

Tierrasanta Village of San Diego **Village Vibes**

“Living for Today: Planning for Tomorrow”

May 2022



Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+. TVSD promotes social connections and helps our members thrive and remain independent. We plan many special events and create activities for different passions and interests.

President's Message

Spring is in the air. Those April showers did bring May flowers! Just look around at our community: Tierrasanta is so colorful right now with roses, amaryllis, irises, and lilies of the Nile all in bloom! Spring is an optimistic season, a period of rebirth, rejuvenation, renewal, and regrowth. And our Village is optimistic too. We are re-engaging and expanding. Just look at our monthly activity calendar! We have overcome the limitations of social isolation and are holding two events this spring that have not been held in person for two years.

First will be our Annual Business Meeting, being held on Monday, May 2, in person in the Fellowship Hall of the Seventh Day Adventist Church. Last year, this meeting, where we learn about the goals of our Village and our finances and annual budget, was held on Zoom. I hope that you have registered by now to participate in this informative session and to join your fellow Villagers for a light supper and socialization afterwards.

The second event that we are planning is our Volunteer Appreciation Brunch. Our volunteers make our Village thrive and we have gone two years without holding this event where we honor and recognize our volunteers for their time and energy. Please join us on Friday morning, June 3, at 10:30, again at the Fellowship Hall of the Seventh Day Adventist Church.

TVSD is a member-run organization, and as such, we rely on our volunteers to create and implement programs, to care for each other, to build community, and to achieve our mission to foster vital independent living. We are so grateful for every event coordinated, for every mile driven through the Time Bank, for every connection made, and for every step taken, big or small, to keep our Village an enriching place to age. So not only do those May flowers keep Tierrasanta vibrant, but our TVSD volunteers do so as well!

In closing, I want to wish all of you mothers, grandmothers, and great-grandmothers a very

HAPPY MOTHERS DAY!



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Someone You Should Know.....by Carol Lee

Art Mulvey II says he doesn't "remember much about that birth stuff, but I know I was born on December 30, 1936, in Tucson, Arizona—and it snowed that day!"

When WWII began, Art's dad joined the navy. He was 42 at the time and became a recruiter. He was transferred to places like Spokane, Washington, and Pocatello, Idaho. Art's mom took Art to Prescott, AZ, which was a mile high and not abundant with ragweed, which had been triggering Art's hay fever and asthma in Tucson. In 1946, Art's dad was discharged from the navy and went into life insurance and real estate, while his mom, who had graduated from the University of Minnesota as a dental hygienist, worked part-time when Art was in junior high school.

Art had a good childhood where he could play in the neighborhood streets and roam all around through the woods. He completed grade school and high school in Prescott. He still has a friend or two from kindergarten and first grade. While in high school, he started caddying at the country club, followed by playing on the golf team. The summer between high school and college, Art was employed by the Forest Service in Yellowstone as a lookout on a fire tower.

Art ended up back in Tucson, attending the University of Arizona, earning a degree in agricultural chemicals and soils. It was there that he met and married his first wife. After graduation, he moved to Marana, Arizona, and worked as a sales rep for the White Company, which sold insecticides and herbicides to farmers for their cotton fields.

As it turned out, Art didn't like sales, so he went back to school to get his teaching credential in science. He and his wife and son moved to Fullerton, California, so that Art could teach high school biology. Another son was born to the couple, and Art spent summers at Union College in Upstate New York while his wife and boys spent the summer in Missouri with his wife's parents. He completed a master's degree for advanced teaching science methods. Shortly after that, he and his wife divorced. Also, he began a ceramic hobby-business

He worked another thirty-two years in the Fullerton High School District, teaching various science and art courses. In addition to Biology, Earth Science, Oceanography, he has taught woodworking, jewelry- making, silk screening, and pottery. Art retired from the classroom in 1996.

Even though they both worked for the same school district, they taught in different high schools, and it was by chance that Art and Bradlyn met in a district teacher's sensitivity training program. They were married in 1969, Art continuing to teach science courses and Bradlyn continuing to teach English, Speech, and Debate. Art sported long hair and a beard in those days, and they participated in the very first Earth Day in 1972. One of their passions was traveling all over the world.

The couple's two daughters graduated from San Diego State University. When they married, they told their mom and dad: "We're going to start having kids, and if you'd like to be grandparents you need to move to San Diego." Art and Bradlyn moved to San Diego in 2003 and were the grandkids' caregivers while both of their daughters were teaching kindergarten. Before the grandkids were school age, they spent days with Bradlyn and Art, and a good time was had by all: parks, zoo, museums, you name it. Their dog Hoot, a gray and white Snoodle rescue, is also a beloved 14-year member of their family.

When walking the neighborhood, they met Fran and Greg Zweibel, who told them all about TVSD and encouraged them to join. Art and Bradlyn "weren't ready yet—we're too young". However, about six years ago when the grandkids began attending grade school and they had lots of time on their hands, Art and Bradlyn joined the Village. Until he tore both Achilles tendons, they did a lot of walking...it was the walking on uneven sidewalks that laid him up with broken ribs and the torn tendons. They enjoy Balance Class and many of the activities of the Village.

Art "enjoys doing things that are on the fringe of the artistic". He sees art in science and likes 'doing more than reading'. He recommends ***"being active as much as you can, and having fun with the old and the new."***



OFFICE HOURS

Monday - Friday

8:30 AM - 12:30 PM

Village Business

**General Meeting May 2, 2022
3 to 5 PM with light meal
in person, or Online via Zoom**

Cover Photo

**USS O’Kane
DDG-77
at Pearl Harbor**



Welcome new Members
Denise Gregor & Mark Lasky

Greg Zweibel & Don Stewart
preparing for last General Meeting
via zoom. No easy task!



Romeo Group

Lunch at The **Butcher Shop**
Kearny Mesa Road
May 24 at 11:30am.

* * * * *

Calling all Villagers!

TVSD is in need of “one-time” volunteers for the Tierrafest and Patriot’s Day Parade on Saturday, May 21st. This is a big Tierrasanta Community event and we want to be recognized as a viable organization and proudly participate! At the Tierrafest, we will have a booth along with many other non-profits in our community.

Cassandra is organizing our participation in the event and has received several offers from volunteers to help staff our booth - thank you!! We still need volunteers to walk 1/2 mile in the parade, representing our Village and carrying our banner. Currently we have 3 members scheduled to walk in the parade and we certainly need a larger turnout to represent our wonderful Village at this fun annual event. Please step up and assist TVSD on this day! Contact the Front Desk if you are able to walk in the parade or assist in our booth. Thank you!

* * * * *

Tierrasanta Village T-shirts

If you are interested in purchasing a new **Tierrasanta Village T-shirt**, be on the lookout for email announcements including ordering instructions. We would like to have the new shirts arrive in time for the Patriot’s Day Parade on May 21st!

TVSD Village

is blessed to have a long list of committed volunteers who have taken leadership roles and who serve on our core teams and committees. But, these dedicated volunteers always appreciate support. Below are just a few examples of ways that Village members can get involved and provide much needed assistance. Please contact the Core Team leader or the Front Desk if you can assist with any of these activities. Thank you to all volunteers and everything you do!

Committee: Social

Description: Attend a Social Committee planning meeting to help choose events and create the social event calendar for the upcoming months

Volunteer Hours: 1.5-hour meeting, once or twice annually

Committee: Neighborhood Groups

Description: Help with light set up / clean up at neighborhood gathering

Estimated Volunteer Hours: ½ hour, once or twice annually

* * * * *

May SNAP Luncheon

Saturday, May 28, at 11:30
Bj’s Restaurant,
1370 Frazee Road,
Hazard Center off Friars Road

Christmas in May Open House and Garden Party

Marc and Grazia Narkus-Kramer invite you to a Christmas in May Open House and Garden Party on Saturday, May 14th 2022 from 4:30-7:00 PM

Originally the party was scheduled for December, but when the virus took another encore, instead of cancelling it, we decided to postpone it. "Better late than never," we say, so come and enjoy Grazia's Christmas extravaganza, which consists of 40 some Christmas trees, two blinking peacocks, antique toys, many angels, Santas, cats, dogs, wreaths, etc.

Refreshments will be served.

Register by May 6th

Capacity - 30 attendees



Armchair Traveler

June location
will feature South America
with highlights of Rio de Janeiro
Buenos Aires, Santiago
Easter Island, Montevideo
and others
videos by *Princess Cruises*

JUNE 14 – 1 to 2:30 PM

*Feel free to bring a personal snack.
Water will be provided.*



**YOU ARE INVITED
TO HONOR AND THANK YOU
OUR TVSD VOLUNTEERS
BECAUSE YOU MAKE OUR VILLAGE THRIVE !**

Please join us at our

VOLUNTEER APPRECIATION BRUNCH

When? Friday, June 3, 2022, 10:30 am

Where? Fellowship Hall, Seventh Day Adventist Church

What? A morning brunch, fun drawings, time to socialize, and an opportunity to show our volunteers how grateful we are for their time and energy

TVSD is a member-run organization, and as such, we rely on our volunteers to create programs, to care for each other, and to build community. We are grateful for each and every volunteer! Thank you all who make the Village -- and Tierrasanta -- a vibrant place to live. Let's all come together to recognize our volunteers. And if you have not been able to volunteer this year, for whatever reason, please join in the celebration to applaud and to personally thank those who have volunteered.

Tierrasanta Village of San Diego

May 2022

SUN	MON	TUE	WED	THU	FRI	SAT	
1	2 10:00 AM - Chair Yoga 11:00 AM - Carol's Coffee Chat (Zoom) 3:00 PM - Annual Meeting 7th Day Church	3 9:00 AM - Balance & Strengthening 11:00 AM - Good News Chat 11:30 AM - Eating Well 1:00 PM - This is Your Life: Follow Up	4 9:00 AM - Stretch & Balance 10:00 AM - Chair Yoga 10:30 AM - Village Golfers 11:00 AM - Carmela's Stronger Memory Meeting 11:30 AM - Lunch Bunch 1:00 PM - Bridge Group 3:00 PM - Fabric Art: a Life Story	5 9:00 AM - Balance & Strengthening 10:15 AM - Mah Jongg 1:00 PM - Bridge Group	6 10:00 AM - Chair Yoga 11:00 AM - Games and Grub 4:00 PM - Tambor Neighborhood Group Meeting	7	
8 Mother's Day	9 10:00 AM - Chair Yoga 11:00 AM - Carol's Coffee Chat (Zoom) 12:30 PM - Monserate, Barbados No & Villa Monterey Neighborhood Group Meeting	10 9:00 AM - Balance & Strengthening 1:00 PM - Core Team Meeting/Workshop	11 9:00 AM - Stretch & Balance 10:00 AM - Chair Yoga 10:30 AM - Village Golfers 11:00 AM - Carmela's Stronger Memory Meeting 1:00 PM - Bridge Group 1:00 PM - Fran's Monthly Chat 7:00 PM - Poker Night	12 9:00 AM - Balance & Strengthening 10:15 AM - Mah Jongg 1:00 PM - Bridge Group 3:00 PM - Village Book Club	13 10:00 AM - Chair Yoga 11:00 AM - Games and Grub	14 See Box Below	
15	16 10:00 AM - Chair Yoga 11:00 AM - Carol's Coffee Chat (Zoom) 1:00 PM - Laurie Brown's Stronger Memory Meeting (Zoom)	17 9:00 AM - Balance & Strengthening 11:30 AM - Tuesday Lunch Bunch 2:00 PM - The Memoir Project	18 9:00 AM - Stretch & Balance 10:00 AM - Chair Yoga 10:30 AM - Village Golfers 11:00 AM - Carmela's Stronger Memory Meeting (Zoom) 1:00 PM - Bridge Group 2:00 PM - Care Partners Support Group	19 9:00 AM - Balance & Strengthening 10:15 AM - Mah Jongg 1:00 PM - Bridge Group 4:30 PM - Happy Hour at Fifty9Fifty	20 10:00 AM - Chair Yoga 11:00 AM - Games and Grub 1:00 PM - Sack Lunch and a Movie "THE QUEEN" <i>Helen Mirren - James Cromwell</i>	21 D A Y P A R A D E P A T R I O T S	
22	23 10:00 AM - Chair Yoga 11:00 AM - Carol's Coffee Chat (Zoom)	24 9:00 AM - Balance & Strengthening 11:30 AM - ROMEO - The Butcher Shop 12:30 PM - Care Committee Meeting	25 9:00 AM - Stretch & Balance 10:00 AM - Chair Yoga 10:30 AM - Village Golfers 11:00 AM - Carmela's Stronger Memory Meeting 1:00 PM - Bridge Group 1:00 PM - Padres vs. Brewers 6:00 PM - Bunko	26 9:00 AM - Balance & Strengthening 10:15 AM - Mah Jongg 1:00 PM - Board Meeting 1:00 PM - Bridge Group	27 10:00 AM - Chair Yoga 11:00 AM - Games and Grub	28 S E E B E L L O W S N A P	
29	30 Memorial Day 8:00 AM - VMC CLOSED FOR HOLIDAY 10:00 AM - Chair Yoga 11:00 AM - Carol's Coffee Chat (Zoom)	31 9:00 AM - Balance & Strengthening	6/1/2022 9:00 AM - Stretch & Balance 10:00 AM - Chair Yoga 10:30 AM - Village Golfers 11:00 AM - Carmela's Stronger Memory Meeting 11:30 AM - Lunch Bunch (Zoom)	SNAP Saturday May 28 11:30 AM Bj's Restaurant 1370 Frazee Road Hazard Center off Friars		Christmas in May 4:30 PM - 7 PM Saturday, May 14, 2022 Open House and Garden Party	

19 TVSD Volunteers

helping **Jewish Family Services** with activity kits for the kids who sleep in their cars and birthday cards for the delivery of meals and it's their special day.



HATS OFF

To Our TVSD Community Outreach Leader, Sheila Weiner, and our Village Members who assisted in a project to aid Jewish Family Service.

As many of you know, our Village has partnered with Jewish Family Service (JFS) as spearheaded by our Community Outreach Core Team. On Monday, April 25, seventeen TVSD members volunteered to help with both assembling activity kits for the homeless children who spend the night in the parking lot at JFS and with writing birthday messages in the cards that will be delivered to the recipients of Meals on Wheels.

As the TVSD Board President, I want to thank the Village members who stepped up to make sure that this program got off to a great start! I am very impressed with the generosity of our Villagers in donating all of the supplies for the children's activity kits: crayons, bouncing balls, stickers, and chalk are just some of the fun items purchased and donated by our members. Other generous members donated money and gift cards to purchase other requested supplies. And I am so very grateful that we had 17 Village members gather at the clubhouse to assemble kits and to write the birthday greetings. Afterwards I heard such comments as: "This was fun. When are we going to do this again?" "I feel so good this morning knowing that I've helped these homeless children in some small way." "I like volunteering for these one-time activities now and then."

So hats off to everyone who participated in one way or another! We are an all-volunteer Village and I, for one, am both proud and thankful for your commitment of time, talent, and treasure!

MERCI GRACIAS GRAZIE DANKE..... In any language
THANK YOU!

Marilyn Bente



Memories of Patriots Day Parade Days



Richard O'Kane Awards and decorations

In addition to the Medal of Honor, O'Kane received three Navy Crosses, three Silver Stars, the Legion of Merit with "V" device for valor, the Purple Heart and several other decorations throughout his career.

**DDG-77 on Cover
was named for him**



**Medal of Honor awarded to Richard O'Kane
by President Truman in 1946**

Richard O'Kane (February 2, 1911 – February 16, 1994) was a United States Navy submarine commander in World War II, who was awarded the Medal of Honor for commanding USSTang in the Pacific War against Japan to the most successful record of any United States submarine ever. He also received three Navy Crosses and three Silver Stars, for a total of seven awards of the United States military's three highest decorations for valor in combat. Before commanding *Tang*, O'Kane served in the highly successful USSWahoo as executive officer and approach officer under noted Commander Dudley "Mush" Morton. In his ten combat patrols, five in *Wahoo* and five commanding *Tang*, O'Kane participated in more successful attacks on Japanese shipping than any other submarine officer during the war.

Medal of Honor citation

Rank and organization: Commander, United States Navy, commanding USS *Tang*. Place and date: Vicinity Philippine Islands, October 23, and October 24, 1944. Entered service at: New Hampshire. Born: February 2, 1911, Dover, N.H. For conspicuous gallantry and intrepidity at the risk of his life above and beyond the call of duty as commanding officer of the U.S.S. *Tang* operating against 2 enemy Japanese convoys on 23 October and 24 October 1944, during her fifth and last war patrol. Boldly maneuvering on the surface into the midst of a heavily escorted convoy, CMDR O'Kane stood in the fusillade of bullets and shells from all directions to launch smashing hits on 3 tankers, coolly swung his ship to fire at a freighter and, in a split-second decision, shot out of the path of an onrushing transport, missing it by inches. Boxed in by blazing tankers, a freighter, transport, and several destroyers, he blasted 2 of the targets with his remaining torpedoes and, with pyrotechnics bursting on all sides, cleared the area. Twenty-four hours later, he again made contact with a heavily escorted convoy steaming to support the Leyte campaign with reinforcements and supplies and with crated planes piled high on each unit. In defiance of the enemy's relentless fire, he closed the concentration of ship and in quick succession sent 2 torpedoes each into the first and second transports and an adjacent tanker, finding his mark with each torpedo in a series of violent explosions at less than 1,000-yard range. With ships bearing down from all sides, he charged the enemy at high speed, exploding the tanker in a burst of flame, smashing the transport dead in the water, and blasting the destroyer with a mighty roar which rocked the *Tang* from stem to stern. Expending his last 2 torpedoes into the remnants of a once powerful convoy before his own ship went down, Comdr. O'Kane, aided by his gallant command, and achieved an illustrious record of heroism in combat, enhancing the finest traditions of the U.S. Naval Service.

Tierrasanta Village of San Diego Village Business Supporters

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<p>Klassic Dry Cleaners and Formal Wear 5% off dry cleaning 5950-J Santo Road</p>
<p>Dr. Paul V. Koepke, D.D.S. Family & Cosmetic Dentistry 4926 La Cuenta, Drive Ste. 100 858-279-7680 10% Senior Discount www.drpaulsmiles.com</p>

TVSD Book Club Selections — 2022

- May:** [West With Giraffes](#) by Linda Rutledge
June: [Grey Bees](#) by Audrey Kurkov
July: [Fahrenheit 451](#) by Ray Bradbury
August: [The German Heiress](#) by Anika Scott
September: [Little Fires Everywhere](#) by Celeste Ng
October: [The Splendid and The Vile](#) by Erik Larson
November: [Caste: The Origins of Our Discontents](#) by Isabel Wilkerson

<p>Library Book Sale – May 2022</p> <p>Friday, 5/6 11:30 a.m. to 5:00 p.m. Saturday, 5/7 9:30 a.m. to 3:00 p.m. Monday 5/9 11:30 a.m. to 5:00 p.m.</p>

Sack Lunch and a Movie

Friday – May 20 – 1 – 3 PM

“THE QUEEN”
Helen Mirren
Won: Oscar for Best Actress



The Queen is a 2006 British biographical drama film that depicts the death of Diana, Princess of Wales on 31 August 1997. Initially, the Royal Family regard Diana's death as a private affair and thus not to be treated as an official royal death. This is in contrast with the views of Tony Blair and Diana's ex-husband, Prince Charles, who favour the general public's desire for an official expression of grief. Matters are further complicated by the media, royal protocol regarding Diana's official status, and wider issues about republicanism.