



# *Tierrasanta Village of San Diego* **Village Vibes**

**"Living for Today: Planning for Tomorrow"**

**October 2020**

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+. TVSD promotes social connections and helps our members thrive and remain independent. We plan many special events and create activities for different passions and interests.

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## **Lunch Bunch is Back!**

After a very long hiatus, the TVSD Tuesday Lunch Bunch is back! On Tuesday, September 15<sup>th</sup>, five Villagers: Ginny Van Benthuyzen, Sue Christian, Jeanette Vlassis, Linda Rees and Joyce Muinos enjoyed a trial run at Khan's Cave in Kearny Mesa.

Of course, the current situation requires a few tweaks, but there is still a good time to be had. Currently, we are not able to accommodate everyone at one, long or circular communal table, so we break into smaller groups of 4-6 and have more intimate, lively conversations. We're also limiting our restaurant selection to those with patios providing fresh air and better circulation. These requirements limit our restaurant selection; however, we believe it's necessary. After all, it's not about the location or food. It's all about being with our TVSD friends and enjoying a few laughs!

Our next Tuesday Lunch Bunch will meet on October 20<sup>th</sup> at a location TBD. Watch your e-blasts and calendar for the latest information and join us! Remember that reservations are necessary especially now with the restrictions!

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**Gem Museum Tour – Carlsbad – 2018**



**Snap Luncheon – 2018**

## **Board of Directors**

### ***President***

**Janice Trantham**

### ***Vice President***

**Marc Narkus-Kramer**

### ***Co - Treasurers***

**Ann Lasdon**

**Rhoda Keegan**

### ***Secretary***

**Carol Lee**

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### ***Member at Large***

**Marilyn Bente**

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### ***Time Bank***

**Candy Walsh**

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### ***Co-Founders***

**Candy Walsh**

**Susan Deininger LCSW**

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### ***Operations Manager***

**Greg Zweibel**

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### **Front Desk Coordinator**

**Cassandra Hanrahan**

**858-569-9119**

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## **VIBES Staff**

### **Editor / Photographer**

**Mike Rigdon**

### **Proof Reader**

**Gloria Stevens**

TVSD is a 501c3 organization  
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## **Someone You Should Know.....Bradlyn Mulvey**

This Village member's dad had really wanted a boy and had chosen the name Bradley as his future son's name. When a girl arrived, she became Bradlyn. Her friends through the years always called her Brad, but, she introduced herself as Bradlyn to her new TVSD friends so, Bradlyn, it is.

Bradlyn earned her bachelor's degree at San Francisco State, while living in Haight Asbury during the Vietnam War period. She was working toward a speech pathology degree in San Francisco when her father died, and she moved back home to Newport Beach.

With Speech Pathology Degree paths not available in the area, she hoped to investigate the pressure peers put on each other to shift their opinions in a group setting as her path to earning a Master's Degree in Speech. With no support for that plan of study, she earned her teaching credentials instead, and began teaching high school English and speech.

Bradlyn met Art Mulvey in a program to sensitize teachers to kids' needs. They both were high school teachers: Art taught Science, and Bradlyn, English. They began dating. Art spent that summer at a boys camp with his sons from his first marriage, and Bradlyn spent her summer in Europe. Art proposed while they were still apart. They were married on September 11, 1969.

After her teaching career, Bradlyn earned a Master's Degree in Psychology. Her second career was as a marriage, family, and child therapist in private practice. She and Art decided she should get a PhD, and she did, from Alliant University. She interned at UCI Medical Center in the Pain Management Clinic, learning about hypnosis and various behavioral techniques to help clients deal with pain. She also interned in a rape clinic and a women's clinic for battered mothers and their kids. After these internships, she became licensed as a Clinical Psychologist practicing in private practice in Fullerton.

Art had two sons from his first marriage, and he and Bradlyn had two daughters. They are grandparents to three granddaughters, three grandsons and two great granddaughters. When their daughters had their sons in 2003, Art and Bradlyn moved from Yorba Linda to Tierrasanta so they could be active grandparents. They helped with Creighton and Ethan until they were in elementary school full time. Now, they watch the boys play sports and enjoy family dinners.

The Zweibels live one street north of the Mulveys, and the two couples got acquainted as they walked past Fran and Greg's house on their walks. Through the friendship, they learned about TVSD. Once the boys were older and did not depend on their help, the idea of joining such a group and making new adult friends was very appealing so in January 2018, they joined TVSD.

Bradlyn's approach to life is: "Whatever you do, get involved 100%, whether it's watching your grandchildren or being members of a community. We have to be involved, and when we give back, we get so much more in return. That is what keeps us alive, stimulated, and excited about living." She is the Chairman of the Care Committee and is involved in a number of TVSD activities.



## OFFICE HOURS

**Monday - Friday  
11:00 AM - 3:00 PM**

***Village Business***

## Cover Photo

**Regal Princess Cruise  
at St. Kitts:**  
<https://rigdon.smugmug.com/Travel/St-Kitts/>

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## President's Message

We are winding down our Membership Drive when over half of our memberships come due. I am gratified that most of our members have renewed, even though the Village experience has changed due to COVID-19 regulations.

Dedicated volunteers are working behind the scenes making sure we still have opportunities to connect and support each other. Kudos to all members who are keeping the Village running during these challenging times.

Please take time to reach out to fellow Villagers. Caring connections strengthen our relationships with each other and are an important part of what makes the Village experience so special.

***Janice Trantham, TVSD President***

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## Don't Miss Our First Virtual General Meeting

Great news! After many months without a General Meeting, we are all getting together virtually on Monday, October 5<sup>th</sup> at 3:00 PM. So please mark your calendar and don't forget to register for this event! At this meeting you will:

- See members' smiling faces and reconnect again
- Hear about what is going on behind the scenes from Core Team Leaders
- View a presentation of recently added activities
- Hear how TVSD has impacted some of our members' lives during the pandemic

After registering, you'll receive instructions on how to enter the Zoom meeting from your computer, tablet, or smart phone. If you do not have a computer, tablet, or smart phone, you can call in from your land line to participate.

Please call Fran or Cassandra at the virtual office if you have any questions or difficulties registering for this fun event. We look forward to seeing you!

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## Annual Donor Drive Kicks Off November 1<sup>st</sup>

The Annual Donor Drive is a chance for all of us to pay it forward to ensure our Village thrives for many more years. This year's drive is November 1 to December 31<sup>st</sup>. Our goal is \$10,000 which is lower than it was the last couple of years. With the help of all our members pitching in, we'll easily reach or exceed our goal.

Funds raised will be used to cover the gap between our income from membership fees and our operating expenses. Although we are not getting together at the clubhouse now, the Village operating expenses remain the same except the daily Clubhouse rental fee.

In November, you'll receive a letter in the mail from the Village about the Annual Donor Drive. We hope you will consider a gift to TVSD as your way of saying thanks for all the fun, friendships, and caring connections the Village brings to your life.

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 10:00 AM - Carol Lee's Zoom Coffee Chat 3:00 PM - TVSD Virtual General Meeting	6	7 11:30 AM - Virtual Zoom Lunch Bunch TBD	8 3:00 PM - Zoom Book Club Meeting	9	10
11	12 Columbus Day 10:00 AM - Carol Lee's Zoom Coffee Chat	13 1:00 PM - Core Team Meeting	14 4:30 PM - Happy Hour	15 1:00 PM - Fran Zweibel's Zoom Coffee Chat	16 10:00 AM - Knitting In The Park	17
18	19 10:00 AM - Carol Lee's Zoom Coffee Chat	20 11:30 AM - Tuesday Lunch Bunch	21	22 1:00 PM - Board Meeting	23	24
25	26 10:00 AM - Carol Lee's Zoom Coffee Chat	27 12:30 PM - Care Committee Meeting	28	29	30	31



# Patriot's Day Parade 2019



<https://rigdon.smugmug.com/TVSD-Material/Patriots-Day-Parade-2019/>

## Sad Ending to a Beautiful Car

*by Candy Walsh*

For several years, our classic 1968 Cadillac De Ville convertible carried the Grand Marshall and other dignitaries in the Patriot's Day Parade. Being a founder of TVSD, I pulled rank and said the Caddy should represent Tierrasanta Village in the Parade. So, for a number of years, May/June issues of the Vibes will show the Caddy filled with smiling Villagers in their yellow TVSD shirts.

This Cadillac was special to our family. Family members were involved in the purchase (Salt Lake City), restoration (Butte, Montana) and maintenance of our Caddy - it was a family heirloom and we were preparing to turn it over to our son, Joe.

On Tuesday, 9/14/20, we had our Caddy towed to WOW Automotive in Poway (owned by a family member) to have it fully checked out before we gave it to Joe. On the morning of 9/21, we received a call to tell us that the automotive shop had had a huge fire the day before and our Caddy was destroyed along with a number of other cars. We were in shock as well as saddened for our family members who lost their business.

Ironically, I had taken a video of the Caddy being towed from our house. Little did we know, that was the last time we would see it. Strange how attached one can get to a car but really, it's the memories associated with it.



## ***Tierrasanta Village of San Diego Village Business Supporters***

**Choice of Mandarin**  
 10% off your bill; dine in only;  
 with your membership card  
 10645-F Tierrasanta Blvd

**Tierrasanta Mexican Restaurant**  
 10% discount; dine in only  
 with your membership card  
 5950 Santo Road

**Gaetano's Italian Restaurant**  
 Monday-Thursday  
 10% off your bill dine in only  
 with your membership card

**Sub-Marina #2**  
 \$1 off any sandwich  
 with your membership card  
 10645-Z Tierrasanta Blvd



**Tierrasanta UPS Store**  
 10% off all products and services  
 except UPS shipping and USPS  
 with your membership card  
 10601-G Tierrasanta Blvd.  
 858-292-8633

**Long Island Mike's Pizza**  
 20% off with membership card  
 5250 Murphy Canyon Road  
 858-569-7499

**Tierrasanta Ace Hardware**  
 5% discount with TVSD Card  
 10615-A Tierrasanta Blvd.  
 858-573-9600

**Magic Mel Hair Creations**  
 Van T. Truong – Aesthetician  
 10% off with membership card  
 10601 Tierrasanta Blvd. - Suite J


**SD COMPUTER SPECIALISTS**  
**Gabriel Barrios**  
 1455 Santa Rita East  
 Chula Vista, CA 91913  
 619-207-0999  
 sdcomputerspecialists@cox.net  
 10% discount  
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 card and Gold Crown  
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 10621 Tierrasanta Blvd.  
 858-268-0810

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 Computer Consulting and/Set-up  
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 Art Larkin – 858-277-4131

**Klassic Dry Cleaners**  
 and Formal Wear  
 5% off dry cleaning  
 5950-J Santo Road

**Dr. Paul V. Koepke, D.D.S.**  
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 858-279-7680  
 10% Senior Discount  
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**San Terra Properties**  
 Property Management-1 month FREE  
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 Discount for Villagers 619-261-9612

### **TVSD Book Club Selections**

**2020**

**Publish Date**

Oct.	Cannery Row	John Steinbeck	4/28/1945
Nov.	The Moment of Lift	Melinda Gates	4/1/2019
Dec.	Magpie Murders	Horowitz, Anthony	10/1/2016

**2021**

Jan.	Dr. Zhivago	Pasternack, Boris	5/10/1957
Jan.	Spying on the South	Horwitz, Tony	5/1/2019
Feb.	Ordinary Grace	Krueger, William Kent	3/1/2013



## Memories from 2012



**Cancer Memorial  
on Harbor Drive**



**Beautiful Day at  
the Harbor Area**



**USS Recruit at  
Liberty Station**



**Naval Training Site**

See All Photos at:

<https://rigdon.smugmug.com/TVSD-Material/TVSD-Naval-History-Tour/>



**National  
Rose Show  
San Diego  
2018**





# TVSD Paris Trip 2013



## Versailles Palace

### J. Paul Getty Museum, Malibu, CA 2013

The Getty Villa in the Pacific Palisades neighborhood of Los Angeles, is one of two locations of the J. Paul Getty Museum. The Getty Villa is an Educational Center and Museum dedicated to the study of the arts and cultures of ancient Greece, Rome, and Etruria. The collection has 44,000 Greek, Roman, and Etruscan antiquities dating from 6,500 BC to 400 AD, including the Lansdowne Heracles and the Victorious Youth.

See all photos at: <https://rigdon.smugmug.com/TVSD-Material/J-Paul-Getty-Museum-Malibu-CA/>

