



Tierrasanta Village of San Diego **Village Vibes**

“Living for Today: Planning for Tomorrow”

March 2021

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+. TVSD promotes social connections and helps our members thrive and remain independent. We plan many special events and create activities for different passions and interests.

President's Message

What a sweet old fashion tradition...sending Valentines to those you love. It never goes out of style.

Neighborhood captains organized calls, Valentine treat drop offs and visits to members. What an awesome way to show they care and understand our heartfelt need for loving contact and friendship.

Thank you to Neighborhood Group organizers and volunteers who called, made packaged goodies and Valentines. Mine even had homemade cookies that looked like red velvet cake...straight from the heart.

If you have ideas about an event or activity to safely have fun and connect with Villagers, reach out to a Core Team Leader and chat about how to make it happen.

War Memorials – Washington DC

Iwo Jima Memorial



Vietnam Memorial



World War II Memorial



Unknown Soldier Memorial



Someone You Should Know.....by Carol Lee

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Marty Sandman's future mom and dad lived in Cincinnati, Ohio within just a few miles of each other. They met on a blind date, playing tennis at a local municipal tennis court. His dad worked most of his career as a traveling salesman, then worked for several years for the State of Ohio in the Tax Department as a Team Leader. His mother was a legal secretary and stopped working when Marty was born. The couple had a second son six years later. When Marty was ten and his little brother was in first grade, his mother returned to work. Marty's dad died at 67, and his mom lived to the age of 92.

Marty and Judy married in 1965. He was in U.S. Army ROTC as a Second Lieutenant at Fort Monmouth, NJ. When he was deployed to Vietnam, Judy and their young son lived with her parents in Dayton, OH. After a year in Vietnam, Marty was discharged, and in 1968 began working for NCR Corporation in Dayton. They bought a house near Judy's parents and were there for almost three years.

Marty was transferred to San Diego at the age of thirty, when NCR was opening a new plant to build computers in Rancho Bernardo. He had been working with the software for those computers in Dayton and was well-prepared. Marty and Judy moved to Tierrasanta in 1972.

Marty and Judy have a son (Marty) and a daughter (Jill). Jill and her husband have a daughter who is almost 15. The whole family is able to get together often, because Marty and Jill live in the area. Jill has a Master's in Communication from USD, and Marty has taken courses there, as well, maintaining something of a family tradition: Marty Sr. had earned his MBA at USD in the 70s, and years later, Judy worked full time in the housing office at USD. Judy finished her Bachelor's and Master's degrees in Education at USD, but didn't go into teaching, as she was promoted to be the Assistant Director of the Housing Office and continued working at USD for over twenty years.

Marty retired in 2004, after 34 years with NCR. He then had his own consulting practice in data analytics until 2010, although he continued his teaching. Over the span of 24 years he taught part-time for West Coast University, National University, and then Mira Mar Junior College.

Judy joined TVSD before Marty, encouraged by her friends, Ginny Berlin and Linda Rees, who already were members. Marty would drive Judy to events and sometimes participated as a non-member. He became a member in 2012 and cemented friendships with about twenty other members who traveled together on a trip to South America. A couple of years later, he began playing pool weekly at the VMC clubhouse, until the pandemic. He is on the IT Committee with Greg Zweibel, Don Stewart, and Bradlyn Mulvey, often doing research projects.

Marty is currently developing iPhone apps which he submits to Apple for review. When they are approved, they go into the Apple Store. He writes catalog descriptions and creates a You Tube video to describe each app. He had four apps approved right when the iPhone was new. For the next nine years he worked on new apps, and soon will have a new one ready, which he thinks will be commercially successful.

After talking with Marty, I think I sensed that I can pass along these "Words to live by" - - "Keep your mind active and never stop being creative."



OFFICE HOURS

Monday - Friday

11:00 AM - 3:00 PM

Village Business

**Tierrasanta Village
of San Diego
Reinvented During
COVID 19 Pandemic**

Cover Photo

**WW II Memorial –
Washington Dc**

**4000 Gold Stars for
1000 KIA
Total of 400,000**

Many Village activities have changed to comply with State and local safety requirements. To get more from your membership check out the following activities and see if any of them sound interesting. If you need computer help, contact Greg Zweibel. He will answer questions about how to get on a Zoom call or he, or someone in IT, will try to solve some computer problems.

1. Daily Chatter eblast from Cassandra and Fran with helpful information.
2. Cassandra answers the TVSD phone providing information and support, during her normal work hours (Monday-Friday, 11:00 am to 3:00 pm).
3. Monthly electronic Vibes.
4. Check-in phone calls to members from: Care Committee, Neighborhood Captains, Board members, and Administration.
5. Seven volunteers, outside the Village, doing grocery shopping.
6. Buddy System: Approximately 60 members checking in on each other and building supportive friendships.
7. Time Bank
8. Book Club meeting virtually.
9. Mah Jongg on-line, with groups of four Villagers, who played at the VMC.
10. Lunch Bunch meeting virtually.
11. Exercise on your own, or with a buddy using flextogether.com.
12. Coffee Chats hosted virtually.
13. Core Team Leaders meeting virtually.
14. Core Team Committees meeting virtually.
15. Board of Directors meeting virtually.
16. Neighborhood Group Captains meeting virtually.
17. Community Service Activities meeting virtually.
18. Village to Village and Village Movement California virtual trainings, conferences, and meetings.
19. Book exchange.
20. Backyard chat groups up to 10, safely distanced.
21. Pilates and Yoga classes by Leslie Norris on Zoom.
22. Neighborhood Group backyard meetings.
23. Front porch chats.
24. Lunch groups and happy hours, up to six, meet in restaurants, safely distanced.
25. Coping With COVID: Virtual discussions.
26. Educational Presentations: Sponsored by the Care Committee, virtually.
27. Walking: members meeting for daily or weekly walks.
28. Virtual General Monthly Meetings open to all members.
29. Virtual Arts and Crafts.
30. Knitting in the park virtually.
31. Neighborhood Group Virtual Valentines Celebration – calls, treat bag drop off, front porch chats.
32. Maintain TVSD Website for Member Information

Many events require registration. You can learn more about what is going on at TVSD by checking out the Events Calendar under the Activities tab on the website or click the CALENDAR button in the Village Quick Links box.

Core Team Leaders Make a Difference

Special thanks to Core Team Leaders who provide admin, care and wellness programs, IT, events, socials, and all the support activities that keep our Village running. They are a hard working team that meets virtually every other month to problem solve, plan new activities, and discuss ways to keep us all connected. Their commitment and creativity have helped strengthen the Village experience during the pandemic. Contact a Core Team Leader if you would like to join a team or have ideas to share with them about activities or events.

Hat's off to the following outstanding leaders!

Core Team	Chair	Co-Chair
Administration	Fran Zweibel	Cassandra Hanrahan
Care & Wellness	Bradlyn Mulvey	
Communications	Mike Rigdon	
Fund Development	Janice Trantham	
Information Technology	Greg Zweibel	Don Stewart Martin Sandman Bradlyn Mulvey
Membership	Ginny VanBenthuisen	Sue Christian
Social Events		Sue Christian Marilyn Millikan Committee Member Patty Mudd
Volunteers	Marilyn Bente	
Neighborhood Groups	Carol Burgert	Carol Higgins
Community Partnerships	Sheila Weiner	
Time Bank	Delise Koningsbach Carmela Caverio	

Prospective TVSD Members

The membership team has an ongoing list of Tierrasanta residents who are interested in learning more about the Village and/or hopefully joining the Village when the time is right.

Prospective members can receive a copy of the Vibes via email once they are put on the non-member database. SO, if you know of anyone who might be interested in learning more about the Village and membership, let us know. We would be happy to contact them and make sure they know about our Website and monthly newsletter. We look forward to the day we can once again do Informational Socials in person. Contact Ginny VanBenthuisen or Sue Christian.

Tierrasanta Village of San Diego Village Business Supporters

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Tierrasanta Mexican Restaurant
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Gaetano's Italian Restaurant
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Sub-Marina #2
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 858-292-8633

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SD COMPUTER SPECIALISTS
Gabriel Barrios
 1455 Santa Rita East
 Chula Vista, CA 91913
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 Discount for Villagers 619-261-9612

TVSD Book Club Selections — 2021

Thanks to Marilyn Bente's recommendation,
we have added a book for April to our line-up for 2021. *

March	Ordinary Grace	Krueger, William Kent	3/1/2013
April	Garlic and Sapphires*	Reichi, Ruth	2005
	* Garlic and Sapphires: The Secret Life of a Critic in Disguise		
May	Water Dancer	Ta-Nehisi Coates	9/2019
June	Homeland Elegies	Ayad Akhtar	9/2020
July	The Lost Man	Jane Harper	10/2018

Ruth Reichl, world-renowned food critic and former editor in chief of Gourmet magazine, knows a thing or two about food. She also knows that as the most important food critic in the country, you need to be anonymous when reviewing some of the most high-profile establishments in the biggest restaurant town in the world.