



Tierrasanta Village of San Diego

Village Vibes

"Living for Today: Planning for Tomorrow"

MAY 2021

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+. TVSD promotes social connections and helps our members thrive and remain independent. We plan many special events and create activities for different passions and interests.

President's Message

What wonderful news...the Village has reached 100% vaccination! Congratulations to all our members who stepped up, overcame fears, hesitation, and difficulty finding appointments to get their shots. This is the first big step toward reaching a degree of normalcy and getting back together in ways that support and keep us connected.

The next question we are all asking is...what hurdles need to be overcome for us to meet at the clubhouse again? Fran, Greg, and Cassandra have been following changing CDC and County guidelines, meeting with insurance people, HOA and church representatives, looking at options, and formulating plans and guidelines. After their info gathering, Fran and Greg will advise our Board of Directors of their recommendations. The Board will then begin sharing the re-opening plan with members. Until then, your patience is appreciated.

Right now, we are taking baby steps. As we approach re-opening, we want to be sure that we are in compliance with all requirements and that when we do open, it is safe. We understand that even after we open, some members may not be comfortable or able to gather at the Club House. Therefore, the preliminary plan is to have a hybrid of activities both in person and on Zoom so all our members feel connected and supported. Meanwhile, please continue to lead and participate in Village activities. We love seeing you at Zoom General Meetings, Coffee Chats, Book Clubs, Lunch Bunch, and all the other virtual and backyard events!

Janice Trantham

MONSERATE, BARBADOS NORTH & VILLA MONTEREY APRIL NEIGHBORHOOD GROUP MEETING AT VILLA NORTE PARK



**"Mindfulness is not a mechanical process.
It is developing a very gentle, kind, and creative awareness to the present moment."
—Amit Ray (Author – born 1960)**

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Someone You Should Know.....by Carol Lee

Cassandra Ann Reichenbacher was born and raised in Walnut Creek, CA, in the East Bay area of San Francisco. She was an only child who played softball constantly, but as the teams became more competitive, they no longer felt like recreational fun and she decided not to play for college.

She attended California State University in Monterey Bay, a new, small school on the peninsula and close to home. She visited her mom and dad every month. She enjoyed the chance for some home cooking and the access to her parents' washer and dryer. The college was near Salinas Valley, 'the salad bowl of the world', and the area was rich with tourism. Cassandra was always a servant, by nature, and she decided to work toward a business degree with an emphasis in hospitality management.

After earning her degree, Cassandra landed an internship at the famous Pebble Beach Resorts, one of the top golf courses in the world—at that time, it cost \$500.00 to play a round--and a two-night stay was also required at \$500.00 per night. Cassandra started in concierge services. She liked the luxury and the whole field of hotel management. She completed their management training program, and in nine months, she was made Assistant Manager at a sister property. She learned to golf (free to employees) on their world-renowned courses. An opportunity for a management position in marketing opened up, involving partnerships with such brands as Coca Cola, FedEx, Visa, and Lexus. There were a lot of perks available with the job, and she enjoyed it very much.

Cassandra left this great job, however, because she had met a gentleman, a former helicopter pilot, who was studying for his Master's Degree in Applied Physics at the naval postgraduate school in Monterey Bay. After graduation, Cassandra's new husband, Patrick Hanrahan, was equipped to handle 'satellite and GPS-type work' for the Navy. He was assigned to the Pentagon, and they lived in Alexandria, Virginia, for three years.

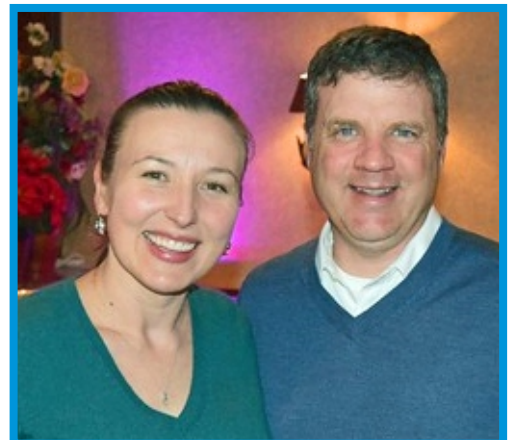
They married in their first year in Alexandria, on April 17th, 2010, and their son, Ian Patrick, was born in July of 2012. When he was one year old, they moved to Los Angeles, where Patrick was Navy Liaison at the military base in El Segundo for two years. When Patrick retired in the summer of 2015, the family found a lovely neighborhood in Tierrasanta and bought a house. They have loved TS ever since. Patrick still works for the Department of Defense, doing the same classified, satellite and GPS-related work.

In January of 2016, Cassandra's parents moved to Tierrasanta from Walnut Creek, quite near the Hanrahan's, to their mutual delight. They are pleased to be near so that they can support and look after one another. Of course, Cassandra's mom is planning to join TVSD when COVID is behind us! Patrick's family lives in Idaho, so Patrick, Ian, and Cassandra travel there often (at least, when COVID didn't interfere.)

After overcoming some very serious medical challenges, Cassandra felt ready for a low-key job. In July of 2019, she found TVSD and loves that she can work close to home (when she worked on-site, before COVID). She appreciates the flexible schedule and is impressed by the Village's friendly members. She loves knowing and working with people in the community.

It will be no surprise to anyone who has interacted with Cassandra, that these are her 'words to live by':

***"You catch more flies with honey
than you do with vinegar."***



OFFICE HOURS

Monday - Friday

11:00 AM - 3:00 PM

Village Business

**General Meeting
May 3 – Via Zoom**

Cover Photo

**5 Mast Cruise Ship
Somewhere in
the Caribbean**

Clubhouse Estimated Reopening Dates Set

We are happy to announce that VMC Clubhouse reopening dates have been tentatively set. The estimated date to reopen the VMC for clean-up and set up is June 15. We are estimating that activities will be scheduled, and the Clubhouse will be ready for members to gather starting on June 28, 2021.

The plan is to start with a few activities to give Cassandra and the Reopening Committee a chance to see how safety protocols are working, and what needs to be changed before adding more activities.

Guidelines for reopening still must be discussed and approved by the BOD. As soon as that information is available, it will be shared on Daily Chatter, Vibes, the website, and at General Meetings.

At the June General Meeting we will present and explain Reopening Guidelines and give you a chance to ask questions. Please mark your calendar and plan to attend that important meeting on June 7th at 3:00 PM.

We are so excited about the possibility of gathering face-to-face again. CDC and local safety guidelines will be observed because it is important for us to be safe, and feel safe when we get together in groups.

Special thanks to Fran and Greg Zweibel and Cassandra Hanrahan, our Reopening Committee, for all the work they have put into researching and developing Reopening Guidelines. We are grateful for your contributions

Time to Update Your Information

When you joined TVSD you completed a membership application, which included your Interests, Emergency Contacts and Additional Member Data. At this time, we ask you to please update your Emergency Contact information. **Having this information is critical for us to help you in an emergency situation while at the Clubhouse or other TVSD event!** For example, if a member has a fall while at a TVSD event, we can quickly contact the designated family or friend to help, especially if you require medical attention and/or transport to the hospital.

Additionally, the TVSD Board and Committees are continually focused on providing new and fun events for members. To help determine which new activities to create, we ask that you update your Interests List and Additional Member Data list. Once you are logged into the TVSD site, click on your name in the upper right hand corner. You can update your information by clicking on the "Profile" option.

If you need assistance with this process, PLEASE DO NOT HESITATE to contact us through the Village phone or email. We are here for you and want to help you make the most of your membership with TVSD!

Know Someone that Might be a Prospective Member?

The membership team keeps an ongoing list of Tierrasanta residents who are interested in learning more about the Village and/or hopefully joining the Village when the time is right.

Prospective members can receive a copy of the Vibes via email once they are put on the non-member database. SO, if you know of anyone who might be interested in learning more about the Village and membership, let us know. We would be happy to contact them and make sure they know about our Website and monthly newsletter. We look forward to the day we can once again do Informational Socials in person. Contact Ginny VanBenthuyzen or Sue Christian.

Timebank Topics

Thank you to those members who updated their Time Bank Offers and Requests page. On review we have a variety of offers in the House and Gardening, Arts and Crafts, Help at Home to mention a few. If you have not investigated the Time Bank page recently, please do! Remember you have time credits available from renewing your membership. If you are not a member please consider joining.

The Time Bank concept is based on the belief that every one of us has something of value to share with someone else. The system provides a practical giver and receiver system. Carmela Cavero

Doilies, Scarves, Booties and Slippers, Luggage Worms, Coffee Can Covers, Toilet Paper Covers, Blankets, Bedspreads and Throws, Tablecloths, Dolls, Hats & Beanies, Shotput Covers, and SLIPCOVERS !!!

This is what life was about for my mother. She glowed as she spent hours crocheting her creations. Her mind constantly going trying to decide what to make next.

Her fingers were magic and her eyes twinkled with her creativity. You could taste her excitement as she shared each piece of her special treasures – her works of art!

Her crochet needle moved in a mystical way revealing her love and talent.

What a surprise and shock it was one day when I walked into her living room to see all the furniture covered in crocheted slipcovers – her absolute masterpiece.

I didn't know whether to laugh, cry, scream -- what?? How do you express to someone how you feel when you see this outrageous and miraculous spectacle??

All of her wonderful work – each piece made with such love and care. Creativity every day.

Busy hands, **Busy** heart, **Busy** keeping her mind going, **Busy** sharing her love by sharing her special creations.

This was my mother, Bess. She was 82 when she passed away and I have NEVER known anyone like her!

Fran Zweibel



A Tribute to my Mom, Bonnie Lautar

By Marilyn Bente

There are so many wonderful memories I have of my mom that it's hard to narrow them down to share a few in a tribute to her for Mother's Day. Here is what I remember most about her in the years when I was growing up:

She was a stay-at-home mom having given up her nursing career to be there for us five kids. She always had a homemade snack or goodie for us when we came home from school. I especially remember the hot cocoa ready for us after we had walked home on a cold Ohio day!

She loved movies (her favorite was "The Sound of Music"), songs of the 40's, and Broadway tunes. She loved singing along with the radio and our 45 rpm records. We used to listen to the Top 40 countdown on the radio as Mom and my sisters and I did the dinner dishes. She, too, knew all the words to the Beatles, Beach Boys, and Four Seasons songs. She made washing and drying dishes for a family of seven a fun activity every evening! (We didn't have a dishwasher then; Dad said that he had five dishwashers in us five kids!)

She was an avid reader and taught all five of us early on to enjoy books and to appreciate our little neighborhood library.

She was a stickler for grammar, punctuation, and handwriting. All of our homework essays, compositions, and spelling sentences were proofread by Mom. And we would have to redo any papers that were too messy or were not properly written. She patiently listened as we spelled the week's vocabulary words each Thursday evening before the Friday test. (Dad checked over the math and science homework.)

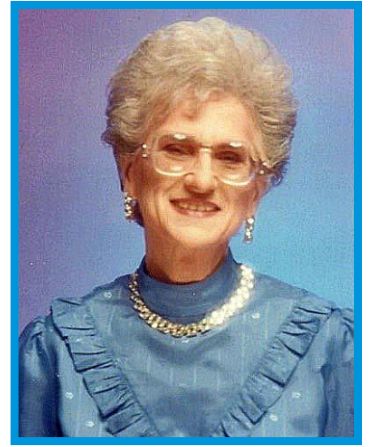
An only child, she took parenting five children very seriously, but always made it an enjoyable experience for us all!



Joyce Muinos Memories of Mom

The older I get, the more I realize what a “giver” my mother was!
She didn't have much, but she gave what she had --- her time & talent!
You need a class chaperone? My Mom
You need a driver for a carload of kids? My Mom.
You need someone to collect for March of Dimes? My Mom.
You need someone to work the polls? My Mom.
You need someone to make dinner for a grieving family? My Mom.
You need pies, jams, jelly for a charity dinner? My Mom.
You need a babysitter? My Mom!
You need a Girl Scout Leader? My Mom. (She continued to lead
and mentor young ladies well after I left home. She was active with
the Girl Scouts well into her seventies!)

My Mom had a garden that kept many neighbors' pantries stocked with lettuce, onions,
tomatoes, corn, etc.
She and my Dad played Santa and Easter Bunny for our town's children for years.
I miss them both every day, but It's Mom's voice I hear in my head when I'm being selfish
or self- centered!
Happy Heavenly Mother's Day, Mom!



TVSD Memories of Past Social Events (Click on link to access Photos on Smugmug Website)

Holiday Party 2019

<https://rigdon.smugmug.com/TVSD-Material/TVSD-Holiday-Party-2019/>

Rhinestone Grannies

<https://rigdon.smugmug.com/TVSD-Material/Rhinestone-Grannies/n-MQ9p8G/>

TVSD Whaley House Tour

<https://rigdon.smugmug.com/TVSD-Material/TVSD-Whaley-House-Tour-Lunch/>

TVSD RB Winery Social June 2019

<https://rigdon.smugmug.com/TVSD-Material/TVSD-Social-June-5-2019/>

TVSD Holiday Gala 2018

<https://rigdon.smugmug.com/TVSD-Material/TVSD-Holiday-Gala-2018/>

Patriots Day Parade 2019

<https://rigdon.smugmug.com/TVSD-Material/Patriots-Day-Parade-2019/>

Gemological Institute of America Field Trip

<https://rigdon.smugmug.com/TVSD-Material/Gemological-Institute-of-America-Field-Trip/>

Lions, Tigers & Bears Sanctuary, Alpine 2018

<https://rigdon.smugmug.com/TVSD-Material/Lions-Tigers-Bears-Sanctuary-Alpine-2018/>

Water Conservation Gardens

<https://rigdon.smugmug.com/TVSD-Material/Water-Conservation-Gardens/>

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TVSD Book Club Selections — 2021

May	Water Dancer	Ta-Nehisi Coates	9/2019
June	Homeland Elegies	Ayad Akhtar	9/2020
July	The Lost Man	Jane Harper	10/2018
August	My Grandmother Asked Me to Tell You She's Sorry	Frederik Backman	4/2016
Sept.	The Warmth of Other Suns (Story of America's Great Migration)	Isabel Wilderson	9/2010
Oct.	Saving Fish from Drowning	Amy Tan	2005
Nov.	Furious Hours: Murder, Fraud, and the Last Trial of Harper Lee	Casey Cep	5/2019