeling well, and engaging in upcoming events. Some events may be cancelled by the leader, or organizer, out of caution for your health and safety. The Annual Meeting/Volunteer Recognition event April 6th has been postponed.

There will be no General Meeting in April.

During this time of fewer Village activities, it is important to stay connected to others, to reduce the sense of loneliness due to isolation. This is a time to make more phone calls and be creative about ways to get together without being in large groups. I am spending more time researching recipes and cooking more wholesome, plant-based meals for my family and friends. Hopefully, this current health crisis will be over soon, and we can get back to all the wonderful Village activities that we love.

TVSD, 10601 Tierrasanta Blvd. #G-405, San Diego, CA 92124....Phone 858-569-9119...EMail...tierrasantavlg@gmail.com
We meet at the Villa Monterey Clubhouse, 5275 Rimpark Lane....On the Web: TierrasantaVillage.org

Annual Meeting
Postponed until Further Notice
7th Day Adventist Church
11260 Clairemont Mesa Blvd.

Time Bank
Orientation and Training
By appointment only
Office at 858-569-9119

Village Business

Website Training
By appointment only
Call the Office at 858-569-9119

Balance & Strength Class
Dark in April
Instructor: Lesley Norris

Chair Yoga for Seniors
Postponed until Further Notice

Cover Photo
"The Kiss"
&
USS Midway



The Care Core Team

facilitated another of their excellent presentations to help keep us Villagers "in the know" when it comes to making decisions about our health. The March 10 topic was Home Care versus Home Health Care and the

guest speakers were Sheila Korn from *Love 2 Live* and Carol Braun from *Accredited Home Care Services*. Both companies have been vetted by TVSD as having proper insurance and employees who are registered with the State of CA, Department of Social Services.



"Happy Hour"

On March 10th, the membership team hosted a "Happy Hour" for prospective members!

Thank you to Jeanette Vlassis for opening her home for this successful event and to the members who shared various aspects of our Village.

Our prospective members were impressed with the organization of the Village and all that we do.

It was an enjoyable Social and hopefully we will add some new members soon.



Board of Directors

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***Someone You Should Know* by Carol Lee**

Patricia (Trish) and her younger sister were born and raised in Louisville, Kentucky. Their mother was a school teacher and their father was a nurse at the local VA hospital. After high school and secretarial school, Trish tolerated the winters until 1971 when she contacted a cousin in San Jose who encouraged her to join him there--and she did. She found work in Silicon Valley.

During this time, Trish had a daughter and found that the Bay Area had wonderful experiences to which she wanted to expose her child and herself. They went to beaches, theater performances, and even heard Nelson Mandela speak in Oakland. She found employment working as an Administrative Assistant and one of the most exciting experiences was being an extra in a "made for Sunday TV Movie" being filmed in San Jose. In 1989 she was in a movie with Dennis Franz and Whoopi Goldberg titled "Kiss Shot".

In 2001, Trish met her future husband, Ray Newbill, soon after her daughter left for college at San Diego State. They both worked in Silicon Valley, and one lunch time Trish and a girlfriend happened to go to his company's cafeteria. It was crowded, and while her girlfriend went to get her food, Trish looked for a place for them to sit. She caught the eye of a man who was about to leave his table and the girlfriend Trish had come with knew Ray and introduced them. It turned out they knew some of the same people, having worked at General Electric at the same time. He plied her with questions and established some of their interests and the fact that neither was married. Ray made the first move, calling her that same night. They agreed to meet for a movie, and Trish was tempted not to go because it felt like such an impetuous decision—but she was not the kind of girl to stand up a guy. They saw a Brad Pitt movie, followed by a meal at Coco's, where they talked for hours.

Trish and Ray married in May, 2005, and moved to San Diego. She saw an article about the Village in the Tierra Times, and they attended one of the first focus groups at the library. They joined TVSD, and along with Bev Sheehan (and a few others) were the original members of the Membership Committee. Trish's Administrative Assistant experience gave her an eye for documenting the history of TVSD, and she saved everything. Soon, Susan Deininger asked her to be the TVSD Historian, which she is to this day. As the years passed, Trish presented the idea of having a 10-Year TVSD Anniversary Celebration to the Board, and she and Marilyn Bente became Co-Chairs. Along with the help of some very talented and skilled members, the Celebration Committee achieved a memorable evening for approximately 90 members and guests. Ray's memory lives on here in Tierrasanta.

Trish hopes that TVSD will continue bringing in new people and utilizing the abundance of talent of all of its members. Trish has these words to share with us, which have become her bywords: "Just keep going. I'm hanging in..."



TIMEBANK TOPICS

In order for time bankers to benefit from membership in the TimeBank, offers and requests have to be made known and be current. In the next few weeks our committee hopes to make some phone calls to update information. Note that members are free to choose what services they would like to offer and also what services they will request. There is no guarantee that every person's need will be provided because the supply of certain skills may be lacking in our particular group. Also note that you may request a service even if you have insufficient credit hours. 3 credit hours may be used in advance. TVSD timebank is a resource for transportation needs but on the Tierrasanta Village website there is also a list of transportation providers.

New members are always welcome to continue to build strong support networks by giving and receiving the TimeBank way!

Committee: *Carmela Cavero, Delise Knoningsbach, JoAnne Kuelbs*

Dear Fellow Villagers,

Well, the time has come! I will be resigning my position on the TVSD Board of Directors at the end of this term, August 1, 2020. It has been an honor and a pleasure to watch the growing of our Village from the inside, and I could not think of a better group with whom to have worked! It's time to vacate my position and give others an opportunity to be a part of this dynamic group.

In 2011, Susan Deininger convinced me to come to a Board meeting and meet the team. I left that meeting as the latest TVSD Board recruit! I still don't know how that happened, but I knew that they were on to something big and very special for Tierrasanta! I joined the Village soon after. I have never regretted that decision. There is not a professional board-sitter in the group! We all struggled, stumbled and learned together. The biggest perk, in my opinion, are the new BFFs I've made and the laughs and giggles we shared along the way!

It is my hope that some of you will look carefully at some of the positions available. See where you fit and offer to share your talents. I assure you that it will be an experience you won't regret! The only requirement is a willingness to share your ideas, be part of the decision-making team and do something wonderful for your Tierrasanta Community!

Our President Janice is the best, and her enthusiasm is infectious! She motivates everyone to dig deep and give their best. Every member of our Board is more than willing to help the newbies and make them feel at home. I'm going to miss the team!

Thank you for the opportunity to serve and I'll see you around the Village! **Joyce**

Update for TVSD Members

This is an update about the activity that has taken place during our time in self-isolation. Also, read below about all the things you can do at home.

Village members have stepped up to make sure no one falls between the cracks. The Care Committee members, Captains for the Neighborhood Groups, and members of the Buddy System have called **everyone** in the Village has had a check on health and welfare. We have gotten a lot of feedback.

We learned that all of us have been busy. Many Village members are doing those home chores that we all put off like spring housecleaning. Members who have family in San Diego find them making grocery and medication runs. For our Village members who do not have family here, the Buddy System and activities offered in our county might be a method for you to make it through this difficult time.

Smart and Final, Vons, Amazon, and Whole Foods deliver groceries but some of these services may be back-logged for a week. Think ahead for groceries in a week's time.

That brings me to resources we can all consider to use to make our time productive:

1. If you have a buddy or call Village members, try to use Skype or Face time so you can have a virtual conversation in your own home. You can download these as APPs on your phone or computer. Communication is so important to all of us social beings!
2. For those who enjoy reading, download e-books from the San Diego Public Library. Audiobooks are available too. Anyone always want to play a guitar? The Library offers online courses and universities do too..
3. For those of you who are gamers, the Internet has lots of free games to challenge you and your brain. If you want to play a group game like Bridge or Mah Jongg, try forming a Skype Group and play!
4. Does your activity device keep telling you to stand or move like mine? Well, maybe with no Balance or Yoga or Aerobic classes for now, we need to find a new way to move! We need to spend some time everyday in exercise. Here are some ways you can exercise;
 - a. If you belong to the YMCA, there are a lot of classes on demand.
 - b. The County Television Network offers free exercise classes on demand: The Feeling Fit Club, Silver Age Yoga, and Jazzy Cardiac Strength Stretch
5. Marilyn was telling me about virtual tours. We could take a tour a many of the world's best attractions and museums via our computer for free.

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

**Coronavirus
has shut down
all Village Events
until further notice!**

**Watch E-Blasts
and Website
for future Events**

Tierrasanta Village of San Diego Village Business Supporters

<p>Choice of Mandarin 10% off your bill; dine in only; with your membership card 10645-F Tierrasanta Blvd</p>
<p>Tierrasanta Mexican Restaurant 10% discount; dine in only with your membership card 5950 Santo Road</p>
<p>Gaetano's Italian Restaurant Monday-Thursday 10% off your bill dine in only with your membership card</p>
<p>Sub-Marina #2 \$1 off any sandwich with your membership card 10645-Z Tierrasanta Blvd</p>
<p>Island Style Café 10% off your bill; dine in only with your membership card 5959-K Santo Road</p>
<div style="display: flex; align-items: center;">  <div> <p>SD COMPUTER SPECIALISTS</p> <p>Gabriel Barrios 1455 Santa Rita East Chula Vista, CA 91913 619-207-0999 sdcomputerspecialists@cox.net</p> <p>10% discount with your membership card</p> </div> </div>

<p>Tierrasanta UPS Store 10% off all products and services except UPS shipping and USPS with your membership card 10601-G Tierrasanta Blvd. 858-292-8633</p>
<p>Long Island Mike's Pizza 20% off with membership card 5250 Murphy Canyon Road 858-569-7499</p>
<p>Tierrasanta Ace Hardware 5% discount with TVSD Card 10615-A Tierrasanta Blvd. 858-573-9600</p>
<p>Magic Mel Hair Creations Van T. Truong – Aesthetician 10% off with membership card 10601 Tierrasanta Blvd. - Suite J</p>
<p>San Terra Properties Property Management-1 month FREE +Reduced Rate - Buying or Selling? Discount for Villagers 619-261-9612</p>

<p>Elam's Hallmark "Your Neighborhood Gift Store" 10% discount with your TVSD card and Gold Crown Rewards card 10621 Tierrasanta Blvd. 858-268-0810</p>
<p>Computer Services Computer Consulting and/Set-up \$5 off the hourly rate Art Larkin – 858-277-4131</p>
<p>Klassic Dry Cleaners and Formal Wear 5% off dry cleaning 5950-J Santo Road</p>
<p>Dr. Paul V. Koepke, D.D.S. Family & Cosmetic Dentistry 4926 La Cuenta, Drive Ste. 100 858-279-7680 10% Senior Discount www.drpaulsmiles.com</p>

**Support Our
Local Businesses**

<p>Friends of the Tierrasanta Library Used Book Sale</p> <p>Dark until further notices</p>
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You might ask what canned goods and eyeglasses have to do with each other?

The newly formed TVSD Community Service/Outreach Committee has agreed to organize two projects, one of which is collecting non-perishable foods, and the other is collecting used eyeglasses.

We are asking that you bring a donation of non-perishable food items to the Member Meetings to help stock the Food Bank for a charity that the Seventh Day Adventist Church supports: the South Bay Community Services. Just bring a can, box, or package of non-perishable food (no glass jars please) and help us fill tote bags and boxes for this worthy cause! We will be continuing this food collection each month at our General Meetings.

Do you have eyeglasses that you no longer wear and that have been taking up space in drawers and on counters? Now you can donate them to a worthy cause. Just bring them to the Monthly Meeting and Marc Narkus-Kramer will see that they are recycled for those in need.

We thank you in advance for your generosity and thoughtfulness in helping us with these charitable efforts! Your TVSD Community Service/Outreach Committee

**Special Story after seeing the Movie "Amelia"
which was shown March 13 on Classic Movies
by Mike Rigdon**

Below is the Certificate awarded to all Sailors who cross the Equator on Navy ships. This one was for **Walter Stevens**, a Fire Control 2nd Class aboard the USS Lamson, DD-307. The Lamson was involved in the largest Search and Rescue mission in Naval History to date, 1937. This was a rare Certificate – notice the pictures of Amelia Earhart and her co-Pilot, Fred Noonan.

Although I never served aboard a ship with Walter Stevens, I met him while he was a Docent at the Veterans Memorial Museum in Balboa Park in 2000. He served aboard my ship, the USS Jupiter in the early 1950s. While our Jupiter Reunion was held in 2000 here in San Diego, Walt gave our attendees a full guided tour of the former Balboa Hospital Base Chapel, now the Veterans Memorial Museum.

I was fortunate to visit with him over several years before his passing in 2004.
See his amazing story on Page 10 of this issue.....



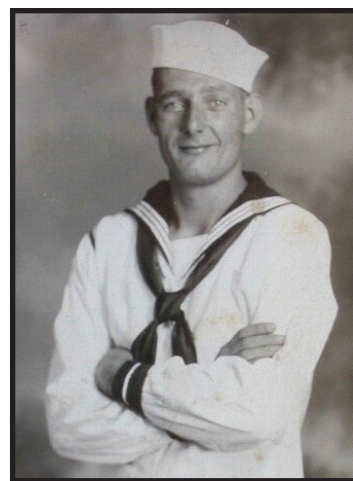


USS Lamson, DD 367

After the search for Amelia Earhart, Walt served aboard the USS Pritchett, DD 561 and the USS Sterrett, DD 407 from the Marianas to the Philippines invasion, escorting the carriers and fending off Kamikazes. He then was assigned aboard the Sterrett to train with the 6th Marine Division at Guadalcanal for the invasion of Okinawa.

Memories of Machinist Mate Chief Walter Stevens

Walt Stevens from National City, CA enlisted in the Navy in 1935, serving on many ships until retirement as MM Chief in 1960. As a Fireman 2nd aboard USS Lamson, DD 367 Walt recalls leaving Norfolk, through the Panama Canal and arriving at San Diego on July 2, 1937, the day Amelia Earhart was announced missing. The USS Lexington and her air group arrived from Long Beach, anchored off Point Loma until 5 DD's joined her on a record breaking run to Honolulu, to be refueled and race to Holland Island where they scoured the area around the Equator to Japan for any sign of Amelia and Fred Noonan, her co-pilot. After weeks of searching the decision was that she must have run out of fuel and drown. The Lamson crossed the Equator while on the search and his certificate below shows pictures of Earhart and Noonan.



Walt as a Seaman

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July 2002



Mike & Walt in Summer 2002



AD-3 USS Dobbin at Pearl Harbor, December 7, 1941

(a) CincPac despatch 102102 December 1941.

In accordance with the provisions of reference (a), the following is submitted:

Three enemy planes, identified by yellow disks painted on wings, attacked at 0910. They came in low, approaching from the starboard quarter. The heavy fire from the **Dobbin**, and from the destroyers of Squadron ONE alongside, caused the plane to swerve and cross just astern. Three bombs were dropped, resulting in near misses on starboard quarter, astern, and port quarter. They appeared to be

300-lb. bombs. Fragments from these bombs struck the stern of this ship, causing the personnel and material damage described below. All personnel casualties were members of No. 4 3" A.A. gun located on the after end of the boat deck. No other attack was experienced by this nest of ships. The nest consisted of the **Dobbin**, with the **Hull**, **Dewey**, **Worden**, **MacDonough**, and **Phelps** alongside port side. The ships alongside started clearing at 0920, the last one getting away at 1450. Repair personnel from this ship were turned to continuously during this period and during the attack to assist them in getting machinery reassembled. **Dobbin** issued replacement ammunition to DDs alongside so that they left filled up. The personnel of No. 4 3" A.A. gun were badly hit. But in spite of this, Coxswain H.A. Simpson, U.S. Navy, in charge, reorganized his crew, got them in hand, and continued the fight against planes which approached within gun range. Four spare .50 caliber machine guns and thirteen .30 caliber machine guns were broken out, mounted and manned, this action being accomplished during the course of the attacks. All boats of the **Dobbin** were sent into the landings immediately, and have been in continuous service wherever needed since. The Commanding Officer is pleased to report that the performance of all hands was excellent and the conduct most commendable, characterized by a strong will to fight and to turn to enthusiastically in any and every way possible to assist in servicing the destroyers and in protecting their own ship.